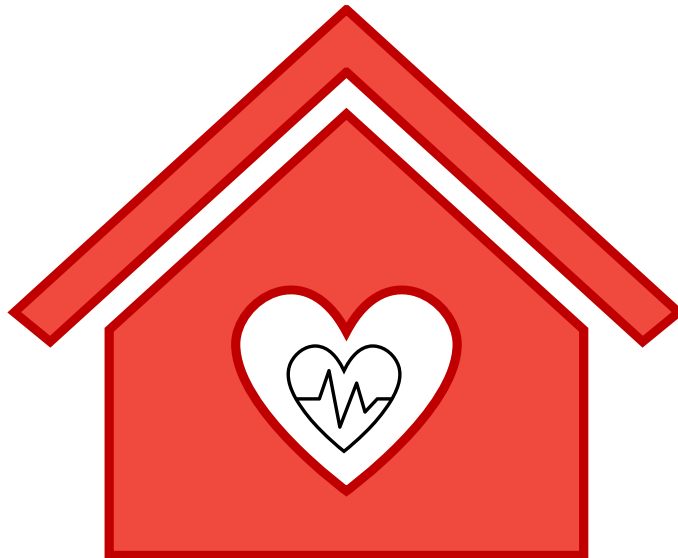


# 2024 SAFETY EXPO

March 2024 5-7



## Creating belonging in our community

We feel safe when we know those around us value our contributions, and we can trust them to acknowledge our basic needs that connect all of us. When we support one another in feeling that we belong in our community, we make our city a safe and secure place to live, love and play. Small moments are powerful opportunities that can make a big change in someone's life! For the 2024 Safety Expo, we want to challenge everyone participating to think about how you can spread kindness and build trust in your community.

# Welcome to the 2024 Safety Expo!

The theme of this year’s Safety Expo is creating belonging in our community! We will explore ways to do this via safety or by exploring ways to integrate safety into our days to enable everyone to feel comfortable in Calgary. Students will learn concepts that build on safety & belonging looking at understanding:

- As we play and interact with each other, we create a sense of belonging for ourselves and others, which helps us make our city a safe place to live and play.
- We feel safe when we know those around us value our contributions and consider our needs.
- Supporting each other in feeling that we all belong helps to build strong communities.
- Small moments are powerful opportunities to make big changes in someone else’s life.

This year, we want to challenge everyone participating in Safety Expo to think about how you can spread kindness and build trust in your schools and communities. If you have any questions, contact [ccs-ss@services.calgary.ca](mailto:ccs-ss@services.calgary.ca).

## SCHEDULES & LINKS

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# MARCH 5

## LIVE PRESENTATIONS SCHEDULE

### MORNING

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- 9:00 – 10:00 Ice Safety: Safety on our rivers in Calgary's Winter!
- 9:00 – 9:30 Talking Hazardous Waste with the City of Calgary!
- 9:30 – 10:15 Preparing for emergencies at home and in your community!
- 10:00 – 11:00 Fire Safety: Every Second Counts!
- 10:00 – 11:00 Welcome to Wise Whiskers: An animal safety workshop!
- 11:00 – 11:30 AHS Emergency Medical Safety Ambulance tour!
- 11:30 – 12:00 Share the Streets

12:00

LUNCH TIME!!! ☺

### AFTERNOON

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- 1:00 Tackle Bullying
- 1:00 "Don't feed the bears!": Human Impacts on Wildlife
- 2:00 Belonging is one phone call away!
- 2:00 Online Safety 101: Hacks for fostering belonging in the online world to keep your community safe!

\*\*\* For more information and links to register, go to [www.calgary.ca/safetyexpo](http://www.calgary.ca/safetyexpo)

# MARCH 6

## LIVE PRESENTATIONS SCHEDULE

### MORNING

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- 9:00 – 10:00 Ice Safety: Safety on our rivers in Calgary's Winter!
- 9:00 – 9:30 Talking Hazardous Waste with the City of Calgary!
- 9:30 – 10:15 Preparing for emergencies at home and in your community!
- 10:00 – 11:00 Fire Safety: Every Second Counts!
- 10:00 – 11:00 Welcome to Wise Whiskers: An animal safety workshop!
- 11:00 – 12:00 An Hour of Power
- 11:00 – 11:30 AHS Emergency Medical Safety Ambulance tour!
- 11:30 – 12:00 Super snacks: Grow safety & belonging one snack at a time!

