



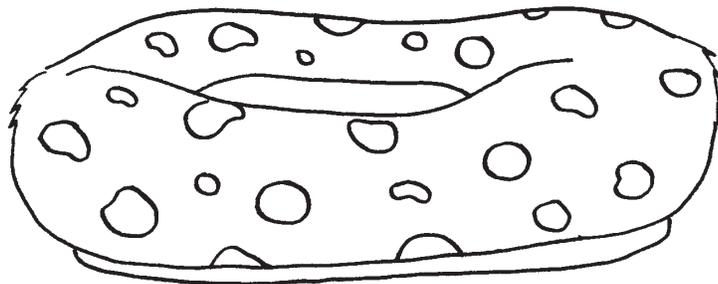
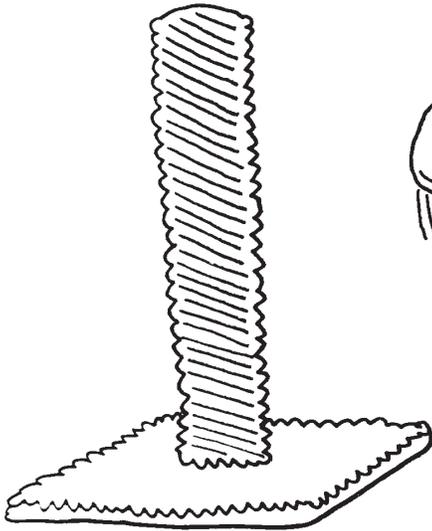
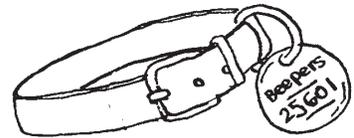
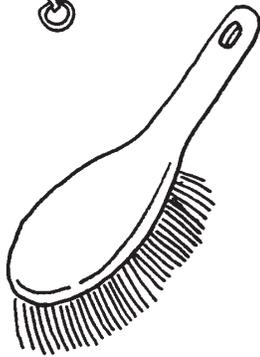
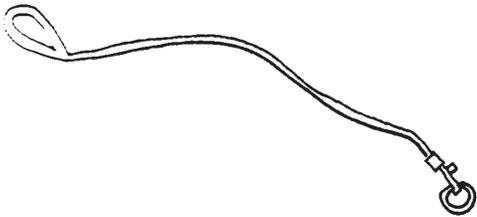
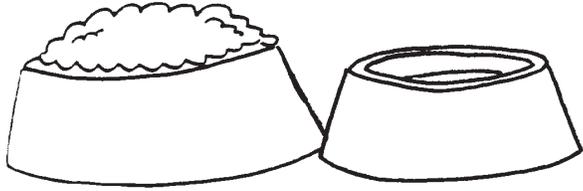
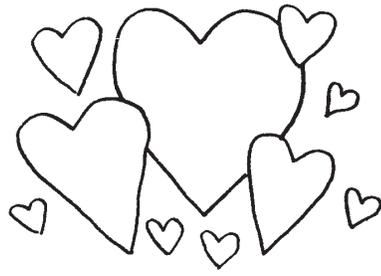
MY PET AND ME  
ACTIVITY BOOK



Calgary Humane Society

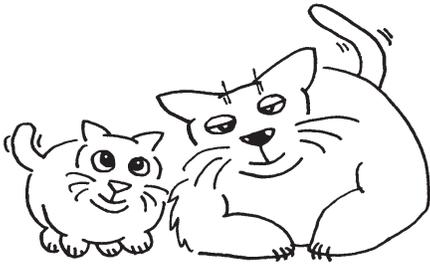


"Hi, I'm Anna! This is my dog Max and this is my cat Beepers.  
We are best friends.  
My family adopted Max and Beepers from the Calgary  
Humane Society."

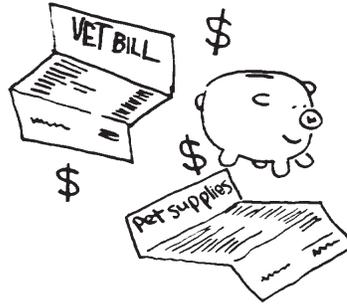


Pets need a lot of things. Color the items in the picture that will keep Max and Bleepers healthy and happy.

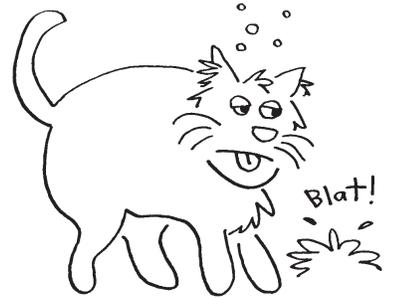
"Having pets is a big responsibility! Before we brought Max and Beepers home, we thought very carefully about whether a pet was right for our family."



Cat or Kitten?



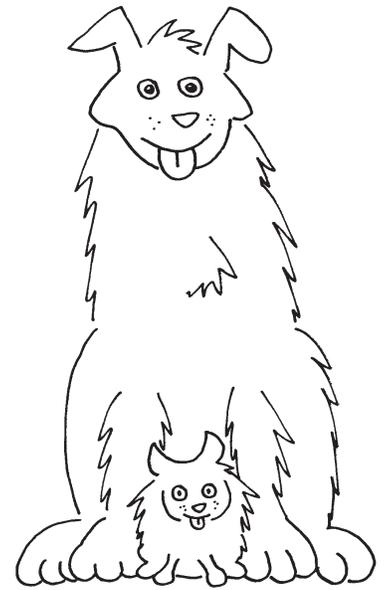
Cost...



