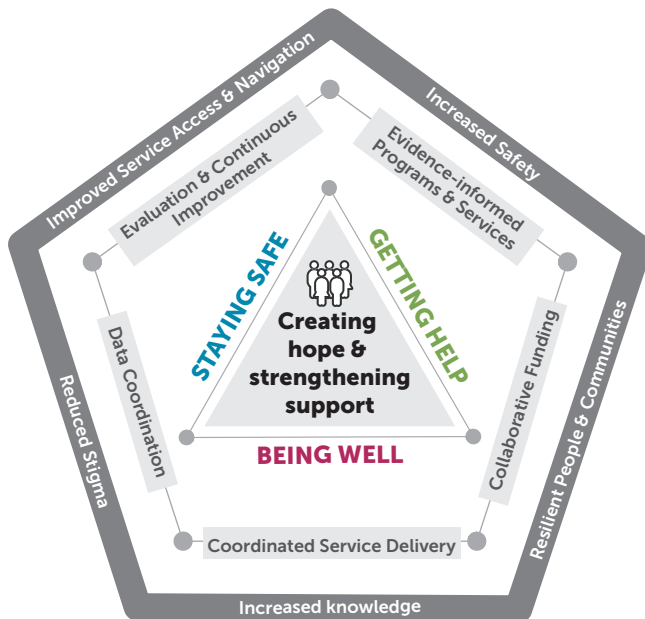


# A Strategic Framework for working together

Developed with stakeholders, our work has been guided by a strategic framework as shown in the diagram below. At its core is our overall goal: creating hope and strengthening support for everyone. This will be achieved through three themes, or sets of actions: being well, getting help and staying safe. The remainder of the strategic framework describes **how we will act** together and **the resulting benefits** for Calgarians.



## BEING WELL Wellness at home, at school, at work and in the community

- 1 Help communities to become places where all people belong and support each other
- 2 Share information in schools and in the community to help people understand what mental health and addiction are and how to support themselves and others
- 3 Promote approaches to positive mental health in workplaces

## GETTING HELP What you need, when, where and how you need it

- 4 Establish a coordinated network of mental health and addiction services so that people can easily get the help they need when they need it.
- 5 Transform a system of early access to mental health and addiction services through schools.
- 6 Transform a system of early access to mental health and addiction supports and services through workplaces.
- 7 Build capacity of local organizations to meet the mental health and addiction needs in the community through convening around common actions.

## STAYING SAFE Security at all times, especially in a crisis

- 8 Strengthen existing crisis supports.
- 9 Transform how to respond to people and families in crisis and prevent future crises.