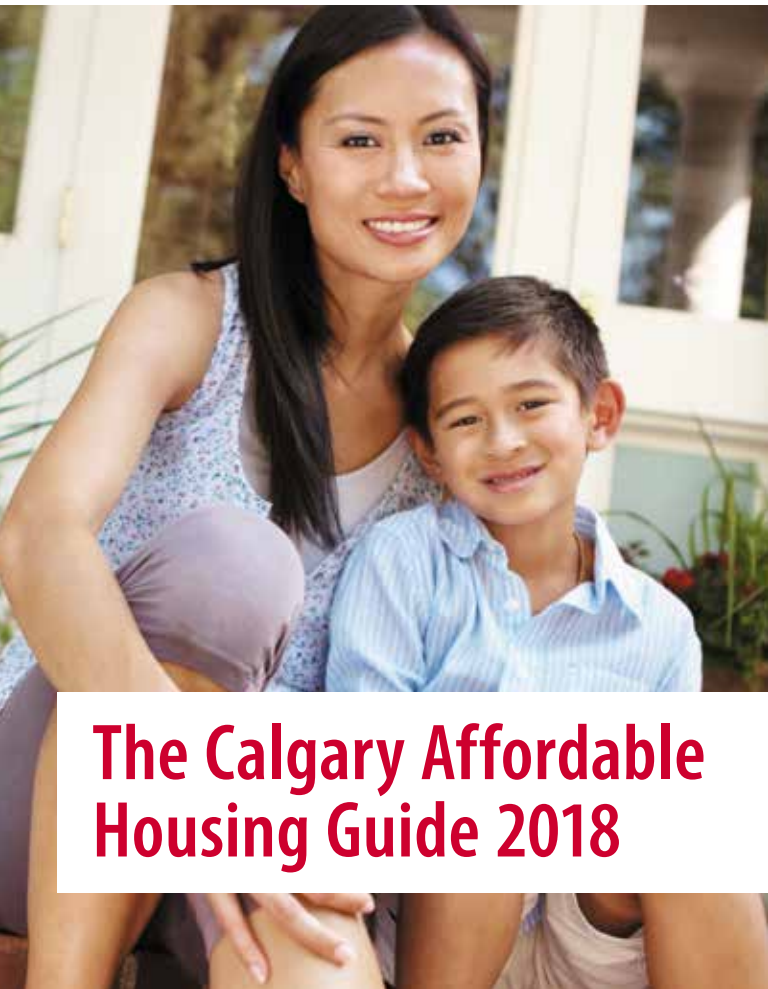


Calgary



The Calgary Affordable Housing Guide 2018

The Calgary Affordable Housing Guide is a publication of The City of Calgary, Calgary Housing.

This guide is intended for anyone who is looking for emergency shelters, short-term and transitional housing and affordable housing in Calgary. It is not a full list of housing providers available. Additional information is available on informalberta.ca, a website of community, government, health and social services. This online database is a partnership between Alberta Health Services and The City of Calgary.

211 is a free, confidential and multilingual telephone service that can connect you to many other programs and services not listed in this guide. If you cannot find what you're looking for, or don't have access to a computer, call 211 or talk to a staff member at any of the listed agencies.

The listing of an organization in this guide does not indicate its endorsement, nor does the exclusion of an organization imply a lack of approval. Listing details have been provided by the organization, but have been edited for brevity and clarity.

The Calgary Affordable Housing Guide is available at calgary.ca/affordablehousingguide.

Created in partnership with InformCalgary.



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Rent

Organizations listed in this guide offer rental rates and/or fees that range from free to just below market rental rates. As these rates change frequently and are based on a number of individual factors, please contact the organization to learn more.

Personal and government documentation

When applying for affordable housing, many of the organizations listed in this guide will require personal documentation. Some examples include:

- identification
- proof of income
- personal tax information and Notice of Assessment from Revenue Canada
- bank statements
- immigration documents
- rent reports
- medical assessment
- eviction notice (if applicable)

Some organizations also conduct an annual income review for their tenants. As a tenant, you may be asked to provide updated information to ensure you continue to meet the organization's eligibility requirements. This is but one example of the type of information requested.

Lost your identification?

If you have lost your identification or other documentation, the following organizations may be able to help. Please call ahead to find out if you are eligible for their services.

The Alex Youth Health Centre 2840 Second Ave. S.E.	403-266-2622
Calgary Urban Project Society (CUPS) 1001 – 10th Ave. S.W.	403-221-8780
The Mustard Seed Society of Calgary 102 – 11th Ave. S.E.	403-269-1319
Sheldon M. Chumir Health Centre 1213 Fourth St. S.W.	403-650-4050

Behind on your rent or bills?

If you are behind on your rent or utility bills (for example, heat, water, gas), the following organizations may be able to help. Please call ahead to find out if you are eligible for their services.

Alberta Works – 24-hour Emergency Income Support Contact Centre	1-866-644-5135 (toll free)
Offices are located throughout Calgary. Check online for a location near you.	
Calgary Urban Project Society (CUPS) 1001 – 10th Ave. S.W.	403-403-8780
Aspen Family and Community Network Society (Home Stay) By telephone only. No walk ins.	403-219-3477
Canadian Red Cross – Calgary 1305 – 11th Ave. S.W.	403-541-6110



GENERAL

Calgary Alpha House**403-234-7388**

203 – 15th Ave. S.E.

alphahousecalgary.com

Hours: 24-hours a day, 7 days a week.**Number of beds:**

- 120 shelter mats
- 38 detox beds
- 4 transitional beds

Provides:

- Daytime and overnight shelter for those who are under the influence of or in withdrawal from alcohol and/or other drugs.
- Limited food program.
- Shower and laundry facilities (staff directed).
- Nurses from CUPS on weekday mornings to help with withdrawal management or other medical issues.
- Mental health workers and peer support (AAWEAR).
- Clean needle kits and Naloxone on-site.

Who can apply:

- Men or women 18 years of age or older, under the influence of alcohol and/or some type of drug, or have a history or identity of substance use.

How to apply:

- Self-referral. No application required.
- People seeking detox beds can request an assessment in person through a shelter team lead or over the phone with a detox addiction support worker.

Calgary Catholic Immigration Society**403-262-2006**

Fifth floor, 1111 – 11th Ave. S.W. or
23 McDougall Court N.E.
ccisab.ca

Hours: Monday to Friday, 8 a.m. – 9 p.m.

Number of units/beds:

- 8 units
- 35 beds

Provides:

- Housing for new refugees sponsored by the Canadian government.
- Settlement and integration services.

Who can apply:

- Immigrants and refugees to Calgary (all age groups).