Accidents



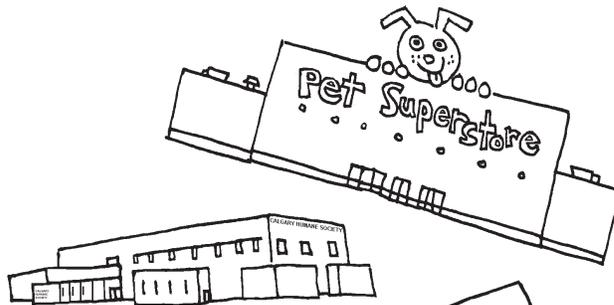
Time...



Small or Large Dog?



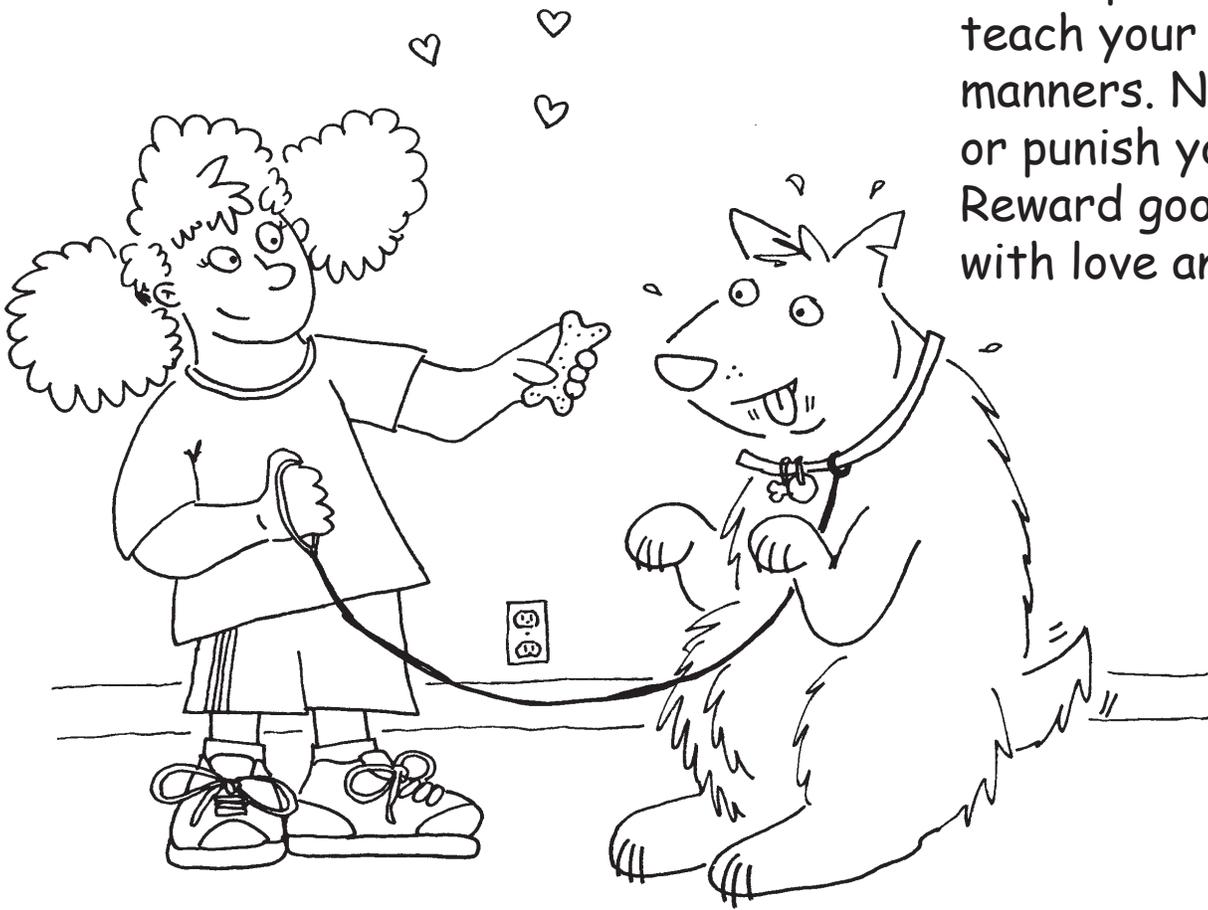
Is anyone allergic?



Where should we get our pet?



It's important to teach your dog good manners. Never hit or punish your dog. Reward good manners with love and treats.

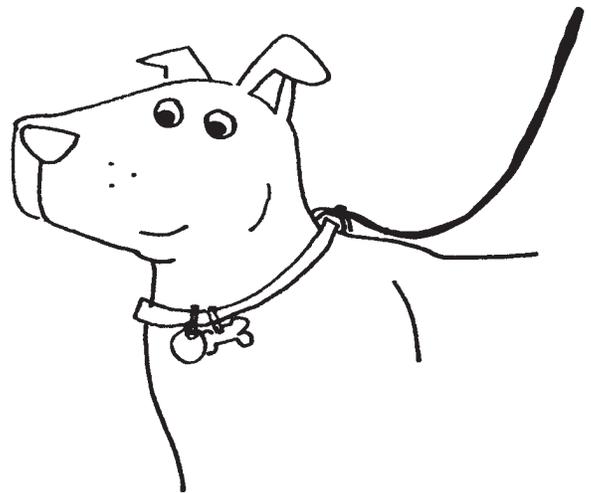


Most pets don't really like being picked up. It makes them feel scared. Pets like to have their four paws on the ground. You can remember this by thinking "Four on the floor!"

