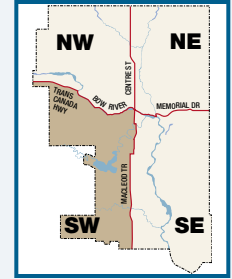
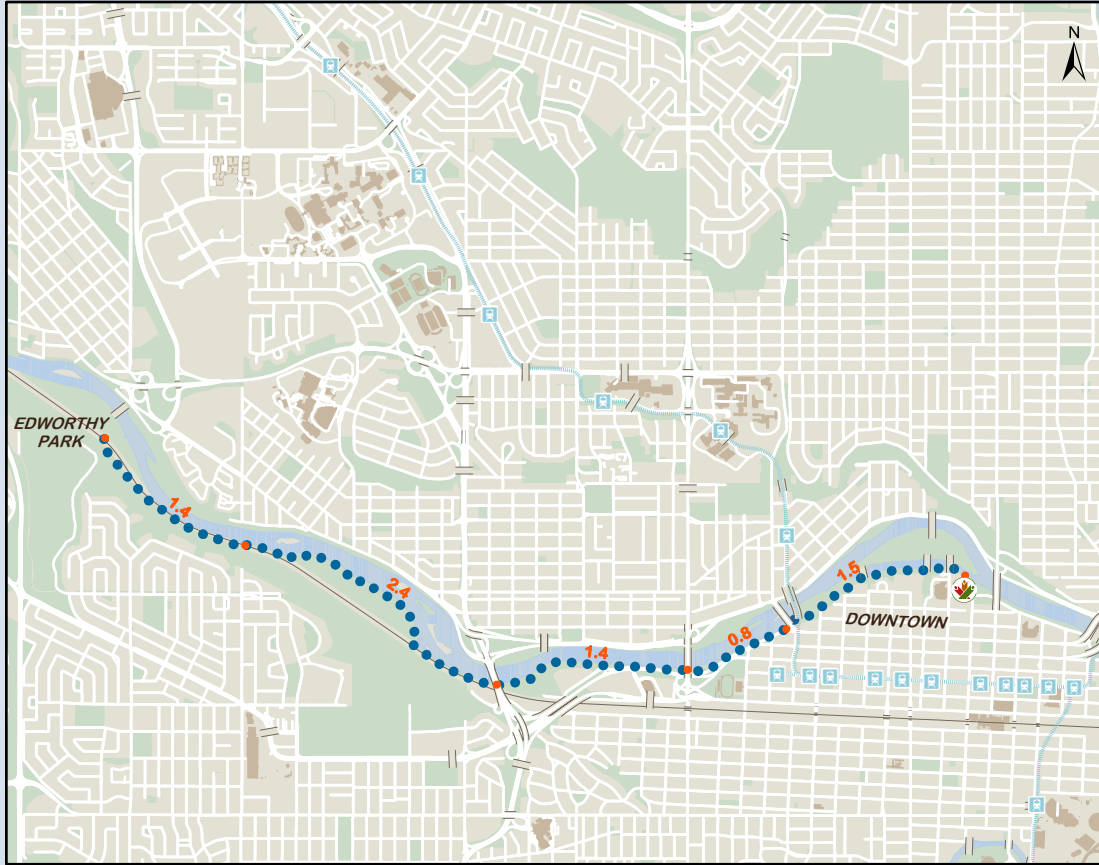


Edworthy Park and Lawrey Gardens

5050 Spruce Drive S.W. (Bow Trail and Spruce Drive S.W.)



Details:

5050 Spruce Drive S.W.
(Bow Trail and Spruce Drive S.W.)
Call 3-1-1 (or 1-403-268-2489 from
outside Calgary).
www.calgary.ca/parks

Recommended mode: cycling
or walking.

Distance:

- 5.5 km from downtown to
Lawrey Gardens – one way.
- 7 km from downtown to
Edworthy Park – one way.

Features/amenities:

- Hiking trails.
- Playground areas.
- Picnic areas and barbecue pits
- Washrooms.
- Water fountains.
- Fishing access on the Bow River.

Alternative access via transit:

If you would like to do a portion of your trip via transit, Edworthy Park can be reached using Calgary Transit bus route 1 from downtown (Note: bicycles may only be taken on buses equipped with proper transportation racks. Contact Calgary Transit for details.)

Fees: none.

Hours: 5 a.m. – 11 p.m.

Nearby attractions/facilities:

- Shouldice Athletic Park.
- Pumphouse Theatre.
- Shaganappi Point Golf Course.
- Foothills Hospital Medical Centre.

Mountain landscapes in the city

Description

The area known as Edworthy Park was used by indigenous cultures as a campsite long before Europeans arrived in Calgary. It was populated by hundreds of bison, which provided residents with food and supplies. This land eventually became a sandstone quarry and brick factory. The Douglas fir escarpment at Edworthy Park is home to a rare stand of old-growth Douglas fir trees, some more than 400 years old. Edworthy Park and Lawrey Gardens are great places to exercise, hike, picnic or relax around a fire.



Harry Boothman Bridge

Directions

Start at the Eau Claire Trans Canada Trail Pavilion. Travel west along the Bow River pathway (with the river on your right). Go past the Jaipur Bridge and two smaller pedestrian bridges. Pass through the Peace Park and continue west past the Hillhurst Louise Bridge and a pedestrian bridge that crosses beneath Crowchild Trail. Continue west with the rail lines on your left until you arrive at a fork in the pathway. Both legs of this fork will take you into Lawrey Gardens (they reconnect after a short distance).

Just beyond Lawrey Gardens, cross the tracks and continue along a well-treed section of the pathway. You will come across a bike rack marking an entrance to the Douglas Fir Trail – a popular off-pathway hiking trail. Continue following the pathway. It will cross the railway tracks once more and you will arrive at Edworthy Park.



Picnic tables in Edworthy Park

Worth noting

Settler John Lawrey is thought to be one of the first farmers to build and use a windmill on the prairies.



Stone marker at Edworthy Park

Edworthy Park and Lawrey Gardens

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Picnic tables in Edworthy Park