How to apply:

- Call the office and ask to speak to a housing locator.

Calgary Drop-In & Rehab Centre Society**403-266-3600**

1 Dermot Baldwin Way S.E.
calgarydropin.ca

Hours: 24-hours a day, 7 days week.

Provides:

- Emergency services.
- Case management.
- Diversion services.
- Clothing, meals, laundry and showers.
- Employment services.

Who can apply:

- Individuals 16 years of age and older.

How to apply:

- Meet with staff.

The Mustard Seed**403-269-1319****403-723-9422 (shelter)**

Downtown: 102 – 11th Ave. S.E.

Shelter: 7025 – 44 St. S.E.

theseed.ca

Hours: Monday to Friday, 9 a.m. – 7 p.m.**Number of beds:** 370**Provides:**

- A safe and warm place to sleep each night with cushioned mats. Mats are available on a first come, first served basis.
- Available Monday to Friday, 4 p.m. – 8:30 a.m., and all day and all night on Saturday and Sunday.
- Breakfast, bagged lunch and supper.
- Access to identification, clothing, personal hygiene products and showers.
- Buses that transport people to and from the shelter in the morning and evening from the downtown location.

Who can apply:

- Homeless, low-income individuals.

How to apply:

- Call the shelter ahead.

FAMILIES

**Children's Cottage
(Brenda's House)****403-424-8575, ext. 0**

Location is confidential
childrenscottage.ab.ca

Hours: Phone line is available 24-hours a day, 7 days a week.

Number of units: 14

Provides:

- Private family rooms.
- Healthy meals.
- 24-hour support.
- Child development programming.
- Connection to housing and long-term case management support as needed.

Who can apply:

- All families who are experiencing homelessness.
- Families must include children under 18 years of age.

How to apply:

- Call to apply.

Inn from the Cold

403-263-8384

110 – 11th Ave. S.E.
innfromthecold.org

Hours: Daily intake from 7 a.m. – 7 p.m.

Provides:

- Temporary emergency shelter for families. Families are given a semi-private cubicle (based on space availability).
- Long-term rental housing is available for families who have accessed the emergency shelter.

Who can apply:

- Families with children.
- Adults must be with a dependent or be pregnant.

How to apply:

- Call or walk-in to request assistance for emergency shelter.



WOMEN

Awo Taan Healing Lodge Society**403-531-1970****403-531-1972 (24-hour crisis line)****403-531-1976 (24-hour crisis line)**

Location is confidential

awotaan.org

Hours: Monday to Friday, 9 a.m. – 4 p.m.**Number of beds:** 32**Provides:**

- Shelter that provides a place of refuge, healing, and hope for vulnerable women and their children in times of crisis while following aboriginal teachings and wisdom.
- Length of stay: 21 days.
- Pediatric wellness.

Who can apply:

- Abused women with or without children.
- Non-Indigenous applicants are welcome. Awo Taan is a multicultural organization.

How to apply:

- If you are fleeing domestic violence, please call the crisis lines.

Calgary Women's Emergency Shelter**403- 234-7233**
(24-hour helpline)Location is confidential
calgarywomensshelter.com**Number of beds:** 50**Provides:**

- Residential facility offering shelter, food, clothing, crisis intervention and referrals to women and their children fleeing domestic violence or living with the impacts of violence and abuse.
- 24-hour helpline.
- Maximum length of stay: 21 days.
- Children's programs offered seven days per week.
- Child support workers who deliver crisis intervention, group facilitation and activities from Monday to Friday.

Who can apply:

- Women 18 years and older, with or without children, fleeing domestic violence.

How to apply:

- Call the shelter for an assessment with a crisis counsellor.

The Salvation Army**403-930-2711**3013 – 15th Ave. S.W.
salvationarmycalgary.org**Hours:** 24-hours a day, seven days a week.**Number of beds:** 12**Provides:**

- Free, shared accommodation with meals included.

Who can apply:

- Women 18 years of age and older or under 18 years of age who are emancipated through the court system.
- Physically and mentally able to independently take care of themselves.

How to apply:

- Call to determine bed availability.

**YW Calgary
(Sherriff King Home)****403-266-0707**

2003 – 16th St. S.E.

ywcalgary.ca

Hours: 24-hours a day, seven days a week.**Number of beds:** 45**Provides:**

- Basic needs, including food and personal items, as well as individual domestic abuse counselling and support.
- During their stay and afterwards, women and children can also access one-on-one support and referrals to help children understand and make sense of their experiences and feelings in a safe and supportive environment.

Who can apply:

- Women with or without children leaving domestic abuse.
- YW Calgary accepts women in all their diversity including lgbtq+ women.

How to apply:

- Call or visit the shelter in person.

SENIORS

Kerby Rotary Shelter

403-705-3250 (24-hour crisis line)

1133 Seventh Ave. S.W.

kerbycentre.com

Hours: Monday to Friday, 8 a.m. – 4:30 p.m.

Number of beds: 9

Provides:

- Safe and secure short-term accommodation for men or women leaving an abusive relationship. The average length of stay is 60 nights.
- Advocacy, referral and the necessities of daily living.
- Case worker on duty for information and support.
- Community case worker for follow-up services for previous residents.
- Shelter clients are encouraged to participate in Kerby Centre programs and activities.

Who can apply:

- Abused individuals 55 years of age or older, fleeing an abusive relationship and are in crisis.
- Individuals must be able to access services and be able to provide self-care.

How to apply:

- Pre-admission interview required for stay. Call for more information.

MEN

The Salvation Army

403-410-1111

420 Ninth Ave. S.E.

salvationarmycalgary.org

Hours: 24 hours a day, seven days a week.

Number of beds: 80

Provides:

- Free, shared accommodation with meals included.

Who can apply:

- Men 18 years of age or older, or under 18 years of age who are emancipated through the court system.
- Physically and mentally able to independently take care of themselves.

How to apply:

- Drop-in to access service.





GENERAL

The Alex**403-266-8881**

101, 2840 Second Ave. S.E.
thealex.ca

Hours: Monday to Friday, 8:30 a.m. – 4:30 p.m.

Number of units: 440

Provides:

- Abbeydale and Prelude
 - › 24-hour care and services.
 - › Supports psychiatric needs, addiction issues, and medical recovery.
- HomeBase
 - › Case management support for at least one year, with ongoing wrap-around services as required.
- Pathways to Housing
 - › Clients are supported by an entire team of professionals, including nurses, mental health specialists, justice specialists and substance abuse specialists.

Who can apply:

- Men and women 18 years of age or older with complex health needs (for example, physical and mental health and/or addictions), who have been homeless for six months or longer.

How to apply:

- Call or visit SORCe to talk to a housing strategist about eligibility. See SORCe (page 64).

