

Bucket Brigade – Summer Camp 2023 Information



The **Fire Cadet Bucket Brigade Camp** is a great way for youth to experience a week in the life of a firefighter. Each day, participants learn and experience a variety of firefighter skills. Along with the experience and adrenaline rush, students will walk away with valuable certifications in CPR and Fire Extinguishers. They will also get to cut open cars with the Jaws of Life, learn about fire safety, hook up to hydrants, spray fire hoses, use breathing apparatus to search a smoke-filled building, and so much more!

This four-day long day-camp offers an action packed, high adrenaline experience of a lifetime that will have your friends begging to ask, *"So what did you do this summer?"*

Ages:

14-18 years old (for the first day of camp)

Camp Dates:

August 15-18, Tues – Friday 8:30am-4:30pm

August 21-24, Mon – Thursday 8:30am -4:30pm



Location: Calgary Fire Department – Fire Training Academy, 5727-23 Avenue SE, Calgary

Cost: The cost of each week is **\$375**

Please have registration submitted to the Fire Cadet Office no later than July 21, 2023.

Cancellations & Refunds

- Cancellations made less than fourteen days before the program start date will incur a 25% cancellation charge based on the full program fee.
- Cancellations for medical reasons made after the camp starts, with a note from a medical doctor, will receive a pro-rated refund from the cancellation date.
- Cancellations made after the camp starts, without a note from a medical doctor, will not receive a refund.

Information and additional copies of forms can be downloaded from [Calgary Fire Bucket Brigade Summer Camps](https://www.calgary.ca/bucketbrigade) or by calling the Fire Cadet office.





Bucket Brigade – Summer Camp 2023 Information Registration Form



Form 1

Personal Information Section			
FIRST NAME		LAST NAME	
ADDRESS	POSTAL CODE	AGE	BIRTHDAY MM/DD/YYYY
CITY	E-MAIL ADDRESS		
HOME PHONE NUMBER	CELL PHONE NUMBER		
DATE	STUDENT'S SIGNATURE		
NAME OF PARENT/GUARDIAN	PARENT/GUARDIAN'S SIGNATURE		
SCHOOL	GRADE (2023-2024)	T-SHIRT SIZE (XS, S, M, L, XL)	
WHERE DID YOU HEAR ABOUT THE BUCKET BRIGADE CAMPS?			

Camp Preference	Aug 15 - 18	August 21-24
Please select the camp that you wish to register for. If your selected week is full, you will be contacted to see if you wish to register for an alternate week.		
Please note: Each camp has a limited number of spaces available (20 participants). Spaces are filled in the order that completed applications are received. You will be contacted as soon as possible to confirm placement.		

Make sure to include all of the following in your application package:	
1 – Registration Form (this sheet)	
2 – Medical Clearance Form	
3 – Physical Activity Readiness Questionnaire (PAR-Q)	
4 – Media and Transportation Consent	
5 – Participant Risk Acknowledgement	
6 – Medical Release	

Additional copies of forms can be downloaded from www.calgary.ca/bucketbrigade

Submit your completed package, by mail or in person, to:

Fire Cadet Office
5727 – 23 Avenue SE
Calgary, Alberta T2B 3E2



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5727 – 23 Ave SE Calgary, AB T2B 3E2

Visit Us at: www.calgary.ca/bucketbrigade



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Medical Clearance Information

Form 2
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INTRODUCTION:

The Bucket Brigade camp involves activity which can be physically demanding and stressful. To minimize the health risk, participants and their parent(s)/legal guardian(s) are required to become informed of the nature of the work, and if needed, consult with a doctor to obtain an opinion on the youth's ability to participate in the program.

This form, along with the PAR-Q form will help you to consider if the participant is healthy enough to take part in the program and its activities.

