

Calgary



## **FREE** community outdoor summer programs

Looking for some fun, **FREE** activities for children, youth and families this summer? These safe, supervised programs are great for making new friends and learning new activities.

Visit [calgary.ca/free](https://calgary.ca/free) to see what's available in your area.

# 2022

FREE community outdoor summer programs



## ● Children's programs

### Mobile Adventure Playground | children + adult

Join our onsite play ambassadors for a self-directed, drop-in program. We provide loose parts and natural materials to inspire active and creative outdoor play. Parents are encouraged to stay and watch their children's imaginations soar in these adventure spaces.

### Park n' Play | children ages 6 - 12 years

These safe, supervised programs help children make new friends and learn. Games and activities are designed to encourage them on their path to healthy and active lifestyles. Programs run Monday to Friday. Reserve your drop-in spot online 7 days in advance by visiting [calgary.ca/free](http://calgary.ca/free). Walk ups will also be accepted on a first come, first serve basis.

### Stay n' Play | children ages 3 - 5 years + adult

These, safe, supervised programs help children and adults make new friends and stay active through a play-based learning environment. Participants engage in games and activities that they can use on their path to healthy and active lifestyles. Children must be accompanied by an adult. Programs run Monday to Friday. Reserve your drop-in spot online 7 days in advance by visiting [calgary.ca/free](http://calgary.ca/free). Walk ups will also be accepted on a first come, first serve basis.

### Wetland Wonders | children 5 - 12 years + adult

Are you ready to learn all about the wonders of wetlands? Discover why these natural spaces are important and get an up-close view of the amazing critters that live below the surface. This drop-in program starts at 1:30 p.m. on Wednesdays at Ralph Klein Park. Children must be accompanied by an adult.

## ● Youth programs

### LEAD | youth 11 - 17 years

LEAD is The City of Calgary's leadership certification program. Youth will learn to develop and practice leadership skills while earning credibility, recognition and opportunities in the community that will strengthen their leadership skills. Participants are required to complete 20 hours of practicum experience that will enhance their skills further in a hands-on practical way. Pre-registration is required. Register online at [calgary.ca/free](http://calgary.ca/free) or call **403.268.3800**.

### LEAD 2.0 | youth 11 - 17 years

LEAD 2.0 is The City's next step leadership program for youth. Graduates of LEAD can enhance their leadership skills, exercise their critical thinking, develop job skills, and discover the positive impact they can have in their community. Participants must have completed LEAD or Nature LEAD to be eligible to register for the program. Pre-register online at [calgary.ca/free](http://calgary.ca/free) or call **403.268.3800**.

### Nature LEAD | youth 11 - 17 years

This youth leadership certification program allows youth to learn, develop and practice their leadership skills, all with an emphasis on nature. Participants are required to complete 20 hours of volunteer experience that will further their skills in a hands-on way to receive the certificate. Pre-registration is required. Register online at [calgary.ca/free](http://calgary.ca/free) or call **403.268.3800**.

### Youth Job Skillz | youth 13 - 16 years

Do you want to earn a training certificate and build your resume? Want to dive deeper into employable skills and discover ways to set yourself apart from the rest? Join our FREE youth program to learn about working with children in your community and using your skills to have fun. If you are 13 to 16 years old, this program is for you. Pre-register online at [calgary.ca/free](http://calgary.ca/free) or call **403.268.3800**.

● **Wetland Wonders** (children 5 - 12 years + adult)

**Discover our local wetlands and natural spaces.**

This drop-in program starts at 1:30 p.m. on Wednesdays at Ralph Klein Park. Children must be accompanied by an adult.



● **Unplug n' Play** (family/all ages)

**Community activities for all ages.**

You bring the lawn chair, your family and friends, and we'll bring the live entertainment and fun.

● **Family programs**

**Unplug n' Play** | family/all ages

These events bring fun and entertainment to the community! Bring your lawn chair and enjoy live entertainment and activity for an evening of fun with family, friends, and neighbours. Reserve your drop-in spot online 7 days in advance by visiting [calgary.ca/free](http://calgary.ca/free). Walk ups will also be accepted on a first come, first serve basis.

**Mobile Skate & Scoot Spot** | family/all ages

Check out these free drop-in wheeled sport opportunities. Fun for both beginners and skilled in-line skaters, skateboarders, and scooter users of all ages. Skate and scoot monitors are on site during the indicated hours and can provide tips and tricks. Helmets are required.