Victory Foundation**403-723-0840****403-264-0598**

7012 Ogden Rd. S.E.
victoryfoundation.ca

Hours: Hours vary. Contact for current hours.

Number of units: 79

Provides:

- Transitional housing for men, women and families.
- Church-based residential and outreach support services.
- Supportive counselling and interagency referrals.

Who can apply:

- Clients who are homeless or at risk of being homeless.

How to apply:

- Application is required. To arrange an interview, please call the numbers above or email info@victoryfoundation.ca.

WOMEN

Brenda Stafford Centre**403-270-7240**

Location is confidential
brendastraffordsociety.org

Hours: Monday to Friday, 8 a.m. – 4 p.m.

Number of units: 85

Provides:

- Independent, safe apartment-style living.
- Studio, one- and two-bedroom units.
- Mandatory clinical program participation.
- Preparation for transition to independent community living.

Who can apply:

- Women with children who have been impacted by family violence.

How to apply:

- Referral completed by emergency family violence shelter system.
Please call for more information.

Discovery House Family Violence Prevention Society

403-670-0467

Location is confidential
discoveryhouse.ca

Hours: Monday to Friday, 8 a.m. – 4 p.m.

Number of units/beds:

- 19 units
- 67 beds

Provides:

- Secure accommodation and support for up to 12 months for women with children who have left their abusive partners (and one year of follow-up in the community if requested).
- Individual and group support services for children, youth and adults.
- In-home support including parenting and life skills programs for women and children living in the shelter.
- Childcare for mothers attending agency programs, court and legal appointments.
- Developmental assessments and programming for children ages zero to six.
- Referrals made to other organizations.

Who can apply:

- Women who have experienced family violence and have children (male children up to 18 years of age) in their care.

How to apply:

- Call the shelter to meet with an intake worker. Women are placed on a waiting list until space is available.

The Salvation Army **403-930-2711**
(Women's Integrated Supportive Housing – W.I.S.H.)

3013 – 15th Ave. S.W.
salvationarmycalgary.org

Hours: 24-hours a day, seven days a week.

Number of beds:

- 8 transitional
- 3 corrections

Provides:

- Transitional: low-cost, shared accommodations with goal planning, referrals, case management and basic needs assistance.
- Corrections: shared rooms with supervision and help with community integration.

Who can apply:

- Women 18 years of age and older or under 18 years of age who are emancipated through the court system.
- Physically and mentally able to independently take care of themselves.

How to apply:

- Transitional: through referral (client may self-refer). Assessment is required to determine fit.
- Corrections: Direct referral from Calgary Parole Office.

YW Calgary
(Mary Dover House)

320 Fifth Ave. S.E.
ywcalgary.ca

403-263-1550

403-705-0315 (emergency shelter)

Hours: 24-hours a day, seven days a week.

Number of beds:

- 70 (plus 10 emergency shelter beds – call emergency shelter for access)

Provides:

- Safe and affordable housing for women and their children who are in crisis or transition.
- Help women find and secure safe, affordable permanent housing while receiving individualized support to overcome trauma, focus on healing and develop economic stability.

Who can apply:

- Single women (with or without children) who are experiencing or at risk of homelessness, fleeing violence and/or experiencing challenges with mental wellness, addictions or other barriers.
- YW Calgary accepts women in all their diversity including lgbtq+ women.

How to apply:

- Call to schedule an appointment with an Intake and Assessment co-ordinator.

MEN

Calgary Dream Centre**403-243-5598**

4510 Macleod Tr. S.W.

calgarydreamcentre.com

Hours: Monday to Friday, 8:30 a.m. – 4:30 p.m.**Number of beds:** 235**Provides:**

- Full time recovery program with housing on both a temporary and long-term basis.
- Aftercare, case management and counselling for clients.
- Basic needs to enable focusing on relapse prevention.
- Access to supports to maintain healthy lifestyle.

Who can apply:

- Men 18 years of age or older.
- Clients who are supported through AISH or medical EI.
- Must be willing to stay sober and clean for five days prior to admission.
- 10 beds available for women 18 years of age or older who have been through a treatment program.

How to apply:

- Application required. Available online or phone for more information.

The Salvation Army**403-410-1111**

420 Ninth Ave. S.E.

salvationarmycalgary.org

Hours: 24-hours a day, seven days a week.**Number of beds:**

- 180 transitional
- 29 corrections

Provides:

- Transitional: low-cost, shared or private accommodations with goal planning, referrals, case management and basic needs assistance.
- Corrections: private rooms with supervision and help with community integration.

Who can apply:

- Men 18 years of age or older, or under 18 years of age who are emancipated through the court system.
- Physically and mentally able to independently take care of themselves.

How to apply:

- Transitional: through referral (client may self-refer). Assessment is required to determine fit.
- Corrections: Direct referral from Calgary Parole Office.

RECOVERY/SOBRIETY

Alcove Addiction Recovery for Women 403-313-3271, ext. 2
1937 – 42nd Ave. S.W.
alcoverecover.net

Hours: Monday to Friday, 9 a.m. – 2 p.m.

Provides:

- Family-like setting to facilitate recovery and healing.
- Outreach, support and counselling.
- Exercise program, household management skills, art and crafts, and personal skills development.
- 12-week, individual, and mothers and children programs.

Who can apply:

- Women who have addictions, experiences of abuse, mental health distress and have the desire to recover.
- A willingness to receive counselling (individual or group).
- Previous admission to detox centre (if necessary).

How to apply:

- Please call to arrange an appointment for an assessment interview.

Fresh Start Recovery Centre**403-387-6266**

411 – 41st Ave. N.E.

freshstartrecovery.ca

Hours: Monday to Friday, 8 a.m. – 4 p.m.**Number of beds:** 74**Provides:**

- Housing, treating and supporting men in recovery from addiction. Length of stay is determined on an individual basis.
- Safe, secure and supportive residence with 24-hour supervision.
- 12-step, abstinence-based program.
- 12- to 16-week program consisting of individual and group counselling.

Who can apply:

- Men 18 years of age or older, seeking recovery and relapse prevention for alcoholism and substance abuse issues.

How to apply:

- Call to speak to an intake worker.

Oxford House – Homes for Recovery**403-214-2046**

1B, 4321 – 23B St. N.E.
 oxfordhouse.ca

Hours: Monday to Friday, 8:30 a.m. – 4:30 p.m.

Number of units: 19 houses

Provides:

- Post-treatment recovery houses for homeless men and women dealing with addiction issues.
- Alcohol and drug-free environment.
- Affordable housing and fellowship.