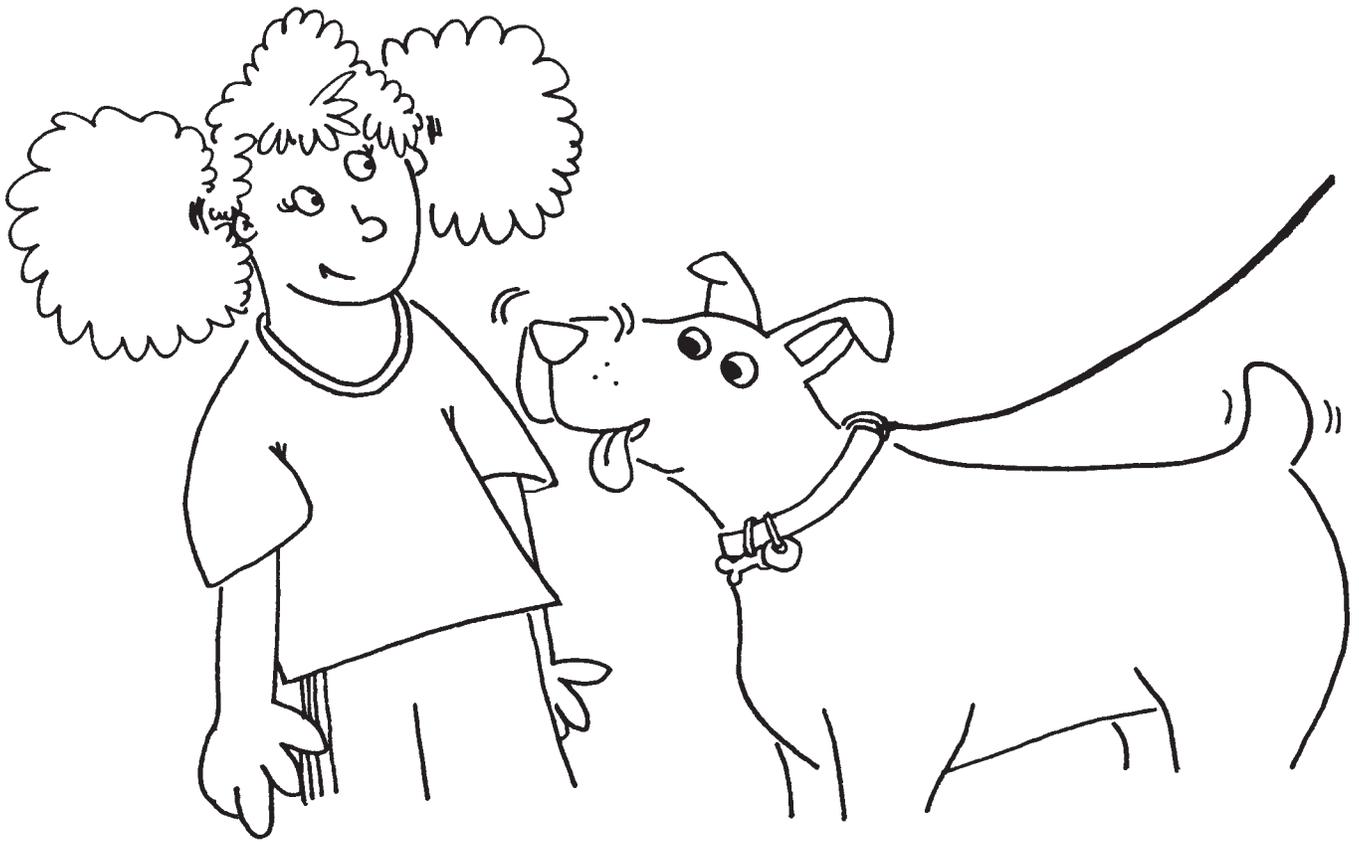




Always ask the owner if it's ok to pet their dog.



Stand still with your hands by your sides.



Let the dog come to you and give you a sniff.



Move your hand slowly and pet the dog under the chin.

"What if the owner is not around and the dog is alone?  
Let's learn how to be safe around lost dogs."

1...2...3...4...

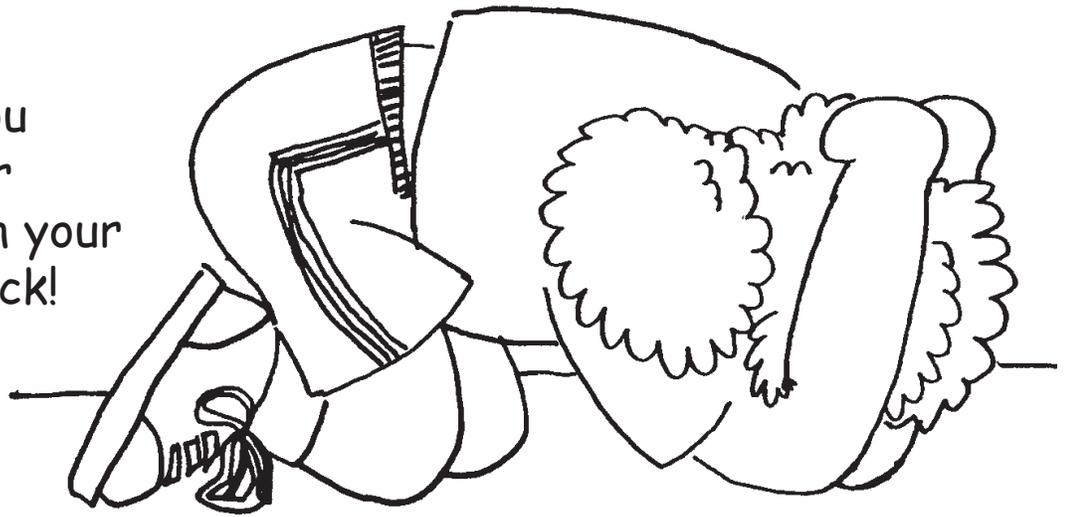
Stand still "like a tree."