● **Adult programs**

**Fit Park Exercises** | adults

Drop-in as we visit communities throughout Calgary. Practice and learn how to safely use park fitness equipment that will improve your strength, cardio, and overall well-being. Enjoy the outdoors while a certified trainer guides you with suggestions so you can get the most out of your workout.



**Stay n' Play** | children ages 3 - 5 years + adult

These, safe, supervised programs help children and adults make new friends and stay active through a play-based learning environment. Participants engage in games and activities that they can use on their path to healthy and active lifestyles. Children must be accompanied by an adult. Programs run Monday to Friday. Reserve your drop-in spot online 7 days in advance by visiting [calgary.ca/free](http://calgary.ca/free). Walk ups will also be accepted on a first come, first serve basis.

**Park n' Play** | children ages 6 - 12 years

These safe, supervised programs help children make new friends and learn. Games and activities are designed to encourage them on their path to healthy and active lifestyles. Programs run Monday to Friday. Reserve your drop-in spot online 7 days in advance by visiting [calgary.ca/free](http://calgary.ca/free). Walk ups will also be accepted on a first come, first serve basis.

Date/Days	Activity/Time	Location/Address
July 4 - 8 Mon. - Fri.	Stay n' Play - 10 a.m. - noon Park n' Play - 10 a.m. - 3:30 p.m.	<b>RENFREW</b> Colonel Macleod School 1610 6th Street N.E.
July 4 - 8 Mon. - Fri.	Stay n' Play - 10 a.m. - noon Park n' Play - 10 a.m. - 3:30 p.m.	<b>MARLBOROUGH PARK</b> Roland Michener School 5958 4th Ave. N.E.
July 4 - 8 Mon. - Fri.	Stay n' Play - 10 a.m. - noon Park n' Play - 10 a.m. - 3:30 p.m.	<b>NORTH HAVEN</b> North Haven School 4922 North Haven Dr. N.W.
July 4 - 8 Mon. - Fri.	Stay n' Play - 10 a.m. - noon Park n' Play - 10 a.m. - 3:30 p.m.	<b>RANCLANDS</b> Ranchlands School 610 Ranchlands Blvd. N.W.
July 4 - 8 Mon. - Fri.	Stay n' Play - 10 a.m. - noon Park n' Play - 10 a.m. - 3:30 p.m.	<b>LAKE BONA VISTA</b> Andrew Sibbald School 1711 Lake Bonavista Dr. S.E.

