

Safety Expo Activity

BREAKING NEWS We live in a universe where scientists cracked the code and figured out how to bottle kindness! We can now give it to someone to drink when they need help practicing being kind to others.

Creative Challenge:

Based on what you learned today at Safety Expo, design your very own 'Kindness in a Bottle' and submit it to your teacher. The Safety Expo committee will choose a winner, and the class with the winning design will receive a prize! Each design submitted is an entry into an additional prize draw, so time to get creative. What does kindness in a bottle look like to you? Show us below!



Mindfulness Coloring Pages

Research has shown that doodling and coloring while listening can help your memory. Feel free to make these your own while you attend the expo!