FIRE RESCUE PRACTICAL CURRICULUM:

There is an element of risk or injury that is inherent in the Bucket Brigade - Fire Cadet curriculum. Participants will be put into highly hostile training environments and will participate in physically demanding training activities. Participants will spend eight hours a day for one week, participating in a combination of classroom and practical skills in various Firefighter related areas which may include, but is not limited to:

- Fire safety
- Medical and CPR training
- Ladders
- Fire extinguishers
- Vehicle extrication
- Ropes and knots
- Rope rescue
- Confined space rescue
- Hose evolutions
- Ventilation
- Salvage and overhaul
- Sprinkler systems
- Self-contained breathing apparatus
- Search and rescue
- Simulated fire scenarios
- Aquatic Rescue
- Tools and Equipment

Examples of tasks in which participants may be required to complete:

- Carrying equipment up and down stairs in a building and/or around training grounds,
- Advancing charged hose lines,
- Working overhead with a pike pole or equipment,
- Raising and climbing ladders,
- Tying ropes and rappelling from heights
- Performing First Aid and CPR in simulated situations
- Crawling through and searching buildings for simulated victims
- Using fire extinguishers
- Lifting or dragging victims or dummies in a mock rescue,
- Raising and lowering equipment or victims from building windows via ropes,
- Swinging, prying, and striking, using various tools
- Vehicle extrication using hand powered, gas powered, and heavy hydraulic tools.



ATCO Bucket Brigade – Summer Camp 2023

Medical Clearance Information



Form 2
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SUMMARY OF STRESSES:

**Information in this analysis is taken and modified from the Job Demands Analysis for a Firefighter – Hydrant Man, with The City of Calgary Fire Department.*

This summary has been based on stresses that may be encountered by a firefighter. Participants may encounter similar stresses, however to a lesser degree. All activities done by Bucket Brigade campers take place in a supervised and controlled environment. Tasks are broken down into manageable segments to avoid overloading the body. All tasks performed are voluntary and can be stopped if the camper wishes. All scenarios are done in a training atmosphere; therefore, activities can be stopped at any time if there appears to be any risk of injury or danger.

During practical activities, campers are required to wear full “turn-out gear” which consists of firefighting pants and boots (approx. 6 kgs [13 lbs.]), and a firefighting duty coat and fire helmet (approx. 4 kgs [9 lbs.]). When the campers are exposed to hostile environments, they are required to put on a face piece and self-contained breathing apparatus [SCBA] – (approx. 12 kgs [27 lbs.]).

In full turnout gear, the participant will be carrying an extra 22 kilograms (49 pounds) of weight (approximately) on their body. This weight is inactive baggage that serves to overload the already highly taxed structural and metabolic facilities of the human body. The equipment also presents difficulties with ease of movement and visibility.

The following is a list of factors that will increase the difficulty of the physical demands that are required during tasks:

- Turn-out gear and SCBA equipment restricts movement, adds weight to the individual and requires an increased respiratory effort while wearing the SCBA.
- Equipment used is often heavy and is frequently used in awkward positions.
- Environmental conditions (heat, cold, snow, wind, ice, rain, etc) can add difficulty to the tasks, which can cause large fluctuations in body temperature.
- Darkness and smoke in a fire scenario decrease visibility, increasing the difficulty of the tasks.

If you have any questions or concerns pertaining to your child's ability to participate in this program, please consult with our staff in the Fire Cadet Office, who can refer you to the occupational medical staff at the Fire Department Wellness Centre.

I have read, understand, and am willing and able to complete the tasks involved in the Bucket Brigade Camp as described above.

Dated at Calgary, Alberta this ____ day of _____, 20____.
(Day) (Month) (Year)

(Print participant's full name)

(Signature of participant)

(Name of guardian)

(Signature of guardian)

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Media & Transportation Consent



Form 4

From time to time, we receive requests from newspaper and television reporters to visit our program and report on an aspect of the curriculum. Reporters may want to take general classroom photographs or film activities to accompany their stories.

Requests of this nature are given careful consideration by the staff, and approval may only be granted by the Fire Chief or his designate. While we attempt to co-operate with the media when possible and encourage public celebration of our achievements, we recognize there are instances where publicity of this nature is not welcomed by individuals.

From time to time, we also update our web page and may wish to include individual or group photos and video. During the program, we also take photographs and/or video so that we can share them with the participants after the program ends.

Therefore, parents/guardians are asked to consider whether they approve or disapprove of their child/ward possibly appearing in a newspaper or being televised while involved in the cadet activities, being part of the cadet web page or other promotional material or having photos and/or video shared with other participants.