Date/Days	Activity/Time	Location/Address
July 4 - 8 Mon. - Fri.	Stay n' Play - 10 a.m. - noon Park n' Play - 10 a.m. - 3:30 p.m.	<b>AUBURN BAY</b> Auburn Bay School 7 Auburn Bay Ave. S.E.
July 4 - 8 Mon. - Fri.	Stay n' Play - 10 a.m. - noon Park n' Play - 10 a.m. - 3:30 p.m.	<b>SOMERSET</b> Somerset School 150 Somerset Manor S.W.
July 4 - 8 Mon. - Fri.	Stay n' Play - 10 a.m. - noon Park n' Play - 10 a.m. - 3:30 p.m.	<b>WEST SPRINGS</b> West Ridge School 8903 Wentworth Ave. S.W.
July 11 - 15 Mon. - Fri.	Stay n' Play - 10 a.m. - noon Park n' Play - 10 a.m. - 3:30 p.m.	<b>MARLBOROUGH</b> Marlborough School 4711 Maryvale Dr. N.E.
July 11 - 15 Mon. - Fri.	Stay n' Play - 10 a.m. - noon Park n' Play - 10 a.m. - 3:30 p.m.	<b>MARTINDALE</b> Crossing Park School 500 Martindale Blvd. N.E.
July 11 - 15 Mon. - Fri.	Stay n' Play - 10 a.m. - noon Park n' Play - 10 a.m. - 3:30 p.m.	<b>HIDDEN VALLEY</b> Hidden Valley School 10959 Hidden Valley Dr. N.W.
July 11 - 15 Mon. - Fri.	Stay n' Play - 10 a.m. - noon Park n' Play - 10 a.m. - 3:30 p.m.	<b>BRENTWOOD</b> Brentwood School 1231 Northmount Dr. N.W.
July 11 - 15 Mon. - Fri.	Stay n' Play - 10 a.m. - noon Park n' Play - 10 a.m. - 3:30 p.m.	<b>McKENZIE LAKE</b> Mountain Park School 312 Mt. Douglas Close S.E.
July 11 - 15 Mon. - Fri.	Stay n' Play - 10 a.m. - noon Park n' Play - 10 a.m. - 3:30 p.m.	<b>DEER RUN</b> Deer Run School 2127 146th Ave. S.E.
July 11 - 15 Mon. - Fri.	Stay n' Play - 10 a.m. - noon Park n' Play - 10 a.m. - 3:30 p.m.	<b>SHAWNESSY</b> Samuel W. Shaw School 115 Shannon Dr. S.W.
July 11 - 15 Mon. - Fri.	Stay n' Play - 10 a.m. - noon Park n' Play - 10 a.m. - 3:30 p.m.	<b>SIGNAL HILL</b> Battalion Park School 369 Sienna Park Dr. S.W.
July 18 - 22 Mon. - Fri.	Stay n' Play - 10 a.m. - noon Park n' Play - 10 a.m. - 3:30 p.m.	<b>TARADALE</b> Ted Harrison School 215 Taravista Way N.E.
July 18 - 22 Mon. - Fri.	Stay n' Play - 10 a.m. - noon Park n' Play - 10 a.m. - 3:30 p.m.	<b>THORNCLIFFE</b> Thorncliffe Greenview Community Association 5600 Centre Street N.
July 18 - 22 Mon. - Fri.	Stay n' Play - 10 a.m. - noon Park n' Play - 10 a.m. - 3:30 p.m.	<b>PANORAMA HILLS</b> Panorama Hills School 1057 Panorama Hills Dr. N.W.
July 18 - 22 Mon. - Fri.	Stay n' Play - 10 a.m. - noon Park n' Play - 10 a.m. - 3:30 p.m.	<b>DALHOUSIE</b> West Dalhousie School 6502 58th Street N.W.
July 18 - 22 Mon. - Fri.	Stay n' Play - 10 a.m. - noon Park n' Play - 10 a.m. - 3:30 p.m.	<b>FOREST LAWN</b> Ernest Morrow School 1212 47th Street S.E.

Date/Days	Activity/Time	Location/Address
July 18 – 22 Mon. – Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	<b>MCKENZIE TOWNE</b> McKenzie Towne School 679 Prestwick Circle S.E.
July 18 – 22 Mon. – Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	<b>GLENDALE</b> Glendale School 2415 Kelwood Dr. S.W.
July 18 – 22 Mon. – Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	<b>SILVERADO</b> Ron Southern School 483 Silverado Blvd. S.W.
July 25 – 29 Mon. – Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	<b>MONTEREY PARK</b> Monterey Park School 7400 California Blvd. N.E.
July 25 – 29 Mon. – Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	<b>FALCONRIDGE</b> Falconridge School 1331 Falconridge Dr. N.E.
July 25 – 29 Mon. – Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	<b>SILVER SPRINGS</b> Silver Springs School 7235 Silver Mead Rd. N.W.
July 25 – 29 Mon. – Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	<b>HUNTINGTON HILLS</b> Huntington Hills School 820 64th Ave. N.W.
July 25 – 29 Mon. – Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	<b>COPPERFIELD</b> Copperfield School 54 Copperstone Rd. S.E.
July 25 – 29 Mon. – Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	<b>OGDEN</b> Sherwood School 2011 66th Ave. S.E.
July 25 – 29 Mon. – Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	<b>BELTLINE</b> Connaught School 1121 12th Ave. S.W.
July 25 – 29 Mon. – Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	<b>KELVIN GROVE</b> Chinook Park School 1312 75th Ave. S.W.
August 2 – 5 Mon. – Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	<b>WHITEHORN</b> Colonel J. Fred Scott 171 Whitehorn Rd. N.E.
August 2 – 5 Mon. – Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	<b>ABBEYDALE</b> Abbeydale School 320 Abergale Dr. N.E.
August 2 – 5 Mon. – Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	<b>ARBOUR LAKE</b> Arbour Lake School 27 Arbour Crest Dr. N.W.
August 2 – 5 Mon. – Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	<b>SANDSTONE VALLEY</b> Simons Valley School 375 Sandarac Dr. N.W.
August 2 – 5 Mon. – Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	<b>DOUGLASDALE</b> Douglasdale School 400 Douglas Park Blvd. S.E.