12:00

LUNCH TIME!!! 😊

### AFTERNOON

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- 1:00 – 2:00 Tackle Bullying
  - 1:00 – 2:00 Online Safety 101: Hacks for fostering belonging in the online world to keep your community safe!
  - 2:00 – 3:00 Calgary 911: Belonging is one phone call away!
  - 2:00 – 3:00 "How to Speak Dog" Learn about dog body language and bite prevention!
- \*\*\* For more information and links to register, go to [www.calgary.ca/safetyexpo](http://www.calgary.ca/safetyexpo)

# MARCH 7

## LIVE PRESENTATIONS SCHEDULE

### MORNING

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- 9:00 – 10:00 Ice Safety: Safety on our rivers in Calgary's Winter!
- 9:00 – 9:30 Talking Hazardous Waste with the City of Calgary!
- 9:30 – 10:15 Preparing for emergencies at home and in your community!
- 10:00 – 11:00 Fire Safety: Every Second Counts!
- 10:00 – 11:00 Welcome to Wise Whiskers: An animal safety workshop!
- 11:00 – 11:30 AHS Emergency Medical Safety Ambulance tour!

12:00

LUNCH TIME!!! 😊

### AFTERNOON

- 1:00 – 2:00 Tackle Bullying
- 1:00 – 2:00 An Hour of Power
- 1:00 – 2:00 “Don’t feed the bears!”: Human Impacts on Wildlife
- 2:00 – 3:00 Calgary 911: Belonging is one phone call away!
- 2:00 – 3:00 Bullying: Pets and Peers

\*\*\* For more information and links to register, go to [www.calgary.ca/safetyexpo](http://www.calgary.ca/safetyexpo)

## 2024 EXHIBITORS

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- CITY OF CALGARY, WASTE AND RECYCLING SERVICES
- CITY OF CALGARY, GREENLINE TRANSIT SAFETY
- CITY OF CALGARY, DEVELOPMENT, BUSINESS AND BUILDING SERVICES
- CITY OF CALGARY, ANIMAL CARE AND PET LICENSING
- CALGARY EMERGENCY MANAGEMENT AGENCY, THE READY SQUAD PROGRAM
- CITY OF CALGARY, CALGARY FIRE DEPARTMENT
- CALGARY HUMANE SOCIETY
- ALBERTA ELEVATING DEVICES & AMUSEMENT RIDES (AEDARSA)
- ALBERTA HEALTH SERVICES – EMERGENCY MEDICAL SERVICES
- AMA SCHOOL SAFETY
- ATCO
- STARS AIR AMBULANCE
- WAR AMPS

\*\*\* For more information and to see our exhibitors, go to: [www.calgary.ca/safetyexpo](http://www.calgary.ca/safetyexpo)

# 2024 LIVE VIRTUAL PRESENTERS

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## CITY OF CALGARY FIRE DEPARTMENT

### Water Safety around Calgary's Waterways with Alexander Kwan

Dive into Water Safety with the Calgary Fire Department!

Glide into Ice safety with the Calgary Fire Department! Join us for an in-depth look at ice safety around our city. Learn about how ice forms on different types of water, how to recognize dangers and how to keep our communities safe around ice. Our firefighters will teach you what to do in case you break through the ice and what you should do if you see someone else break through the ice.

Be a Water Safety Hero in your Community!

### Fire Safety: Every Second Counts! with Todd Berry

Fire Happens Fast! Come join the Calgary Fire Department for an exciting presentation on fire safety. See how quickly fire can spread in a home like yours and why it is so important to sleep with your door closed at night. Learn how fast you need to get out of your home in case there's a fire.

- Do you have a home escape plan and have you practiced it with your family; same as you would a school fire drill?
- Also, are you starting to cook at home? Did you know cooking is the leading cause of fires each year in Calgary? We will show you lots of ways to be safe in the kitchen.

These just are some of the topics and lessons we will be sharing with you. Please join us for this presentation ... it might save yours or a family members life!

### Tackle Bullying with Randy Chevrier

During this session participants will learn how to properly define bullying and how it differs from peer conflict as well as different types of bullying. This will include discussion and specific strategies around Cyber Bullying and social media. There will be some interaction with True/False questions which will lead into discussing the "shape of bullying" and how it relates to positive, healthy friendships.