Who can apply:

- Individuals who have had addiction treatment within the past year.
- Looking for work, working, volunteering or attending school.
- Have a desire to change his or her lifestyle.

How to apply:

- To apply, visit website and fill out an application form, Drug Test Agreement form and Authorization for Release of Information form.
- After completion of application form there is an office interview and a “house” interview.

Recovery Acres Society**403-245-1196**

1835 – 27th Ave. S.W.
 recoveryacres.org

Hours: Monday to Friday, 8:30 a.m. – 3 p.m.

Number of units: 10

Provides:

- Shared accommodation with another client of Recovery Acres.
- A supportive environment for men who are in recovery from addiction to reintegrate into the community.

Who can apply:

- Men 18 years of age and older, who have completed 1835 House residential programs.
- Must be employed or a student.
- Residents are required to attend one meeting a week at 1835 House.

How to apply:

- Call to discuss needs and suitability.

**Renfrew Recovery Centre
(Alberta Health Services)**

403-297-3337

1611 Remington Rd. N.E.

Hours: 24-hours a day, seven days a week

Number of beds: 40 (co-ed)

Provides:

- Medically supported detoxification services to support clients while they withdraw from drugs and alcohol.
- Gambling stabilization.
- Referral to treatment and other relevant programs.
- Length of stay is five to nine days.

Who can apply:

- Anyone needing a safe and supportive environment during withdrawal from alcohol and/or other drugs, as well as gambling stabilization.

How to apply:

- If you are looking to be admitted, please arrive at the centre between 7:30 a.m. to 8 a.m. daily.

The Salvation Army**403-410-1150**

420 Ninth Ave. S.E.
salvationarmycalgary.org

Hours: 24-hours a day, seven days a week.

Number of beds: 41

Provides:

- Assessment, counselling, goal planning and recovery management.

Who can apply:

- Men 18 years of age or older, or under 18 years of age who are emancipated through the court system.
- Physically and mentally able to independently take care of themselves

How to apply:

- Through referral (client may self-refer). Assessment is required to determine fit. Call for more information regarding admission criteria.

Simon House Recovery Centre**403-247-2050, ext. 0**

5819 Bowness Rd. N.W.
simonhouse.com

Hours: 24-hours a day, seven days a week

Number of beds: 67

Provides:

- Through the 12 steps and a multi-disciplinary program, Simon House guides and empowers men to achieve long-term recovery from addiction and all of its effects.

Who can apply:

- Men 18 years of age and older, who are suffering from severe addiction issues and seeking residential addiction treatment, recovery and sober living.

How to apply:

- Call to apply.

Woods Homes**403-860-6521**

215 Fairview Dr. S.E.
1008 – 14 St. S.E.
woodshomes.ca

Hours:

- Monday to Thursday, 8:30 a.m. – 8:30 p.m.
- Friday, 8:30 a.m. – 4:30 p.m.

Number of beds: 14**Provides:**

- Youth supported housing for up to two years.
- Bachelor, one- and two-bedroom suites.
- Staff on-site to support youth.
- Goal setting for school, mental health, employment, addictions and counselling.
- Connection to other supports and resources as required.

Who can apply:

- Youth between the ages of 18 to 24 years old, who are homeless or at risk of becoming homeless.

How to apply:

- Call or visit SORCe to talk to a housing strategist about eligibility. See SORCe (page 64).

WE are in this ALL TOGETHER

The mural features a background of large, colorful geometric shapes in shades of green, orange, and yellow. The text is rendered in various styles: 'WE' is in a 3D block font, 'are' is in a cursive script, 'in' is inside a black spiky circle, 'this' is in a block font with a heart in the dot, 'ALL' is in a simple block font, and 'TOGETHER' is in a large, textured block font. A circular mandala-like pattern is positioned between 'in' and 'TOGETHER'.

GENERAL

**Birchwood Properties
(Kaleidoscope)****403-605-8453**2520 Capitol Hill Cres. N.W.
birchwoodproperties.ca**Hours:** Monday to Friday, 8:30 a.m. – 4:30 p.m.**Number of units:** 49**Provides:**

- One- and two-bedroom units.
- 10 of the two-bedroom units are barrier-free.

Who can apply:

- Anyone who meets income limits.

How to apply:

- Visit website to apply online.

**Boardwalk
(Spruce Ridge Gardens)****403-215-8762**3380C Spruce Dr. S.W.
bwalk.com**Hours:**

- Monday to Friday, 8 a.m. – 4:30 p.m.
- Weekends, 9 a.m. – 5:30 p.m.

Number of units: 54**Provides:**

- Family friendly environment.
- On-site gym.
- Some units are wheelchair accessible.

Who can apply:

- Anyone who meets the income requirements. Total household income requirements are as follows:
 - › One bedroom: \$22,000 – \$46,000 per year.
 - › Two bedroom: \$22,000 – \$55,000 per year.

How to apply:

- Security deposit and application is required.

Calgary Alpha House**403-234-7388**

203 – 15th Ave. S.E.

alphahousecalgary.com

Hours: Monday to Friday, 9 a.m. – 4:30 p.m.**Number of units:** 281**Provides:**

- Permanent supportive housing
 - › On-site staff, available 24 hours a day.
 - › Tenants maintain their own apartment with support of on-site staff.
 - › Community space to foster positive relationships and neighbour interactions.
- Market rental housing options also available with case worker support.

Who can apply:

- Men or women 18 years of age or older, experiencing chronic homelessness that have a history or identity of substance use.

How to apply:

- Application is required. Call or visit SORCe to talk to a housing strategist about eligibility. See SORCe (page 64).

Calgary Housing Company**587-390-1200**
587-390-1201 (fax)**Customer Service Offices**

West Office: 1701 Centre St. N.W.

East Office: 320, 433 Marlborough Way N.E.

South Office: 18, 6624 Centre St. S.E.

calgaryhousingcompany.org**Hours:** Monday to Friday, 8 a.m. – 4 p.m.**Number of units:**

- 7,074
- 2,214 rent supplements

Provides:

- Studio, one-, two-, three-, four- and five-bedroom units.
- Social and affordable housing: rent is based on income or on a low, fixed rate.
- Near market housing: rent is set at approximately 10 per cent below the market rates.

Who can apply:

- Individuals and families on low- to moderate incomes.
- Different income limits apply depending on the program and unit size.

How to apply:

- Eligibility requirements and application forms are available on the website.
- Apply in-person at one of the customer service offices listed above. You can also fax or email applications to chcapplicant@calgary.ca.

Calgary John Howard Society**403-266-4566**

917 Ninth Ave. S.E.

cjhs.ca

Hours:

- Monday to Friday, 8:30 a.m. – 4:30 p.m.
(Closed for lunch 12:30 p.m. – 1 p.m.)