Take deep breaths and stay calm. Count in your head until  
an adult comes to help you.

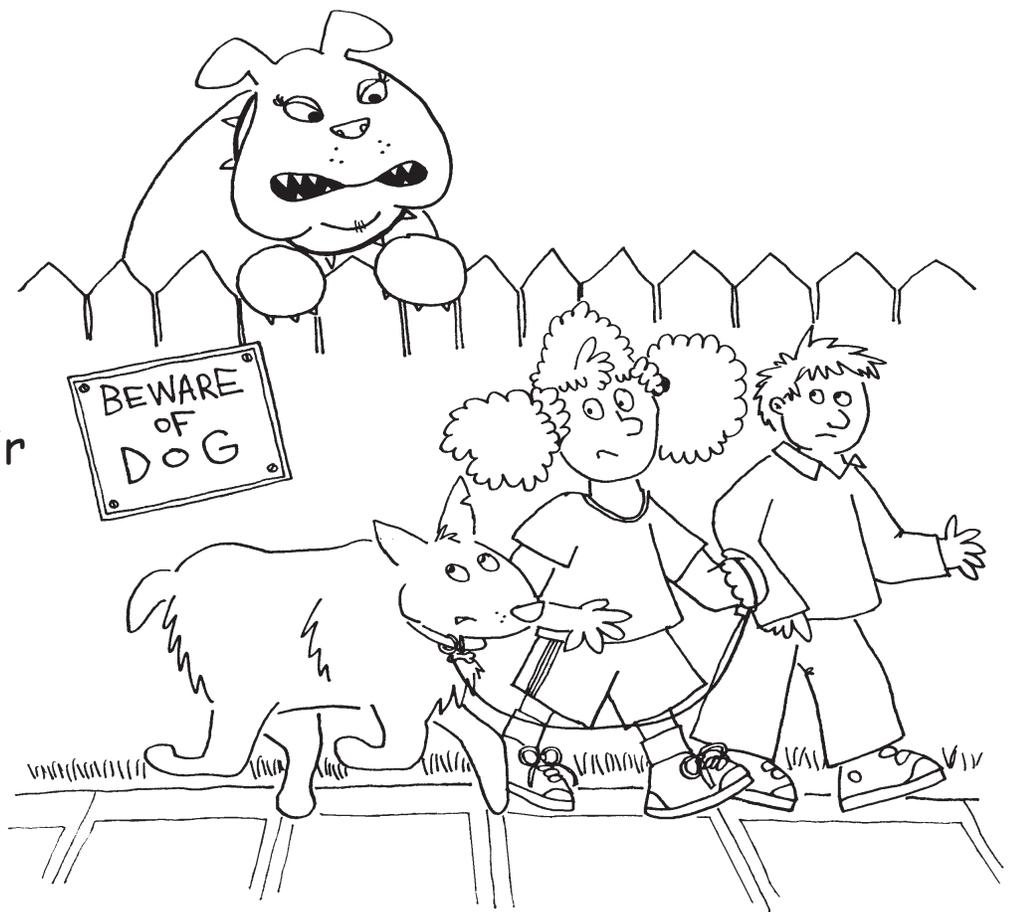


If a dog knocks you down, protect your face and neck with your hands. Be like a rock!

