

Age-Friendly Calgary

Calgary's population is aging. To prepare for this demographic change, The City of Calgary partnered with older Calgarians, other levels of government, and members of the health, post-secondary, non-profit, and private sectors to develop a community-wide plan.

The **Seniors Age-Friendly Strategy** was approved by Calgary City Council in June 2015.

The Seniors Age-Friendly Strategy identifies six local priority areas:

- Access to information and services
- Community support and health
- Housing
- Participation and inclusion
- Prevention of and response to elder abuse
- Transportation and mobility

Everyone has a part to play in helping make age-friendly communities. What can you do to help make Calgary a great place to live as we age?

Transportation and Mobility

Access to appropriate transportation is a key factor in the ability of older Calgarians to remain active and involved in the community as they age. The ability to move around the city, or even one's own community, affects social participation, community involvement, and access to community and health services.

What we want to see:

Calgarians being able to freely move throughout the city as they age

What we are doing:

- Promoting and facilitating access to a range of transportation services that are available, acceptable, accessible, adaptable, and affordable for older adults
- Designing and maintaining outdoor spaces that promote walking as a mode of transportation for older adults
- Providing and promoting resources to support older drivers as they age

What you can do:

Identify ways that your organization or business can contribute to creating an Age-Friendly Calgary. Visit Calgary.ca/agefriendly to download the Seniors Age-Friendly Strategy and Implementation Plan 2015-2018 or call 311 to connect with current initiatives in the area of Transportation and Mobility.