Number of units: 136**Provides:**

- Assistance with initial expenses in finding housing, including providing furniture and household necessities.
- Information and referral to other supports and financial coaching.
- Case management and support staff focusing on ending the cycle of homelessness and criminal involvement.

Who can apply:

- Adults over the age of 18, experiencing chronic homelessness along with interaction with the justice system.
- Youth between the ages of 15 to 24, experiencing homelessness who may be at risk or involved in the criminal justice system.

How to apply:

- Application is required.
- There are two ways to apply
 - › Call Calgary's 211 help line to request a referral for housing support.
 - › Call or visit SORCe to talk to a housing strategist about eligibility.
See SORCe (page 64).

HomeSpace Society**587-320-1545, ext. 113**

920, 620 Seventh Ave. S.W.

homespace.org

Hours: Monday to Friday, 8 a.m. – 4 p.m.**Number of units:** 470

Provides:

- Affordable, specialized, permanent housing to Calgarians in need. Visit website for more information and for a list of properties.

Who can apply:

- Vulnerable Calgarians with physical, mental, emotional and/or economic challenges, who are experiencing or at risk for homelessness.

How to apply:

- Application is required.
- There are two ways to apply
 - › Call Calgary's 211 help line to request a referral for housing support.
 - › Call or visit SORCe to talk to a housing strategist about eligibility. See SORCe (page 64).

Horizon Housing Society**403-297-1746**

885, 105 – 12th Ave. S.E.

horizonhousing.ab.ca**Hours:** Monday to Friday, 8 a.m. – 4 p.m.**Number of units:** 581**Provides:**

- Affordable, integrated and supported housing.
- Tenants are connected to programs and services with over 20 referring agencies as required.
- Support towards independent living.

Who can apply:

- Individuals living with mental health challenges, physical disabilities, families and seniors living below the poverty line, and the working poor.

How to apply:

- By referral only through a partner agency. Visit website for list of partner agencies.

Kanas Corporation**403-800-5656**

5656 Third St. S.W.
vivenda56.com

Hours: Monday to Saturday, 9 a.m. – 5 p.m.

Number of units: 114

Provides:

- Kanas works with other agencies to provide support services to residents. Call for more information.

Who can apply:

- Anyone who meets income requirements.

How to apply:

- Call directly or email leasing@kanas.ca.

Norfolk Housing Association**403-270-3062**

1118 Kensington Rd N.W.
norfolkhousing.ca

Hours: Monday to Friday, 9 a.m. – 4 p.m.

Number of units: 114

Provides:

- Studio, one-, two- and three-bedroom units.
- Subsidy units: 50 per cent of tenants pay rent based on their income.
- Market units: 50 per cent of tenants pay market rent.

Who can apply:

- Fixed and modest income families and individuals.

How to apply:

- Subsidy units: By referral only. Please visit website to view list of partners.
- Market units: Please visit website to view all listings under “Contact.”

**Metis Calgary Family Services Society
(Rainbow Lodge)**

403-240-4642, ext. 303

19 Erin Woods Dr. S.E.
mcfs.ca

Hours: Monday to Friday, 8:30 a.m. – 4:30 p.m.

Number of units: 33

Provides:

- Aboriginal organization providing human services regardless of status.
- Supports the healthy development of native parents and children.
- Specializing in culturally appropriate family programming for early childhood education and parent-child development.
- Permanent supported and affordable housing. All units are three bedrooms.

Who can apply:

- Primarily serves urban aboriginal families.
- Anyone who meets income requirements.

How to apply:

- Please call to apply.

SORAH Project Ltd.

403-452-6606

132 – 16th Ave. N.E.
sorah.ca

Hours: Monday to Friday, 8:30 a.m. – 4:30 p.m.

Number of units: 41

Provides:

- Affordable and appropriate rental housing for low- to moderate income Siksika Nation members and families.

Who can apply:

- Low- to moderate income Siksika Nation members only.

How to apply:

- Apply online, fax or regular mail. See website for more information and application forms.

The SHARP Foundation**403-457-7476**

5717 Second St. S.W.

thesharpfoundation.com

Hours: Monday to Friday, 8:30 a.m. – 4:30 p.m.**Provides:**

- Long-term and palliative housing and support for individuals living with HIV/AIDS.
- 24-hour long-term and palliative support information and education volunteer opportunities for palliative care support.

Who can apply:

- Individuals with HIV/AIDS diagnosis who may require support to stabilize medication regimen, long-term health care, HIV palliative or “end of life” care.
- Economically disadvantaged (for example, dependent on social services for income) and do not meet admission criteria for long-term or hospice care.

How to apply:

- Application is required. All applicants are asked to complete a referral form which can be found on the website.

FAMILIES

Metis Urban Housing Corporation 1-877-458-8684 (toll free)

6, 2135 – 32nd Ave. N.E.

metiscapital.ca

Hours: Monday to Friday, 8:30 a.m. – 4:30 p.m.**Number of units:** 230**Provides:**

- Subsidized and near-market rental housing for low- to moderate income indigenous individuals and families.

Who can apply:

- Indigenous people with low- to moderate income.
- Units are primarily available to families.

How to apply:

- Call to begin the application process.

Treaty 7 Urban Indian Housing Authority 403-327-1995

4, 3600 – 19th St. N.E.

t7housing.com

Hours: Monday to Friday, 8:30 a.m. – 4:30 p.m.**Number of units:** 43 (in Calgary)**Provides:**

- Safe, affordable housing for low- to moderate income First Nations families.

Who can apply:

- First Nations families with low- to moderate income.

Rent:

- 25 per cent of total household income.

How to apply:

- Call or visit the office for an application form.

SENIORS HOUSING

AgeCare**403-648-1901, ext. 1**

27 Walden Dr. S.E.
hestiaproperties.ca

Hours: Monday to Friday, noon – 6 p.m.

Number of units: 87

Provides:

- Independent living for seniors (no supportive services).
- One- and two- bedrooms.

Who can apply:

- Seniors 55 years of age or older.

How to apply:

- There are two ways to apply
 - › Fill out an application online.
 - › Make an appointment with a leasing agent and get an application upon viewing.

Bertha Gold Jewish Seniors Residence**403-255-8033**

1603 – 90th Ave. S.W.
berthagoldseniors.com

Hours: Office hours vary. Please leave a message.

Number of units: 61

Provides:

- Self-contained apartments.
- Access to outreach worker.

Who can apply:

- Low-income seniors 60 years of age or older.
- Applicant must have resided in Calgary for one year, be Canadian citizen or permanent resident, or have lived in Canada for 10 years.

How to apply:

- Visit website to download application forms.

