

LOGGING ONTO THE LIFEWORKS PLATFORM

Step 1: You will need your employee ID. If you don't know your ID please see your pay stub or call 403.268.5800

Step 2: Navigate to the Lifeworks Platform either desktop or mobile:

1. **Desktop** – Navigate to <https://login.lifeworks.com/> click on **sign up**



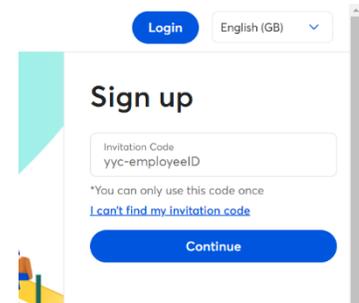
2. **Mobile** – Download the LifeWorks available at the App store or Google Play and **sign up**



Step 3: Sign up

Your invitation code is yyc-[employeeID].

If your employee ID is 123456 your invitation code would be [yyc-123456](#)



Step 4: Create your account using email of your choice

Create your LifeWorks Account

Name

Name* Last Name*

Email address

Email Address*

Password

Choose a secure password

Step 5: Explore the LifeWorks Platform