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August 2 – 5 Mon. – Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	<b>QUEENSLAND</b> Haultain Memorial School 605 Queensland Dr. S.E.
August 2 – 5 Mon. – Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	<b>GLENBROOK</b> Glenbrook School 4725 33rd Ave. S.W.
August 2 – 5 Mon. – Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	<b>RICHMOND</b> Richmond School 2701 22nd Street S.W.
August 8 – 12 Mon. – Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	<b>RUNDLE</b> Cecil Swanson School 4820 Rundlewood Dr. N.E.
August 8 – 12 Mon. – Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	<b>TEMPLE</b> Annie Foote School 6320 Temple Dr. N.E.
August 8 – 12 Mon. – Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	<b>TUSCANY</b> Eric Harvie School 357 Tuscany Dr. N.W.
August 8 – 12 Mon. – Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	<b>CITADEL</b> Citadel Park School 808 Citadel Dr. N.W.
August 8 – 12 Mon. – Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	<b>CHAPARRAL</b> Chaparral School 480 Chaparral Dr. S.E.
August 8 – 12 Mon. – Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	<b>NEW BRIGHTON</b> New Brighton School 30 New Brighton Dr. S.E.
August 8 – 12 Mon. – Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	<b>EVERGREEN</b> Evergreen School 367 Everstone Dr. S.W.
August 8 – 12 Mon. – Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	<b>SPRINGBANK HILL</b> Griffith Woods School 7652 26th Ave. S.W.



### Mobile Adventure Playground | children + adult

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August 15 – 19 Mon. – Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	<b>SADDLE RIDGE</b> Saddle Ridge School 368 Saddlecrest Blvd. N.E.
August 15 – 19 Mon. – Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	<b>COVENTRY HILLS</b> Nose Creek School 135 Covepark Square N.E.
August 15 – 19 Mon. – Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	<b>EDGEMONT</b> Edgemont School 55 Edgevalley Circle N.W.
August 15 – 19 Mon. – Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	<b>EVANSTON</b> Kenneth D. Taylor School 30 Evanscove Circle N.W.
August 15 – 19 Mon. – Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	<b>RIVERBEND</b> Riverbend School 65 Rivervalley Dr. S.E.
August 15 – 19 Mon. – Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	<b>CRANSTON</b> Cranston School 205 Cranston Dr. S.E.
August 15 – 19 Mon. – Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	<b>BRIDLEWOOD</b> Bridlewood School 207 Bridleridge Way S.W.
August 15 – 19 Mon. – Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	<b>LAKEVIEW</b> Jennie Elliot School 3031 Lindsay Dr. S.W.

Date/Days	Activity/Time	Location/Address
July 4 – 8 Mon. – Fri.	Mobile Adventure Playground 10 a.m. – 3 p.m.	<b>CHARLESWOOD</b> West Confederation Park 2020 Chicoutimi Dr N.W.
July 11 – 15 Mon. – Fri.	Mobile Adventure Playground 10 a.m. – 3 p.m.	<b>SKYVIEW RANCH</b> Skyview Springs Playground Skyview Shores Cr. and Skyview Ranch Way N.E.
July 18 – 22 Mon. – Fri.	Mobile Adventure Playground 10 a.m. – 3 p.m.	<b>CRESTMONT</b> Crestmont West Park Crestbrook Link and Crestbrook Dr. S.W.
July 25 – 29 Mon. – Fri.	Mobile Adventure Playground 10 a.m. – 3 p.m.	<b>EVANSTON</b> Evanston Community Park Evanston Dr and Symons Valley Pkwy N.W.
August 2 – 5 Tues. – Fri.	Mobile Adventure Playground 10 a.m. – 3 p.m.	<b>MANCHESTER</b> Manchester Insect Playground 1a St SW and 57 Ave S.W.
August 8 – 12 Mon. – Fri.	Mobile Adventure Playground 10 a.m. – 3 p.m.	<b>FOREST LAWN</b> Forest Lawn Community Park 10 Ave and 43 St. S.E.
August 15 – 19 Mon. – Fri.	Mobile Adventure Playground 10 a.m. – 3 p.m.	<b>ROCKY RIDGE</b> Rocky Ridge Greenspace Rocky Ridge Blvd and Rockyvale Dr N.W.
August 22 – 26 Mon. – Fri.	Mobile Adventure Playground 10 a.m. – 3 p.m.	<b>MAYLAND HEIGHTS</b> Crossroads Community Association 1803 14 Ave N.E.