Bethany Care Society

**403-210-4600 or
1-888-410-4679 (toll free)**

1001 – 17th St. N.W.

bethanyseniors.com

Hours: Monday to Friday, 8 a.m. – 4 p.m.

Number of units: 833

Provides:

- Seniors apartments
 - › Self-contained apartments in locations across Calgary.
 - › Tenant supported activities.
- Independent living
 - › Affordable and fair market priced housing properties for seniors who are able to live independently in the community.
- Supportive living
 - › Supportive living suites.
 - › Meals and housekeeping.
 - › 24-hour personal response system and some recreational, social and spiritual programs.

Who can apply:

- Seniors apartments
 - › Canadian citizens 65 years of age or over, who have resided in Calgary for at least one year and have lived in Canada for at least 10 years.

- Independent living
 - › For residents age 55 years of age or older.
- Supportive living
 - › Independent seniors.

How to apply:

- Download application on website or contact for more information.

Bishop O'Byrne Housing Association**403-452-0803**

100, 1540 Northmount Dr. N.W.

bobha.com

Hours:

- Tuesdays and Thursdays, 9 a.m. – 3 p.m.
- Wednesday, 9 a.m. – 5 p.m.

Number of units: 555**Provides:**

- Independent living, self-contained units.
- Tenant driven social and recreational activities.
- Opportunities to participate in social, leisure and fun activities within the community.
- Part-time staff person on-site to assist in access of community resources.

Who can apply:

- Low-income and vulnerable senior Calgarians.
- Residence at Columbus Place is open to all low-income individuals and has no age restrictions.

How to apply:

- Call, visit the office or visit the website to access the application information.

Bow Centre Place**403-288-3626**

2915 – 43rd Ave. N.W.

Hours: Monday to Friday, 8:30 a.m. – 4 p.m.**Number of units:** 81**Provides:**

- Low-income, independent seniors housing.

Who can apply:

- Low-income seniors 55 years of age or older.

How to apply:

- Call or email bowcentreplace@shaw.ca.

Calgary Heritage Housing**403-286-7402**

127, 11 Varsity Estates Vw. N.W.

calgaryheritagehousing.ca**Hours:** Monday to Thursday, 7:30 a.m. – 4:30 p.m.**Number of units:** 479**Provides:**

- Nine subsidized seniors housing buildings in northwest and southwest Calgary.
- Bachelor and one-bedroom units.

Who can apply:

- Functionally independent seniors 65 years of age or older.
- Canadian citizens or permanent residents.
- Must earn less than \$46,000 per year.
- Must not own property.

How to apply:

- Download application from website or visit the office.

Clover Living Limited Partnership

403-290-1088

120 Second Ave. S.W.
cloverliving.ca

Hours: Monday to Friday, 9 a.m. – 5 p.m.

Number of units: 129

Provides:

- Independent living for adults of any age.
- Supportive living for seniors 55 years of age or older.
- Bachelor and one-bedroom suites.
- Located in Chinatown.
- Staff communicate in English, Cantonese and Mandarin.
- Meals and housekeeping.
- Active mind and body programs.
- 24-hour front desk and emergency response.

Who can apply:

- Seniors 55 years of age or older (culturally designed for Chinese seniors).

How to apply:

- Visit website for application forms.



Elder Statesmen Group**403-265-4492**

615, 717 First Ave. S.W.
 elderstatesmengroup.com

Hours: Monday to Friday, 8 a.m. – noon.

Number of units: 96

Provides:

- Independent living in self-contained non-smoking apartments.
- Bachelor and one-bedroom units.

Who can apply:

- Seniors 60 years of age or older (preference to persons 65 years of age or older).

How to apply:

- Applications are received by appointment in-person only.
 Call for more information.

First Calgary Housing Group**403-252-4744**

100, 614 – 57th Ave. S.W.

Hours: No regular hours, by appointment only.

Number of units: 167

Provides:

- Independent living for seniors.
- Studio and one-bedroom units.
- Non-smoking, pet-free.

Who can apply:

- Low-income seniors 65 years of age or older.
- Must be resident of Canada for 10 consecutive years, or in Calgary for one year and a Canadian citizen.

How to apply:

- Call to apply.

Grace-Bankview House Senior Citizens Residence Society
403-244-6050 (Bankview House)
403-242-3055 (Grace Lutheran Manor)

Bankview House: 1826 – 16A St. S.W.
Grace Lutheran Manor: 3600 Sarcee Rd. S.W.
gracebankviewhouse.com

Hours:

- Bankview House: Monday and Wednesday, 9 a.m. – noon.
- Grace Lutheran Manor: Tuesday and Thursday, 9 a.m. – noon.

Number of units: 120

Provides:

- Subsidized independent seniors housing.
- Both buildings are located in the heart of Calgary.
- One-bedroom suites.
- Non-smoking, pet-free.

Who can apply:

- Preference is given to seniors 65 years of age or older; however, those 60 years of age or older may also apply.
- Must be functionally independent.

How to apply:

- For an application, please call either office or visit the website.
An interview is also required.

Gracewood Housing **403-294-1440**
204, 1506 Ninth St. S.W.
gracewoodhousing.com

Hours: Monday to Friday, 8:30 a.m. – 4 p.m.

Number of units: 475

Provides:

- Eight urban housing properties in Calgary, in an independent living setting.

Who can apply:

- Low-income seniors 65 years of age or older, who are capable of living independently.
- Must be a Canadian citizen or non-sponsored permanent resident who has resided in the Calgary area for at least one year.

How to apply:

- For an application, please visit the website or contact the head office.

Inglewood Housing Corporation**587-955-9334**

1300 Eighth Ave. S.E.
 inglewoodhouse.ca

Hours: Monday to Friday, 8 a.m. – 5 p.m.**Number of units:** 43**Provides:**

- Independent living in a three-storey building with five barrier-free units.
- Laundry facilities on each floor.
- Large common room with commercial kitchen.

Who can apply:

- Independent living: 60 years of age or older.
- Barrier-free: 55 years of age or older.
- Capable of living independently or arrange for home supports.

How to apply:

- Visit website for more information.

**La Société Franco-Canadienne de Calgary
(Villa Jean Toupin)****403-228-5709**

102, 1809 Fifth St. S.W.
 sfcdecalgary.ca

Hours: Monday to Thursday, 7 a.m. – 3 p.m.**Number of units:** 36

Provides:

- Subsidized housing for independent seniors.

Who can apply:

- Low-income seniors, 60 years of age or older.
- Must be resident of Canada for at least 10 consecutive years, living in Calgary for at least one year, a Canadian Citizen or a permanent resident.
- Must be functionally independent.