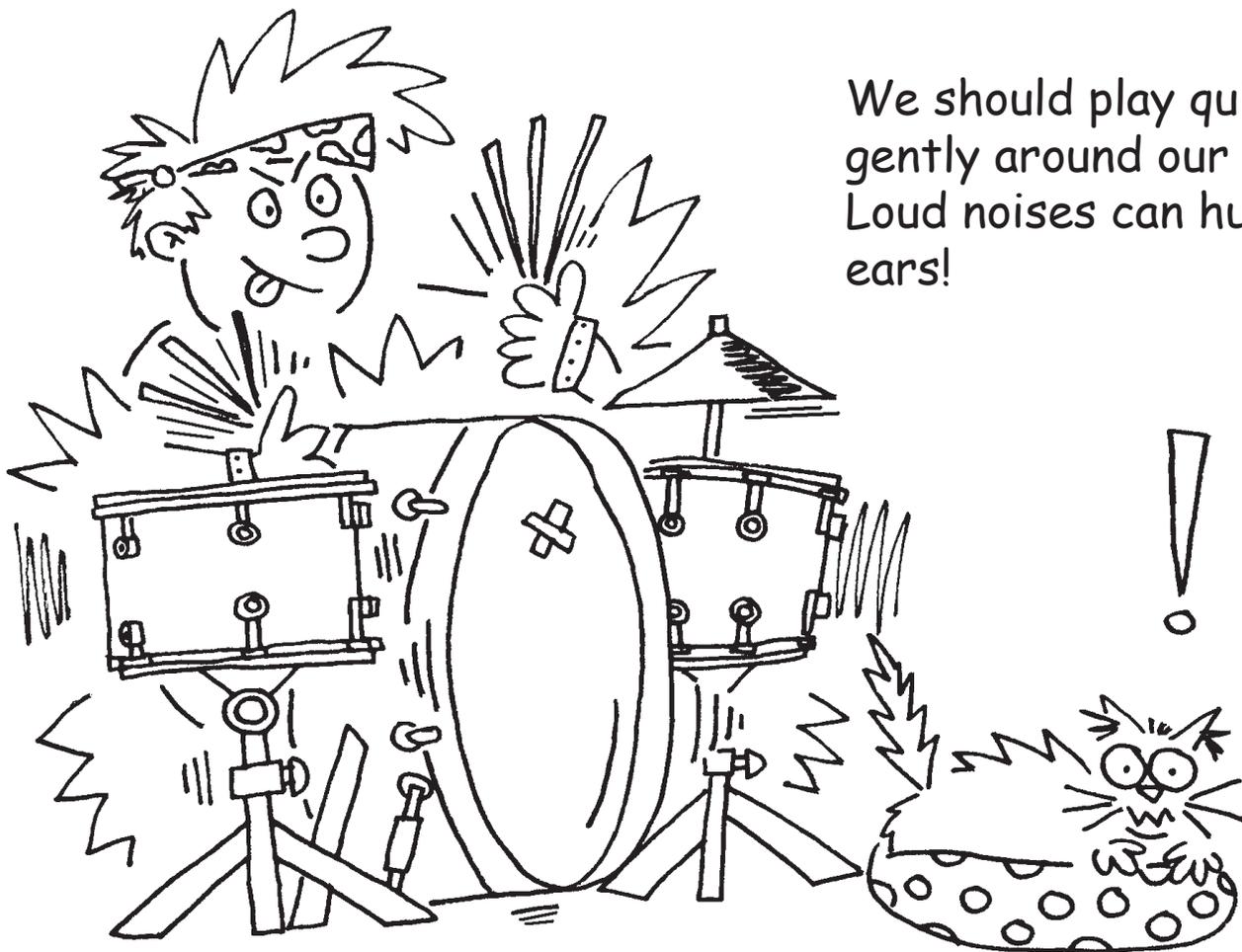


Never tease or put your face close to a dog. It could scare them.

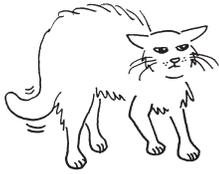
You should not pet dogs in cars or behind fences. Sometimes they like to guard their territory.



We should play quietly and gently around our pets. Loud noises can hurt their ears!



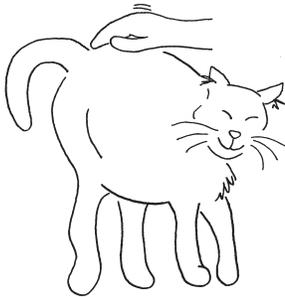
Pets can show how they are feeling through their body language.  
Draw a line from the pet to the sentence that describes how they are feeling.



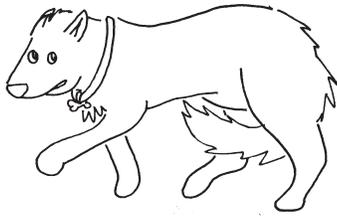
I'm relaxed.



That feels great! I like you!



Back Off!



Back Off!



I'm sorry.



You're scaring me.

You should never leave your pet inside a parked car in cold weather. In cold weather, your pet can get hypothermia. Your pet is much safer and more comfortable at home.



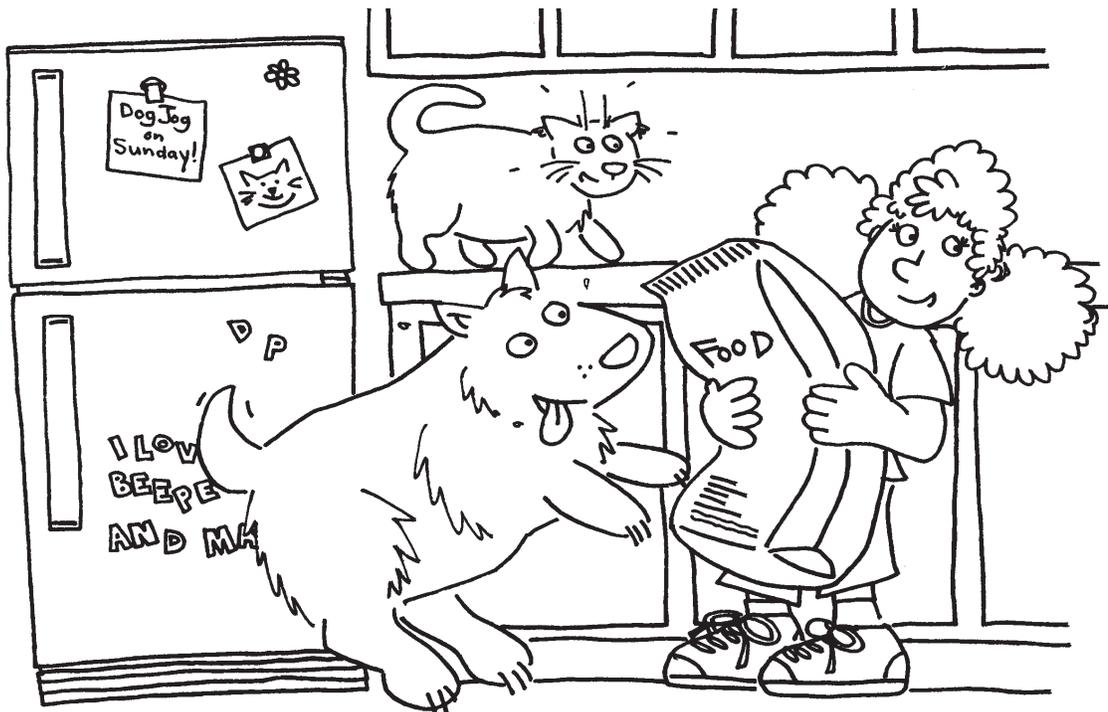
If you ever see an animal in a car on a cold or a hot day you should tell a trusted adult so they can make a phone call to the Calgary Humane Society to help the animal.