### Wetland Wonders | children 5 – 12 years + adult

Are you ready to learn all about the wonders of wetlands? Discover why these natural spaces are important and get an up-close view of the amazing critters that live below the surface. This drop-in program starts at 1:30 p.m. on Wednesdays at Ralph Klein Park. Children must be accompanied by an adult.

Date/Days	Activity/Time	Location/Address
July 6, 13, 20, 27 August 3, 10, 17, 24 Wednesdays	Wetland Wonders 1:30 p.m. – 3 p.m.	<b>SHEPARD</b> Ralph Klein Park 12350 84 St S.E.

### LEAD | youth 11 - 17 years

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Date/Days	Activity/Time	Location/Address
August 2 – 12 Mon. – Fri.	Youth Job Skillz 10 a.m. – 3 p.m.	<b>MCKENZIE TOWNE</b> McKenzie Towne Church 7 McKenzie Towne Gate S.E. <b>Barcode: 61183</b>
August 15 – 26 Mon. – Fri.	Youth Job Skillz 10 a.m. – 3 p.m.	<b>WILDWOOD</b> Wildwood Community Association 4411 Spruce Dr. S.W. <b>Barcode: 61181</b>
August 15 – 26 Mon. – Fri.	LEAD 10 a.m. – 3 p.m.	<b>SHAWNESSY</b> Samuel W. Shaw School 115 Shannon Dr. S.W. <b>Barcode: 61179</b>

### Nature LEAD | youth 11 - 17 years

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July 4 – 15 Mon. – Fri.	LEAD 10 a.m. – 3 p.m.	<b>MARLBOROUGH PARK</b> Marlborough Park Community Association 6021 Madigan Dr. N.E. <b>Barcode: 61176</b>
July 4 – 15 Mon. – Fri.	Youth Job Skillz 10 a.m. – 3 p.m.	<b>RANCLANDS</b> Ranchlands Community Association 7713 Ranchview Dr. N.W. <b>Barcode: 61184</b>
July 18 – 29 Mon. – Fri.	Youth Job Skillz 10 a.m. – 3 p.m.	<b>MARTINDALE</b> Genesis Centre 7555 Falconridge Boulevard N.E. <b>Barcode: 61182</b>
July 18 – 29 Mon. – Fri.	LEAD 10 a.m. – 3 p.m.	<b>CRANSTON</b> Dr. George Stanley School 585 Cranston Dr. S.E. <b>Barcode: 61177</b>
August 2 – 12 Mon. – Fri.	LEAD 2.0 10 a.m. – 3 p.m.	<b>SILVER SPRINGS</b> Silver Springs Community Association 5720 Silver Ridge Dr. N.W. <b>Barcode: 61180</b>

Date/Days	Activity/Time	Location/Address
July 5 – 8 Tues. – Fri.	Nature LEAD 9 a.m. – 3 p.m.	<b>INGLEWOOD</b> Inglewood Bird Sanctuary – Walker House 2425 9 Ave S.E. <b>Barcode: 60910</b>
July 26 – 29 Tues. – Fri.	Nature LEAD 9 a.m. – 3 p.m.	<b>INGLEWOOD</b> Inglewood Bird Sanctuary – Walker House 2425 9 Ave S.E. <b>Barcode: 60911</b>
August 9 – 12 Tues. – Fri.	Nature LEAD 9 a.m. – 3 p.m.	<b>SHEPARD</b> Ralph Klein Park 12350 84 St S.E. <b>Barcode: 60912</b>
August 23 – 26 Tues. – Fri.	Nature LEAD 9 a.m. – 3 p.m.	<b>SHEPARD</b> Ralph Klein Park 12350 84 St S.E. <b>Barcode: 60913</b>

### Unplug n' Play | family/all ages

These events bring fun and entertainment to the community! Bring your lawn chair and enjoy live entertainment and activity for an evening of fun with family, friends, and neighbours. Reserve your drop-in spot online 7 days in advance by visiting [calgary.ca/free](http://calgary.ca/free). Walk ups will also be accepted on a first come, first serve basis.