I hereby authorize and give full permission to the City of Calgary, including its directors, officers, agents, employees, successors and assigns to use images of myself or my child/ward recorded during Fire Cadet activities. I release full rights of these images and consent to the use of such material or its reproduction in any manner and by and medium which the City of Calgary may deem appropriate.

Dated at Calgary, Alberta this ____ day of _____, 20____.
(Day) (Month) (Year)

(Print participant's full name)

(Signature of participant)

(Name of guardian)

(Signature of guardian)

On occasion, Bucket Brigade training sessions may occur away from the Fire Training Academy and will require the participants to be transported to other locations. Some examples may be, but are not limited to;

- Transportation to a City pool for Aquatic Rescue training
- Transportation to other buildings for tours of Fire Stations, Dispatch Centre, Firefighters Museum, etc.
- Transportation to other training locations throughout the city

The transportation of all participants will be conducted in a safe manner abiding by the Alberta Highway Traffic Act and the Motor Transport Act. Even when parental consent is given, the decision not to be transported will be at the participant's sole discretion.

I, hereby allow my son/daughter/ward to be transported for the purposes of the Fire Cadet Program by staff of The City of Calgary.

Dated at Calgary, Alberta this ____ day of _____, 20____.
(Day) (Month) (Year)

(Print participant's full name)

(Signature of participant)

(Name of guardian)

(Signature of guardian)

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Participant Risk Acknowledgement, Release, Waiver of Claim and Assumption of Risk for Programs With An Element of High Risk Form 5

In consideration of my (child's) participation in **The Bucket Brigade Camp** (The Program), I agree and acknowledge that:

1. I have (my child has) met all of the prerequisites required for participation in The Program.
2. I (my child) will abide by the rules and regulations imposed on participants in The Program.
3. I freely and voluntarily acknowledge and assume any and all risks and hazards inherent in The Program (including personal injury or property loss), and accordingly my participation in The Program is entirely at my own risk.
4. I waive any claim I may have against The City arising from my participation in The Program and I will indemnify and save harmless The City, its employees, and agents for any claim, except negligence on the part of The City, its employees, and agents.
5. I agree that by signing this Risk Acknowledgement, Release, Waiver of Claim and Assumption of Risk as a parent or guardian of a participant who is under the age of 18 years, I acknowledge that there are risks and hazards inherent in The Program to which I am willing to expose my child or charge and I will pay for any costs incurred by The City, its employees or agents should a suit be launched on my child's or charge's behalf, except in the case of negligence on the part of the City, its employees or agents.
6. The City may secure such medical advice and services as it, in its sole discretion, may deem necessary for my (my child's) health and safety and I shall be financially responsible for such advice and services.
7. I have **CAREFULLY READ** the Participant Risk Acknowledgement, Release, Waiver of Claim and Assumption of Risk and fully understand it and am freely signing it.

Dated at Calgary, Alberta this ____ day of _____, 20____.
(Day) (Month) (Year)

(Print participant's full name)

(Signature of participant)

(Name of guardian)

(Guardian's signature)

(Name of Witness)

(Witness signature)

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Medical Release Form



Form 6

I (we), the undersigned, parent(s) or legal guardian of (Camper's Name in Full) _____, a minor, do hereby authorize the Calgary Fire Department and assigned personnel to provide the following medical information to emergency healthcare providers if so required.

Camper's Name in Full _____

Address _____ City _____

Postal Code _____ Home phone _____

Birth Date _____ Alberta Health Care # _____

Name of Parent/Guardian _____

Signature of Parent/Guardian _____

Date _____ Relation to Camper _____

Please complete the following in full:

1. List any allergies to food or medications that the youth have: _____

2. Is the youth taking any medication regularly? Yes No

If yes, please list: _____

3. List any special medical conditions or concerns to be aware of: _____

4. Name of Family Doctor / Physician: _____

5. Clinic Address: _____ Phone #: _____

6. Emergency contacts:

#1. Name: _____ Phone #: _____

Relationship to Camper: _____

#2. Name: _____ Phone #: _____

Relationship to Camper: _____

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