How to apply:

- Call for information on how to apply.

Oi Kwan Foundation

(Wai Kwan Manor)

403-263-1686

200 First St. S.W.

Hours: Monday to Friday, 8 a.m. – 5 p.m.

Number of units: 125

Provides:

- One-bedroom units for independent seniors.
- Located in Chinatown.
- Convenient and safe environment.
- Very limited parking.

Who can apply:

- Seniors.

How to apply:

- Application forms available at the office.

Silvera for Seniors**403-276-5541****403-567-5301 (Placement Team)**

804 – 7015 Macleod Tr. S.W.
silvera.ca

Hours: Monday to Friday, 8 a.m. – 4 p.m.

Number of units: 1,500+

Provides:

- Independent living – basic supports
 - › Bachelor and one-bedroom units.
 - › 24-hour maintenance on-call.
 - › Resident Support co-ordinators available.
- Independent living – enhanced supports
 - › Private and semi-furnished rooms.
 - › Meals and housekeeping.
 - › Active mind and body programs.
 - › 24-hour staff on-site and maintenance on call.
 - › Resident Support co-ordinators available.

Who can apply:

- Independent living: basic supports
 - › 65 years of age or older (for couples, one partner must be over 65 and the other over 60).
 - › A resident of Calgary for a minimum of one year, or a resident of Canada for a minimum of 10 years.
 - › Capable of independent living.
 - › Maximum income thresholds apply.

- Independent living: enhanced supports
 - › 65 years of age or older (for couples, one partner must be over 65, the other over 60).
 - › A Canadian citizen and a resident of Canada for a minimum of 10 consecutive years.
 - › Able to manage self-care (some home-care support is acceptable).

How to apply:

- Visit website to apply online or to download a paper application.
- Call the Placement Team or email placement@silvera.ca.

Trinity Place Foundation of Alberta

403-269-3183

602 First St. S.E.

tpfa.ca

Hours:

- Monday to Thursday, 8:30 a.m. – 4 p.m.
- Friday, 8:30 a.m. – noon.

Number of units: 1,162

Provides:

- Some units available for individuals with disabilities and some for individuals with mobility challenges.
- Partnership with seniors' agencies and resources.
- On-site social work staff.
- Social clubs.

Who can apply:

- Low-income seniors 60 years of age or older.

How to apply:

- Application is required. Apply online or in-person.

Westbourne Place**403-274-8383**

877 – 64th Ave. N.W.

westbourneseniors.com

Hours: Monday to Friday, 8:30 a.m. – 1:30 p.m.**Number of units:** 146**Provides:**

- Studio and bachelor suites.

Who can apply:

- Low-income seniors 65 years of age or older.

How to apply:

- Call for more information.

YOUTH

**McMan Youth, Family and Community
Services Association of Calgary****403-508-7758**

6712 Fisher St. S.E.

mcmancalgary.ca

Hours: Monday to Friday, 8:30 a.m. – 4:30 p.m.**Provides:**

- Housing options for youth and aboriginal youth, which include room and board, semi-independent and independent living.
- Support in finding housing in the community.
- Supports and programming to maintain school or job placement, increase cultural connection and gain independent living skills.

Who can apply:

- Youth and aboriginal youth between the ages of 16 to 24 who are experiencing homelessness or are at risk of being homeless.

How to apply:

- There are two ways to apply
 - › Call Calgary's 211 help line to request a referral for housing support.
 - › Call or visit SORCe to talk to a housing strategist about eligibility. See SORCe (page 64).

ACCESSIBILITY/MOBILITY

Accessible Housing**403-284-0304**

215, 1212 – 31st Ave. N.E.
accessiblehousing.ca

Hours: Monday to Friday, 8 a.m. – 4 p.m.

Number of units: 117

Provides:

- Newbridge
 - › Permanent supportive housing.
 - › Case management and 24-hour support with an emphasis on community-building and healthy living.
- Bridge to Home
 - › Housing is provided in a scattered site model, utilizing market and non-market rental housing within their community.
 - › A 12- to 24-month intensive case management program with wrap around services.
- Chinook House
 - › Supported independent living that provides minimal support including assistance with meals.
- Inclusio
 - › 24-hour personal support, including meals and housekeeping/laundry.

Who can apply:

- Individuals with limited mobility, who are low-income and/or are experiencing homelessness.

How to apply:

Newbridge, Bridge to Home and Chinook House:

- Residents are referred.
- There are two ways to be referred
 - › Call Calgary's 211 help line to request a referral for housing support.
 - › Call or visit SORCe to talk to a housing strategist about eligibility. See SORCe (page 64).
- Inclusio
 - › Individuals can apply online: accessiblehousing.ca/inclusio/apply

Covenant Care **587-230-7070 (Holy Cross Manor)**
(Alberta Health Services) 587-955-9788 (St. Marguerite Manor)
587-619-7116 (St. Teresa Place)

Holy Cross Manor: 70 Evanspark Mnr N.W.

St. Marguerites Manor: 110 Evanspark Mnr N.W.

St. Teresa Place: 10 Redstone Pl. N.E.

covenantcare.ca

Hours: Monday to Friday, 8:30 a.m. – 4:30 p.m.

Number of units: 452

Provides:

- Supportive living with 24-hour medical care.
- Studio suites for singles and one-bedroom suites for couples.

Who can apply:

- Anyone who has been assessed by Alberta Health Services as requiring supportive living (usually seniors).

How to apply:

- Referral only through Alberta Health Services – Transition Services.

Potential Place Society**403-216-9250**

999 Eighth St. S.W.
 potentialplace.org

Hours:

- Monday to Thursday, 8 a.m. – 4 p.m.
- Friday, 8 a.m. – 8:30 p.m.

Number of units: 25**Provides:**

- Independent living.

Who can apply:

- Individuals 18 years of age or older with a diagnosed mental illness.
- Residents must become a member of Potential Place Clubhouse and be able to participate in regular upkeep of the residential facility.

How to apply:

- Application is limited to members of Potential Place Clubhouse.
 Call to find out more about how to become a member.

**Wing Kei Care Centre
 (Alberta Health Services)****403-277-7433****403-943-1920 (AHS Community Care Access)**

1212 Centre St. N.E.
 wingkeicarecentre.org

Hours:

- Monday to Friday, 8 a.m. – 6:30 p.m.
- Weekend, 9 a.m. – 5 p.m.

Number of units: 145**Provides:**

- Private and semi-private rooms.
- Full range of nursing, physical and rehabilitation support services.
- Wheelchair accessible.
- 24-hour care.

Who can apply:

- Seniors who require long-term care, 24 hours a day.

How to apply:

- Call Alberta Health Services Community Care Access.