Date/Days	Activity/Time	Location/Address
July 5 Tuesday	Unplug n' Play 6 – 8 p.m.	<b>RANCLANDS</b> Ranchlands School 610 Ranchlands Boulevard N.W.
July 7 Thursday	Unplug n' Play 6 – 8 p.m.	<b>AUBURN BAY</b> Auburn Bay School 7 Auburn Bay Ave. S.E.
July 12 Tuesday	Unplug n' Play 6 – 8 p.m.	<b>SIGNAL HILL</b> Battalion Park School 369 Sienna Park Dr. S.W.
July 14 Thursday	Unplug n' Play 6 – 8 p.m.	<b>HIDDEN VALLEY</b> Hidden Valley School 10959 Hidden Valley Dr. N.W.
July 19 Tuesday	Unplug n' Play 6 – 8 p.m.	<b>DALHOUSIE</b> West Dalhousie School 6502 58th Street N.W.
July 21 Thursday	Unplug n' Play 6 – 8 p.m.	<b>MCKENZIE TOWNE</b> McKenzie Towne School 679 Prestwick Circle S.E.
July 26 Tuesday	Unplug n' Play 6 – 8 p.m.	<b>KELVIN GROVE</b> Chinook Park School 1312 75th Ave. S.W.
July 28 Thursday	Unplug n' Play 6 – 8 p.m.	<b>HUNTINGTON HILLS</b> Huntington Hills School 820 64th Ave. N.W.
August 2 Tuesday	Unplug n' Play 6 – 8 p.m.	<b>SANDSTONE</b> Simons Valley School 375 Sandarac Dr. N.W.
August 4 Thursday	Unplug n' Play 6 – 8 p.m.	<b>GLENBROOK</b> Glenbrook School 4725 33rd Ave. S.W.
August 9 Tuesday	Unplug n' Play 6 – 8 p.m.	<b>NEW BRIGHTON</b> New Brighton School 30 New Brighton Dr. S.E.
August 11 Thursday	Unplug n' Play 6 – 8 p.m.	<b>TEMPLE</b> Annie Foote School 6320 Temple Dr. N.E.
August 16 Tuesday	Unplug n' Play 6 – 8 p.m.	<b>EVANSTON</b> Kenneth D. Taylor School 30 Evanscove Circle N.W.
August 18 Thursday	Unplug n' Play 6 – 8 p.m.	<b>CRANSTON</b> Cranston School 205 Cranston Dr. S.E.



### Mobile Skate & Scoot Spot | family/all ages

Check out these free drop-in wheeled sport opportunities. Fun for both beginners and skilled in-line skaters, skateboarders, and scooter users of all ages. Skate and scoot monitors are on site during the indicated hours and can provide tips and tricks. Helmets are required.

Date/Days	Activity/Time	Location/Address
July 7 – 19 Sun. – Sat.	Mobile Skate and Scoot Spot 11 a.m. – 7 p.m.	<b>HIDDEN VALLEY</b> Hidden Valley Community Association 10504 Hidden Valley Dr. N.W. (outdoor rink)
July 21 – August 2 Sun. – Sat.	Mobile Skate and Scoot Spot 11 a.m. – 7 p.m.	<b>HAWKWOOD</b> Hawkwood Community Association 85 Hawkhill Rd. N.W. (outdoor rink)
August 4 – 16 Sun. – Sat.	Mobile Skate and Scoot Spot Noon – 8 p.m.	<b>WEST SPRINGS/COUGAR RIDGE</b> West Springs/Cougar Ridge Community Association 8903 Wentworth Ave. S.W. (parking lot)
August 18 – 30 Sun. – Sat.	Mobile Skate and Scoot Spot Noon – 8 p.m.	<b>TEMPLE</b> Temple Community Association 167 Templegreen Rd. N.E. (outdoor rink)





**Fit Park Exercises** | adults

Drop-in as we visit communities throughout Calgary. Practice and learn how to safely use park fitness equipment that will improve your strength, cardio, and overall well-being. Enjoy the outdoors while a certified trainer guides you with suggestions so you can get the most out of your workout.

