

Commit to three acts of kindness in support of your neighbours and community during the COVID-19 pandemic.

- 1. Place a positive message sign in your front window
- 2. Drop off an 'I can help' postcard to your neighbours
- 3. Set up a lending library of books and games
- 4. Set up a neighbourhood lending shelf with basic-needs supplies
- 5. Start or join a virtual message board for neighbours to connect
- 6. Create sidewalk or snow art offering encouragement and positivity
- 7. Start a community door decorating challenge
- 8. Organize a neighbourhood window walk with weekly themes (shamrocks, animals, flowers, Easter eggs, etc.)
- 9. Help keep community pathways and walking trails clear of snow
- 10. Create a snowman building contest

Find this tip sheet and other printable resources at calgary.ca/covid19.