You should never leave your pet inside a parked car in warm weather. It would feel like sitting in a car on a summer day with your winter coat on! Even with the windows rolled down, it is way too hot in the car. Your pet can become very sick.

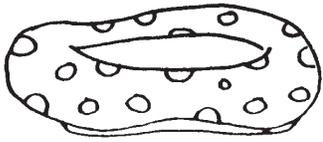




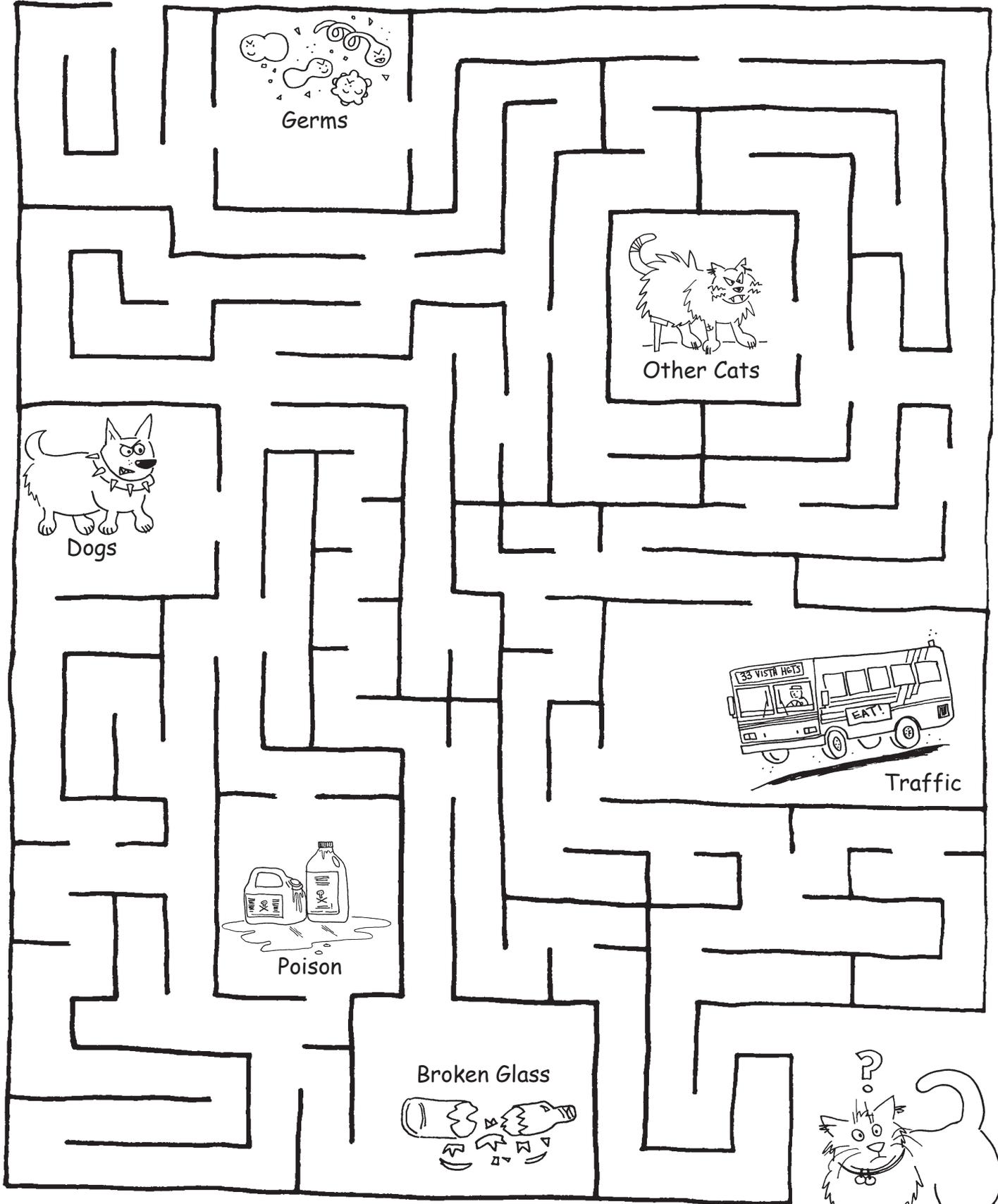
Beepers and Max need to visit their veterinarian regularly. These check ups help keep Beepers and Max healthy.



Beepers and Max should be fed the right food every day to stay healthy.



"If I let Beepers outside, she would have a hard time making it home safely. Can you show Beepers the way home?"



Cats are safest when they are kept indoors.