## CALGARY 911

### 'Belonging to the 911 Safety team: Dispatcher Skills 101!' with Punit Taylor & Betty Coulter

Hey everyone! Calgary 9-1-1 wants to show you what awesome things 9-1-1 dispatchers do. Imagine being the superhero on the other end of the phone when someone needs help. We'll even make a pretend 9-1-1 call so you can hear exactly what happens. It's like a sneak peek into the world of these emergency heroes.

You'll learn how these dispatchers make quick decisions to keep our community safe. It's like they have a superpower for handling tough situations. We want you to understand

how important it is to stay calm and talk clearly in emergencies. By the end, you'll know a lot more about how 9-1-1 works and in what situations you would have to call 9-1-1!

## ALBERTA HEALTH SERVICES

**'Know your Safety: AHS Emergency Medical Safety Ambulance tour!' with Adam Loria**

Take a sneak peek inside one of Alberta Health Services Emergency Medical Services vehicles! This ambulance tour will show you the incredible piece of our health system that our paramedics master to help save lives in our community every day!

Test your knowledge and ask questions to Adam Loria, who will guide us alongside our tour with the inside scoop to your curiosities. Learn more about the work that these superheroes/ines do every day to keep us all safe, and the role we all play in helping support this critical health system that we all belong to, lean on, and need to keep having fun in Calgary!

## CALGARY POLICE SERVICES - YOUTHLINK

**'Online Safety 101: Hacks for fostering belonging in the online world to keep your community safe!' with Michael Kim & Alix McGurran**

The topic Youth Link will be presenting about is online safety. The introduction will define social media, so students can gain an understanding of how broad it is and intertwined into daily life. The presentation will discuss the benefits of social media, and then the dangers in more detail. The students will receive helpful tips and strategies for staying safe online, such as:

Privacy settings on social media and why they are important, consequences of oversharing online and how to prevent this, who is safe to add as a friend online, how to protect yourself from online predators and scams, and the dangers and consequences of participating in social media challenges.

## CALGARY EMERGENCY MANAGEMENT AGENCY

**'Emergency Preparedness' with John Acheson**

The Calgary Emergency Management Agency's presentation at Safety Expo 2020 is designed to raise awareness of disaster risks in Calgary and what kids can do to prepare and be safe. This presentation will focus on four key themes: know the risks, be prepared, know what to do during an emergency, and know what to expect after an emergency.

During this presentation, participants will learn about past disasters in the City of Calgary, and how the City and Calgarians have worked to be prepared for future events. They will also learn the immediate steps they can take to stay safe, and different strategies and supports they can use to recover and build resilience after a disaster occurs.

Students will have the opportunity to interact with CEMA experts through interactive poll questions and will be able to ask questions through the chat function in MS Teams.



### **'Building back better: How you can use creativity and science can help us build safe communities!' with Kerrie Green**

Join Kerrie from Calgary Emergency to learn how you can help to keep our cities safe through creativity, design, and problem-solving rooted in strengthening our sense of belonging and playing together! This presentation will talk about how we all contribute to building an awesome Calgary that can withstand and bounce back from hard days together through creative curiosity to increase the safety of our homes and loved ones. We will learn how to increase impact where we all have ability through design and connecting to the systems in Calgary that support us every day.

Kerrie will share tools that help all of us find our fantastically unique gifts to offer build a city that we all belong to. Students will have the opportunity to ask questions, and explore a design exercise with Kerrie, to learn how to connect to their environments, learn how we think about our built communities, and what you can do to build a better Calgary!

## **CENTRE FOR SEXUALITY**

### **'Creating healthier communities through healthy friendships and interactions on social media!' with Neelam Makhani**

The Centre for Sexuality has a mission and vision of educating, training, and advocating to support healthy relationships and sexuality across a lifespan. This presentation will explore the different dynamics of friendships, rights and boundaries as well as provide insight on how media can impact how we feel about ourselves. Youth will learn tools to navigate friendships, engage in healthy communication, analyze media messages and consume media safely.

## **CALGARY DROP-IN CENTRE**

### **Share the Streets – Wisdom to help us all feel accepted and welcomed in the community.**

The presentation illuminates the pivotal role the Drop-In Centre plays in addressing homelessness in Calgary. It delves into the nuanced understanding of homelessness, emphasizing compassionate language that distinguishes between a person's identity and their experience of homelessness, as well as some of the harmful myths and stereotypes that stigmatize those experiencing homelessness. The presentation showcases various forms of homelessness, including those sleeping outdoors, in emergency shelters, and in provisional shelter situations. It highlights the DI's comprehensive approach to offering not just emergency shelter but also essential care, health services, and housing supports tailored to individual needs. The presentation will also offer advice on how to engage with vulnerable populations.

