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# Preparing a Vehicle Emergency Kit

Vehicle Emergency Kits are an essential emergency preparedness tool. Extreme weather and vehicle emergencies can happen at any time, and it is important to have enough supplies to keep you and your passengers safe. Every vehicle should have emergency supplies stored in the trunk or underneath the seats. Check the supplies every six months to replace expired items as needed.



#### Your kit should include:

- ☐ Non-perishable food like granola bars (extra pet food if travelling with a pet)
- ☐ First aid kit
- ☐ Reflective vest / armband
- ☐ Reflective triangle
- ☐ Small shovel
- ☐ Tea light candles and matches
- ☐ Wind-up flashlight (with radio) or flashlight with extra batteries
- ☐ Duct tape
- ☐ Roadmaps
- ☐ Multi-tool (eg. Swiss Army Knife)
- ☐ Hand and foot warmers
- ☐ Jumper cables
- ☐ Sand, salt or cat litter (for additional traction)
- ☐ Toilet paper
- ☐ Blanket, extra clothing, gloves and toques
- ☐ List of written emergency phone numbers, your auto insurance provider information, and a number for a local towing company

## Before you leave:

- ☐ Bring water
- ☐ Check tire pressure (including spare tire)
- ☐ Check oil, transmission and brake fluid levels
- ☐ Plan your route and check weather before leaving
  - ☐ Road conditions: 511 Alberta
  - ☐ Weather conditions: Environment and Climate Change Canada
- ☐ Let someone know your trip plan and expected time of arrival
- ☐ Top-up windshield washer fluid
- ☐ Charge cell-phone and bring a cell-phone charger
- ☐ (Winter) Remove ice and snow with scraper/brush
- ☐ (Winter) Equip vehicle with winter-rated tires

### **During a disaster:**

- ☐ Never drive through flooded roadways. Even what appears to be a small puddle can be dangerous
- ☐ Avoid travel through evacuated areas or impacted zones
- ☐ If electrical lines fall on your vehicle, wait until emergency officials remove the wires before exiting your vehicle
- ☐ Do not use bridge overpasses or tunnels as a place to park during extreme weather (eg. hail). This creates a hazardous environment for first responders and other drivers

For more information on how to get prepared for emergencies please visit calgary.ca/getready