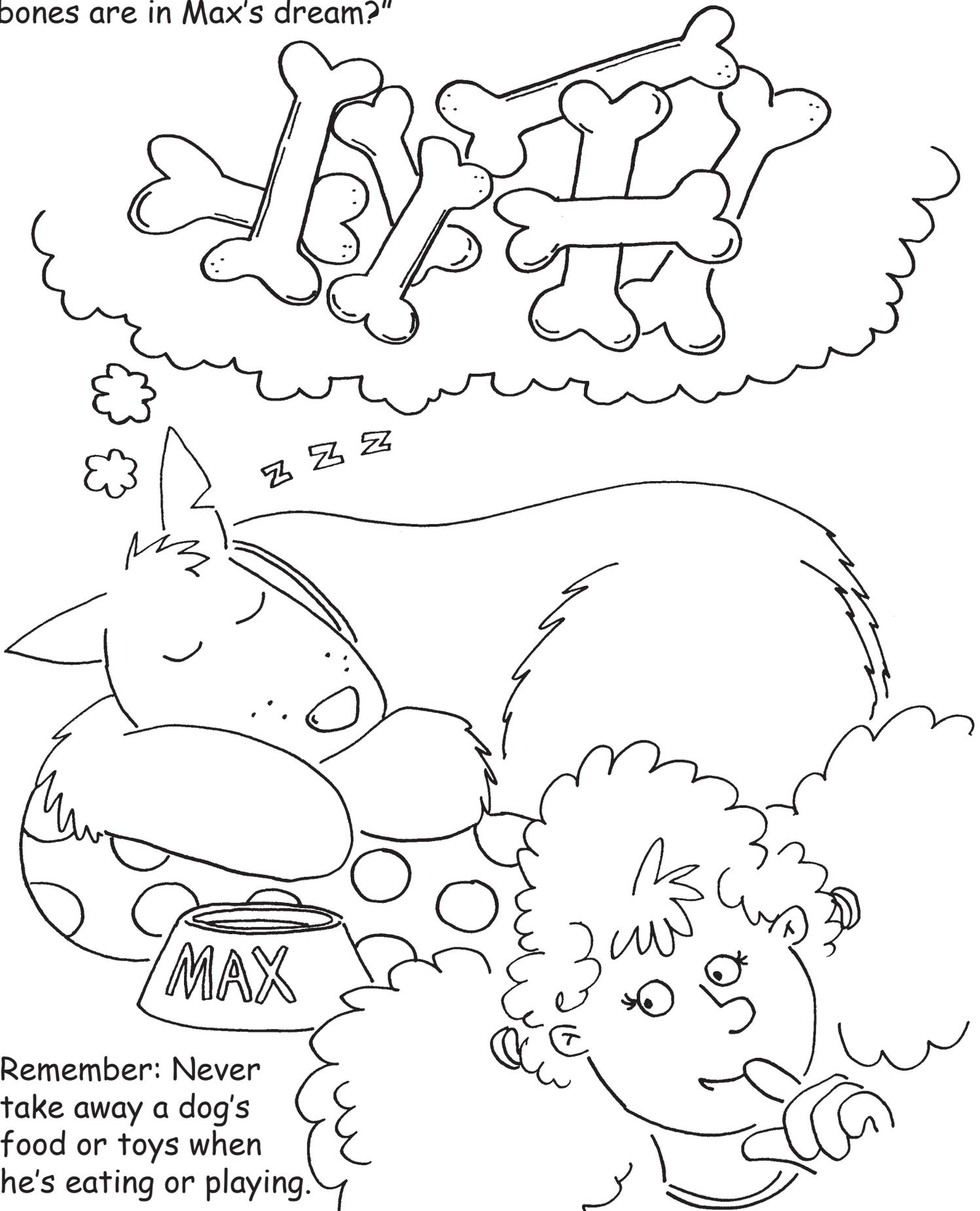


"There so many homeless animals in our city. What can we do?"



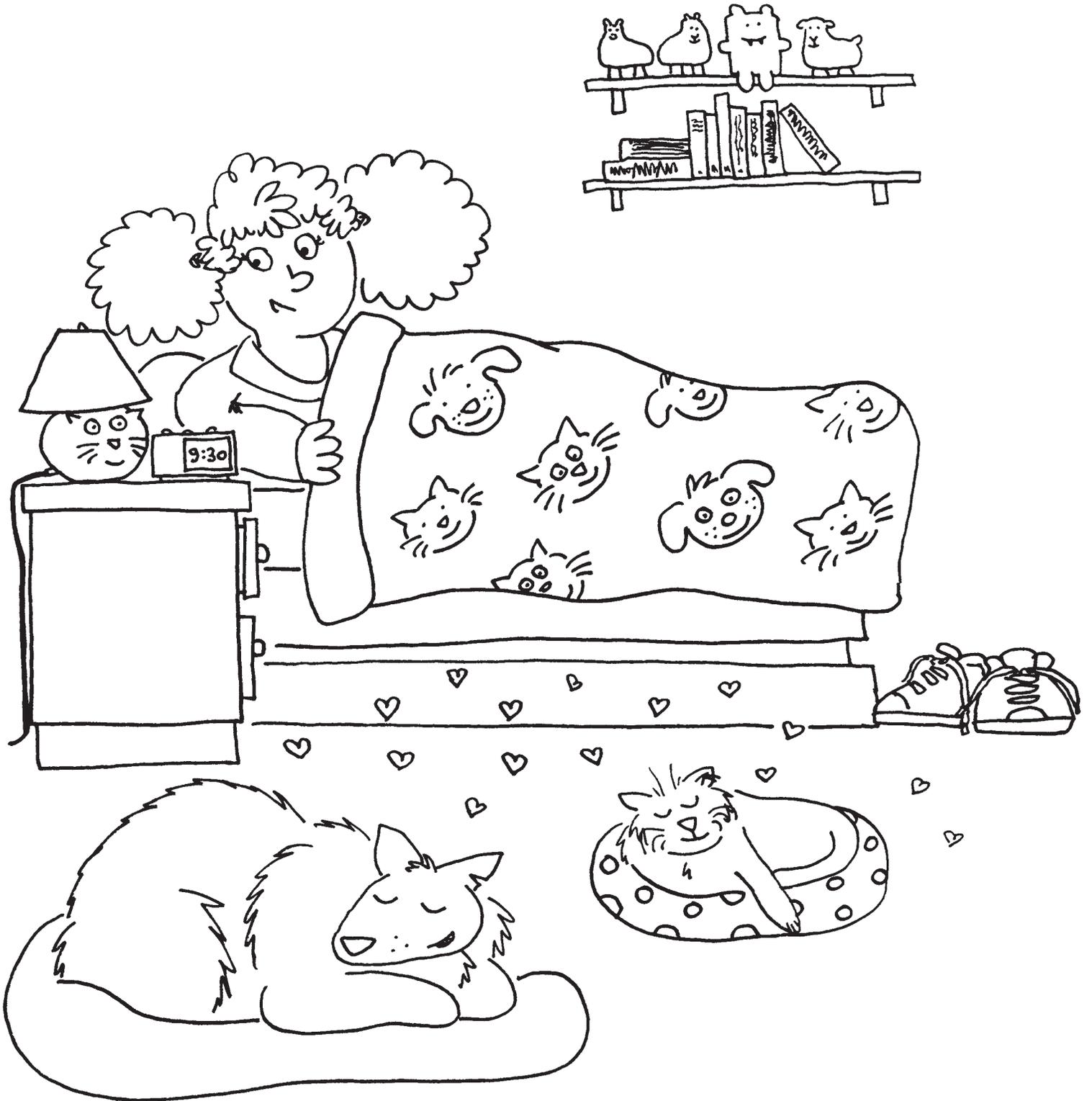
"I agree Anna; there are too many homeless kittens, cats, puppies and dogs. Being homeless makes pets feel sad. We can prevent homelessness by spaying females like Beepers and neutering males like Max to stop them from having babies. These operations are simple for veterinarians and help your pet live a happy healthy life."