Date/Days	Activity/Time	Location/Address
June 6 Monday	Fit Park Exercises 1 – 4 p.m.	<b>NORTH GLENMORE PARK</b> North Glenmore Park Community Association 2231 Longridge Dr. S.W. (South of Playground equipment)
June 8 Wednesday	Fit Park Exercises 10 a.m. – 1 p.m.	<b>NORTH GLENMORE PARK</b> North Glenmore Park Community Association 2231 Longridge Dr. S.W. (South of Playground equipment)
June 10 Friday	Fit Park Exercises 2 – 5 p.m.	<b>NORTH GLENMORE PARK</b> North Glenmore Park Community Association 2231 Longridge Dr. S.W. (South of Playground equipment)
June 12 Sunday	Fit Park Exercises 10 a.m. – 1 p.m.	<b>NORTH GLENMORE PARK</b> North Glenmore Park Community Association 2231 Longridge Dr. S.W. (South of Playground equipment)
June 15 Wednesday	Fit Park Exercises 3 – 6 p.m.	<b>BRIDGELAND RIVERSIDE</b> Mobile Fitness Park 1018 McDougall Rd N.E.
June 17 Friday	Fit Park Exercises 1 – 4 p.m.	<b>BRIDGELAND RIVERSIDE</b> Mobile Fitness Park 1018 McDougall Rd N.E.
June 19 Sunday	Fit Park Exercises 10 a.m. – 1 p.m.	<b>BRIDGELAND RIVERSIDE</b> Mobile Fitness Park 1018 McDougall Rd N.E.

Date/Days	Activity/Time	Location/Address
June 21 Tuesday	Fit Park Exercises 4 p.m. – 7 p.m.	<b>BRIDGELAND RIVERSIDE</b> Mobile Fitness Park 1018 McDougall Rd N.E.
June 23 Thursday	Fit Park Exercises 10 a.m. – 1 p.m.	<b>BRIDGELAND RIVERSIDE</b> Mobile Fitness Park 1018 McDougall Rd N.E.
June 25 Saturday	Fit Park Exercises 10 a.m. – 1 p.m.	<b>BRIDGELAND RIVERSIDE</b> Mobile Fitness Park 1018 McDougall Rd N.E.
July 2 Saturday	Fit Park Exercises 9 a.m. – noon	<b>TARADALE</b> Taralake Park 652R Taralake Way N.E.
July 4 Monday	Fit Park Exercises 2 p.m. – 5 p.m.	<b>TARADALE</b> Taralake Park 652R Taralake Way N.E.
July 5 Tuesday	Fit Park Exercises 5 p.m. – 8 p.m.	<b>TARADALE</b> Taralake Park 652R Taralake Way N.E.
July 8 Friday	Fit Park Exercises 10 a.m. – 1 p.m.	<b>TARADALE</b> Taralake Park 652R Taralake Way N.E.
July 10 Sunday	Fit Park Exercises 5 p.m. – 7 p.m.	<b>TARADALE</b> Taralake Park 652R Taralake Way N.E.
July 13 Wednesday	Fit Park Exercises 10 a.m. – 1 p.m.	<b>TARADALE</b> Taralake Park 652R Taralake Way N.E.
July 14 Thursday	Fit Park Exercises 5 p.m. – 8 p.m.	<b>PARKLAND</b> Parkland Community Association Mobile Fitness Park 920 Parkvalley Way S.E.
July 17 Sunday	Fit Park Exercises 1 p.m. – 4 p.m.	<b>PARKLAND</b> Parkland Community Association Mobile Fitness Park 920 Parkvalley Way S.E.
July 20 Wednesday	Fit Park Exercises 2 p.m. – 5 p.m.	<b>PARKLAND</b> Parkland Community Association Mobile Fitness Park 920 Parkvalley Way S.E.
July 22 Friday	Fit Park Exercises 10 a.m. – 1 p.m.	<b>PARKLAND</b> Parkland Community Association Mobile Fitness Park 920 Parkvalley Way S.E.
July 23 Saturday	Fit Park Exercises 9 a.m. – noon	<b>PARKLAND</b> Parkland Community Association Mobile Fitness Park 920 Parkvalley Way S.E.
July 25 Monday	Fit Park Exercises 10 a.m. – 1 p.m.	<b>PARKLAND</b> Parkland Community Association Mobile Fitness Park 920 Parkvalley Way S.E.