# CITY OF CALGARY FOOD RESILIENCE PROGRAM

## **'Super snacks: Creating and sharing your favorite snack to foster safety & belonging!'**

Food is so much more than just fuel – it reflects culture, climate, relationships to our land and, most importantly, each other. Food is often a way that connects peoples and communities together to share and connect with each other, in good times and bad throughout our collective human histories. This creates a deeply emotional bond to our vital daily fuel for survival – a relationship even more complex in the face of so when it comes to food insecurity, food scarcity, and disasters. Join one of our local Food System super nerds to learn about how you can make super snacks, fostering belonging and supporting community identity and strength with the power of snacks! Just like a Scooby Snack, you'll learn about how we can all gain the power to save the day with a tasty treat!

# CALGARY HUMANE SOCIETY

## **"How to Speak Dog" Learn about dog body language and bite prevention!' with Nabila Badr**

Have you ever wondered what your dog is thinking? Well in this presentation, your class will learn the in-depth world of reading a dog's body language. We will discuss how to properly introduce yourself to a dog, ways to interact and how to respond to the cue's a dog is giving you about their emotions. During a Field Trip your class will visit with a social dog and will be able to practice reading dog body language and safe interactions. Your class will also create a dog themed craft or enrichment item for our resident dogs at CHS.

## **'Prevent Bullying: Pets and Peers!' with Nabila Badr**

Students will discover the many similarities between bullying and animal cruelty by comparing the motivations and causes behind aggressive behaviour. This interactive, empathy building program includes real case studies and group activities which allow students to express their opinions, practice negotiation strategies, consider different perspectives, and perceive abuse from the viewpoint of the victim. We also discuss the importance of recognizing and reporting all forms of abuse and distribute contact numbers of local service agencies.

## **'Don't feed the bears!': Human Impacts on Wildlife.' with Nabila Badr**

What really happens when you feed wild animals? Examine what happens when humans and wildlife collide. Respect, rights and responsibility are the 3 R's of animal welfare. Using case studies and engaging activities, students explore the needs of living things and learn about the importance of acting humanely towards all living creatures, both wild and domestic. Various issues will be discussed with an emphasis on co-existing with wildlife in urban areas.

# CITY OF CALGARY ANIMAL SERVICES

## **'Wise Whiskers: An Animal Safety Workshop.' With Amanda Schultz**

Embark on a wild adventure of knowledge as we dive into the captivating world of animal behaviour and the scientific method in our interactive workshop!

In this engaging session, fifth and sixth-grade students will unleash their inner animal whisperer by honing their observation skills and decoding the secret language of cats and dogs. Hosted by the dynamic team from the City of Calgary's Animal Care and Pet Licensing department, our workshop combines education, entertainment, and essential life skills. Developed by certified teachers seasoned in creating a blend of fun and education, the workshop guides students through the scientific method. Through hands-on activities and real-world examples, young minds will discover animals' cues to communicate. Get ready to observe, infer, and unleash your scientific superpowers!

## CITY OF CALGARY WASTE & RECYCLING SERVICES

### 'Talking Hazardous Waste with The City of Calgary.' With Michelle Dias

Join us for a look at how Calgary's waste diversion programs are protecting our environment! Our cart system helps us keep recyclable and compostable materials out of our landfill, but what about chemicals? How do we manage them so that we can reduce their impact on our planet? We'll learn what hazardous waste is and why it's important to dispose of it responsibly. Reducing our waste helps our environment thrive - and we can show you how.

## INSIDE EDUCATION

### An Hour of Power with Mila Mezei

Students will explore energy and natural resources from a safety lens, learning how to be safe around electricity and how people who work in Alberta's natural resource sectors stay safe on the job.

This session will help students engage in conversations around energy and natural resources, allowing them to become engaged community members, future decision-makers, and resource stewards with a sense of belonging.

This session is aligned with the Grade 5 Electricity & Magnetism unit, as well as Grade 5 and 6 Energy learning outcomes in the pilot curriculum.

### Event Sponsor

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ENMAX Power Corporation

### Prizes Donated By

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TELUS Spark = Day Passes

Heritage Park = Day Passes

Calgary Police Services, Calgary Fire Department, Calgary Humane Society = Lottery draw for a 'Free Live Presentation' in April-May for your class!

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