Universal Rehabilitation Service Agency**403-272-7722**

808 Manning Rd. N.E.

ursa-rehab.com

Hours: Monday to Friday, 8 a.m. – 4:30 p.m.**Number of units:** 20**Provides:**

- Individual group homes.
- “Wholistic” approach to meeting the needs of the individual.
- Community access programs.
- Individualized programs and housing options.

Who can apply:

- Individuals with development disabilities or brain injury survivors who meet eligibility requirements.

How to apply:

- By referral only. Please visit website for details.



Attainable Homes Calgary Corporation**403-265-9935**

1010 Sixth Ave. S.W.
attainyourhome.com

Hours:

- Monday to Friday, 10 a.m. – 6 p.m.
- Saturday, noon – 4 p.m.

Provides:

- Opportunities for Calgarians to buy their own homes.
- Attractive home prices.
- Forgivable equity loans.
- A shared appreciation plan that provides homeowners with a financial stake in the equity of their new home.
- Upon refinance or sale, Attainable Homes receives a share of the appreciation of the home that goes back into the program to fund more developments.

Who can apply:

- Maximum household income of \$90,000 per year with dependent children living in the home.
- Maximum household income of \$80,000 per year with no dependent children living in the home.
- Your assets are less than 20 per cent of the home's purchase price, up to a maximum of \$50,000 (this does not include primary vehicle, RESP, RRSP and pension).
- You can qualify for a mortgage and put \$2,000 of your own money down.
- Will keep Attainable Housing unit as the sole permanent residence.

How to apply:

- Visit the website to apply and register for an education session.

Habitat for Humanity**Southern Alberta**

805 Manning Rd. N.E.
habitatsouthernab.ca

403-253-9331, ext. 267

Hours: Monday to Friday, 9 a.m. – 4 p.m.

Provides:

- Affordable home ownership opportunities with no down payment.
- Interest-free mortgage offered over a term a family can afford so that no more than 25 per cent of income goes towards the cost of shelter.
- Homes are typically three-bedroom, 1.5 bath, condominiumized townhomes.
- Some units are modified accessible.
- Homes are sold to families at fair market value.

Who can apply:

- At least one adult in the household earning income through full-time employment. Income must fall within low-income guidelines.
- Must have children.
- Be a legal resident of Canada and have lived in Calgary or surrounding area for at least two years. Must live in southern Alberta at time of application.
- Be willing to complete mandatory volunteer requirements (including home construction) prior to move-in.

How to apply:

- Visit the website to complete a pre-screen for eligibility. Eligible applicants will be invited to attend an information session to learn more about the selection process and how to complete an application form.

Peak Home Ownership Program**403-253-9331, ext. 260**peakinitiative.ca**Hours:** Monday to Friday, 8:30 a.m. – 4:30 p.m.**Provides:**

- Affordable home ownership opportunities.
- Homes are one- to two-bedroom apartment-style condominiums in northwest Calgary (Sage Hill).
- Second mortgage, interest-free for the first five years, to cover either a partial or full down payment up to a maximum of five per cent of the purchase price.

Who can apply:

- Maximum household income of \$90,000/year with dependent children living in the home.
- Maximum household income of \$80,000/year with no dependent children living in the home.
- Have assets equaling less than \$30,000 per household.
- Individuals who have been pre-approved for a five-year fixed mortgage.
- Individuals must be able to contribute \$1,000 toward a down payment.
- Will keep PEAK Housing unit as the sole permanent residence.

How to apply:

- Visit the website to download application or email peak@habitatsouthernab.ca.

**Southern Alberta Co-operative
Housing Association****403-233-0969, ext. 202**

110, 2526 Battleford Ave. S.W.
www.sacha-coop.ca

Hours: Tuesday to Thursday, 10 a.m. – 3 p.m.

Number of units: 1,153

Provides:

- Co-op housing is a form of home ownership that provides an affordable alternative for people on moderate incomes.
- Housing co-ops encourage a mixed-income community, but have only a certain percentage of units that are subsidized.
- People who live in housing co-ops are members, not tenants. Housing co-ops are member-owned and controlled.
- Each resident becomes a stakeholder in a democratic process of living and receives one vote per household.
- As the housing co-operative association for Southern Alberta, SACHA provides services to member housing co-ops.
- Website provides a directory of member housing co-ops in Calgary.

Who can apply:

- Anyone can apply.

How to apply:

- Visit website to check current availability and waitlists, and then call for more information.
- You can also call the housing co-ops directly (phone numbers and addresses are available on the website).



Alberta Seniors Housing Directory

ascha.com

- Online directory of independent and supportive living options across Alberta.
- Listings are posted directly by housing providers.
- Multiple ways to refine your search to find housing to suit your needs.
- Contact information for each site to inquire and plan a visit/tour.

Calgary Urban Project Society (CUPS)**403-221-8780**

1001 – 10th Ave. S.W.

cupscalgary.com

Hours: Monday to Friday, 8 a.m. – 4 p.m.**Provides:**

- Resource and referrals for homeless and under-housed individuals.
- Rent supplement program (by referral only).

Children's Cottage – HomeBridge**403 242-8575, ext. 230**

childrencottage.ab.ca

Hours: Monday to Friday, 8:30 a.m. – 4:30 p.m.**Provides:**

- Support, information and referrals for families at risk of losing their housing.

Kerby Centre**403-265-0661**

1133 Seventh Ave. S.W.

kerbycentre.com

Hours: Monday to Friday, 8 a.m. – 4:30 p.m.**Provides:**

- Housing directory for seniors with property-specific information, available online and in hard copy.
- Programs and resources for seniors in Calgary.

Landlord and Tenant Information (Service Alberta)

1-877-427-4088

Provides:

- Information on topics related to landlords and tenants.

Residential Tenancy Dispute Resolution Service

**310-0000, then
780-644-3000 (toll free)**

180, 615 Macleod Tr. S.E.

Hours:

- Monday to Friday, 8:15 a.m. – 4:30 p.m.
(Closed for lunch noon – 1 p.m.)

Provides:

- An alternative to the courts in resolving landlord and tenant disputes.

SORCe

211

316 Seventh Ave. S.E.
score.ca

Hours: Monday to Friday, 9 a.m. – 4:30 p.m.

Provides:

- Connects individuals and families experiencing or facing homelessness with programs and services.
- Programs and services are offered on a walk-in basis during office hours.
- Various organizations are located at SORCe to support clients: housing, mental health, addictions, resources and supports for seniors, youth and families, etc. Visit the website to learn more.

YW Calgary – 24-Hour Crisis Line

403-266-0707

- Speak to someone about options and support related to domestic abuse.



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Disclaimer

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