



# Retiree Benefits Plan Paramedical Services Summary

The following Paramedical Practitioner services have a combined overall maximum of \$300 per participant per year subject to Reasonable and Customary visit amounts\*:

Eligible Services	Description
<b>Acupuncture</b>	When performed by a Health Care Professional** licensed to perform the service.
<b>Allergy Testing</b>	Procedures and supplies for diagnosis and treatment of allergies.
<b>Chiropractic Services</b>	Services provided by a licensed Chiropractor; including one x-ray per year.
<b>Magnetic Therapy</b>	Procedures and supplies on the written order of a Health Care Professional**. The Health Care Professional providing the service must dispense the supplies.
<b>Massage Therapy</b>	Therapeutic massages provided by a registered massage therapist.
<b>Midwifery</b>	Services provided by a licensed mid wife, for pre-natal, delivery and post-natal care.
<b>Naturopathy</b>	Services provided by a licensed Naturopath. Supplies and remedies are not covered.
<b>Nutritional Counseling</b>	Counseling by a registered dietician or registered nutritionists. Supplements are not covered.
<b>Phototherapy</b>	Services for the treatment of Seasonal Affective Disorder provided on the written order of a Health Care Professional**.
<b>Physiotherapy Treatment</b>	Services provided by a licensed Physiotherapist. Supplies are not covered.
<b>Podiatry and Chiropodist</b>	Services provided by a licensed Chiropodist or Podiatrist, which are not funded in whole or part by a provincial government health program; includes one x-ray per year.
<b>Speech Therapy</b>	Services provided by a licensed language pathologist, once all provincial government funding has been fully accessed.
<b>Ultraviolet Light Therapy</b>	Services for the treatment of psoriasis provided on the written order of a Health Care Professional**.

\*Reasonable and Customary visit amounts means that the amount does not exceed the general level of fees and prices in the geographical area the expense was incurred.

\*\*A Health Care Professional is a person currently licensed, certified, or registered to practice a profession by the appropriate licensing, certification or registration authority in the jurisdiction where the care or services are provided. If no such authority exists, has a certificate of competency from the professional body that establishes standards of competency and conduct for the profession, and is acting within the scope of that license.

***This is not a comprehensive list of all eligible services covered under the Extended Health Care Plan. Please contact Alberta Blue Cross at 1-800-661-6995 for further information.***