Date/Days	Activity/Time	Location/Address
July 29 Friday	Fit Park Exercises 10 a.m. – 1 p.m.	<b>HOUNSFIELD HEIGHTS/ BRIAR HILL</b> <b>North of the Louise Riley Library</b> 1928 14 Ave N.W.
August 2 Tuesday	Fit Park Exercises 2 p.m. – 5 p.m.	<b>HOUNSFIELD HEIGHTS/ BRIAR HILL</b> <b>North of the Louise Riley Library</b> 1928 14 Ave N.W.
August 4 Thursday	Fit Park Exercises 5 p.m. – 8 p.m.	<b>HOUNSFIELD HEIGHTS/ BRIAR HILL</b> <b>North of the Louise Riley Library</b> 1928 14 Ave N.W.
August 6 Saturday	Fit Park Exercises 9 a.m. – noon	<b>HOUNSFIELD HEIGHTS/ BRIAR HILL</b> <b>North of the Louise Riley Library</b> 1928 14 Ave N.W.
August 7 Sunday	Fit Park Exercises 10 a.m. – 1 p.m.	<b>HOUNSFIELD HEIGHTS/ BRIAR HILL</b> <b>North of the Louise Riley Library</b> 1928 14 Ave N.W.
August 9 Tuesday	Fit Park Exercises 5 p.m. – 8 p.m.	<b>HOUNSFIELD HEIGHTS/ BRIAR HILL</b> <b>North of the Louise Riley Library</b> 1928 14 Ave N.W.
August 11 Thursday	Fit Park Exercises 2 p.m. – 5 p.m.	<b>ASPEN</b> <b>Mobile Fitness Park</b> Aspenshire Crescent and Aspen Stone Way S.W.
August 13 Saturday	Fit Park Exercises 10 a.m. – 1 p.m.	<b>ASPEN</b> <b>Mobile Fitness Park</b> Aspenshire Crescent and Aspen Stone Way S.W.
August 16 Tuesday	Fit Park Exercises 5 p.m. – 8 p.m.	<b>ASPEN</b> <b>Mobile Fitness Park</b> Aspenshire Crescent and Aspen Stone Way S.W.

Date/Days	Activity/Time	Location/Address
August 18 Thursday	Fit Park Exercises 10 a.m. – 1 p.m.	<b>ASPEN</b> <b>Mobile Fitness Park</b> Aspenshire Crescent and Aspen Stone Way S.W.
August 22 Monday	Fit Park Exercises 5 p.m. – 8 p.m.	<b>ASPEN</b> <b>Mobile Fitness Park</b> Aspenshire Crescent and Aspen Stone Way S.W.
August 24 Wednesday	Fit Park Exercises 9 a.m. – noon	<b>ASPEN</b> <b>Mobile Fitness Park</b> Aspenshire Crescent and Aspen Stone Way S.W.
August 25 Thursday	Fit Park Exercises 2 p.m. – 5 p.m.	<b>QUARRY PARK</b> 138 Quarry Dr. S.E.
August 27 Saturday	Fit Park Exercises 10 a.m. – 1 p.m.	<b>QUARRY PARK</b> 138 Quarry Dr. S.E.
August 29 Monday	Fit Park Exercises 3 p.m. – 6 p.m.	<b>QUARRY PARK</b> 138 Quarry Dr. S.E.
August 31 Wednesday	Fit Park Exercises 1 p.m. – 4 p.m.	<b>QUARRY PARK</b> 138 Quarry Dr. S.E.
September 2 Friday	Fit Park Exercises 10 a.m. – 1 p.m.	<b>QUARRY PARK</b> 138 Quarry Dr. S.E.
September 6 Tuesday	Fit Park Exercises 4 p.m. – 7 p.m.	<b>QUARRY PARK</b> 138 Quarry Dr. S.E.



# 2022

**FREE** community outdoor  
summer programs

This year, you must **pre-register** for many of our programs. This helps us manage the number of participants and provide appropriate levels of supervision. Please **stay home** if you or your child is feeling unwell.

**Please note**, all programs are subject to rescheduling or cancellation based on changes to Provincial public health orders and restrictions.

To find more info and to reserve your spot visit [calgary.ca/free](https://calgary.ca/free).