

# Call for Older Adult Advisory Table Volunteers Contribute your voice to preparing Calgary for an aging population!

As an older adult (or someone looking to the future) living in Calgary, you have a unique insight into the challenges and opportunities our aging population faces. With a little time - and lots of enthusiasm - you can help us shape the future of Calgary by becoming a member of the Older Adult Advisory Table (OAAT) for Age-Friendly Calgary.

Age-Friendly Calgary (AFC) is a collaborative initiative of Calgary organizations and citizens preparing for Calgary's aging population.

### Your Role as a Volunteer

- Inform and support strategic and action planning of the Seniors Age-Friendly Strategy in an advisory capacity
- Provide the perspective of older adults to help make Calgary more age-friendly
- Connect with your own social groups to share their ideas and differing perspectives with OAAT
- Share information about Age-Friendly Calgary (AFC) with people you know and support the vision of AFC

## Requirements

- Aged 45 or over
- Reside in Calgary
- Passionate about your community
- Understand older adults' needs now or in the future/ have experience as a caregiver
- Feel comfortable to share and to provide feedback
- Commit to participate in monthly meetings and a flexible term of up to three years

## **Benefits**

- Have your voice heard; your input will make a difference
- Make connections and broaden your network
- Build and expand your skills

#### How to Apply

Please email the completed OAAT application form to <a href="mailto:agefriendlycalgary@calgary.ca">agefriendlycalgary@calgary.ca</a> by **Friday, November 19, 2021 at 4pm.** For a fillable online or printable OAAT application form and more information about Age-Friendly Calgary, please visit <a href="www.calgary.ca/agefriendly;">www.calgary.ca/agefriendly;</a>; email <a href="mailto:agefriendlycalgary@calgary.ca">agefriendlycalgary@calgary.ca</a> or call 403-512-3258.

Meetings are currently virtual with an option for them to be in-person in the future. Please let us know if you have any accommodation requirements (including dietary) to participate in the meeting, or if you require a support attendant or care partner to attend a meeting.

**Note:** As space is limited, not all applicants will be selected for an interview. Applicants not selected for an interview may be contacted for other volunteer opportunities as they arise.