"Shhhhhh, when dogs are sleeping, don't wake them up. How many bones are in Max's dream?"



Remember: Never take away a dog's food or toys when he's eating or playing.

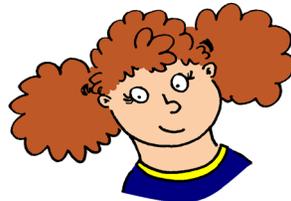
"It's been a fun day. Thanks for helping me take care of my pets! Good night Beepers, Good night Max."



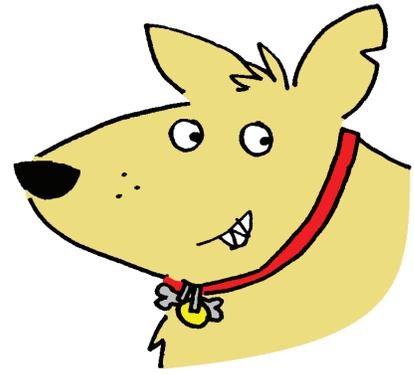
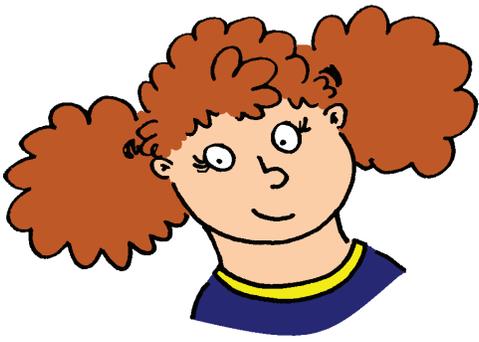


My Pet and Me Activity Book was made possible through the generosity of Joan Snyder. A lifetime member of the Calgary Humane Society, Joan has been involved with our organization as a member, donor and ongoing advisor since she moved to Calgary from her hometown in Eatonville Saskatchewan in 1952.

She considers the establishment of the P & J Snyder Education Fund one of her major achievements. The fund was created as a result of Joan's and her mother Phoebe's belief that education is a very important element to prevent cruelty to animals.



Written and edited by Desiree Arsenault and Michelle Friesse.  
Illustrations by David Patman.



Humane Education helps children develop empathic skills through their natural affinity for animals. We offer a variety of interactive, curriculum-based programs at the shelter or in the classroom.

Our tours and lectures address:

- Responsible pet care
- Dog bite prevention
- Animal related careers
- The role of the Calgary Humane Society

Visit [www.calgaryhumane.ca/teachers](http://www.calgaryhumane.ca/teachers) to explore our exciting list of programs and curriculum connections

### **How else can I help?**

Host a Fundraiser! Have a bake sale, start a bottle drive, collect "Coins for Critters" or "Toonies for Tabbies"

Drop off Donations to the Calgary Humane Society! Please check the Wish List ([www.calgaryhumane.ca/wishlist](http://www.calgaryhumane.ca/wishlist)) on our website, as we are always updating based on current needs.

### **How can I get involved?**

Join one of our youth programs. Become an ambassador for animals by joining the Kids for Animals Club (7-10), Junior Ambassador Club (10-12) or Youth Ambassador Club (13-16) and spend time at CHS! [www.calgaryhumane.ca/youth](http://www.calgaryhumane.ca/youth)

Host your next birthday party at our facility. We offer Standard and Deluxe party packages on Saturdays and Sundays for kids ages 6-13. Visit [www.calgaryhumane.ca/birthdays](http://www.calgaryhumane.ca/birthdays) to learn how you can party your paws off!

Attend one of our summer or winter camps. Spend a day over winter holidays or a week of summer learning about animals while making new friends! [www.calgaryhumane.ca/camps](http://www.calgaryhumane.ca/camps)

Call: 403.205.4455. ext. 6544 or Email: [humane.education@calgaryhumane.ca](mailto:humane.education@calgaryhumane.ca)



**Calgary Humane Society**

4455 110 Avenue SE  
Calgary, AB T2C 2T7

[www.calgaryhumane.ca](http://www.calgaryhumane.ca)  
Ph: 403.205.4455  
Fax: 403.723.6050