

Confederation Park
Nordic

2020 – 2021
Nordic Ski Trails



Confederation Park Nordic

Parking Lot Set-up
2020-2021

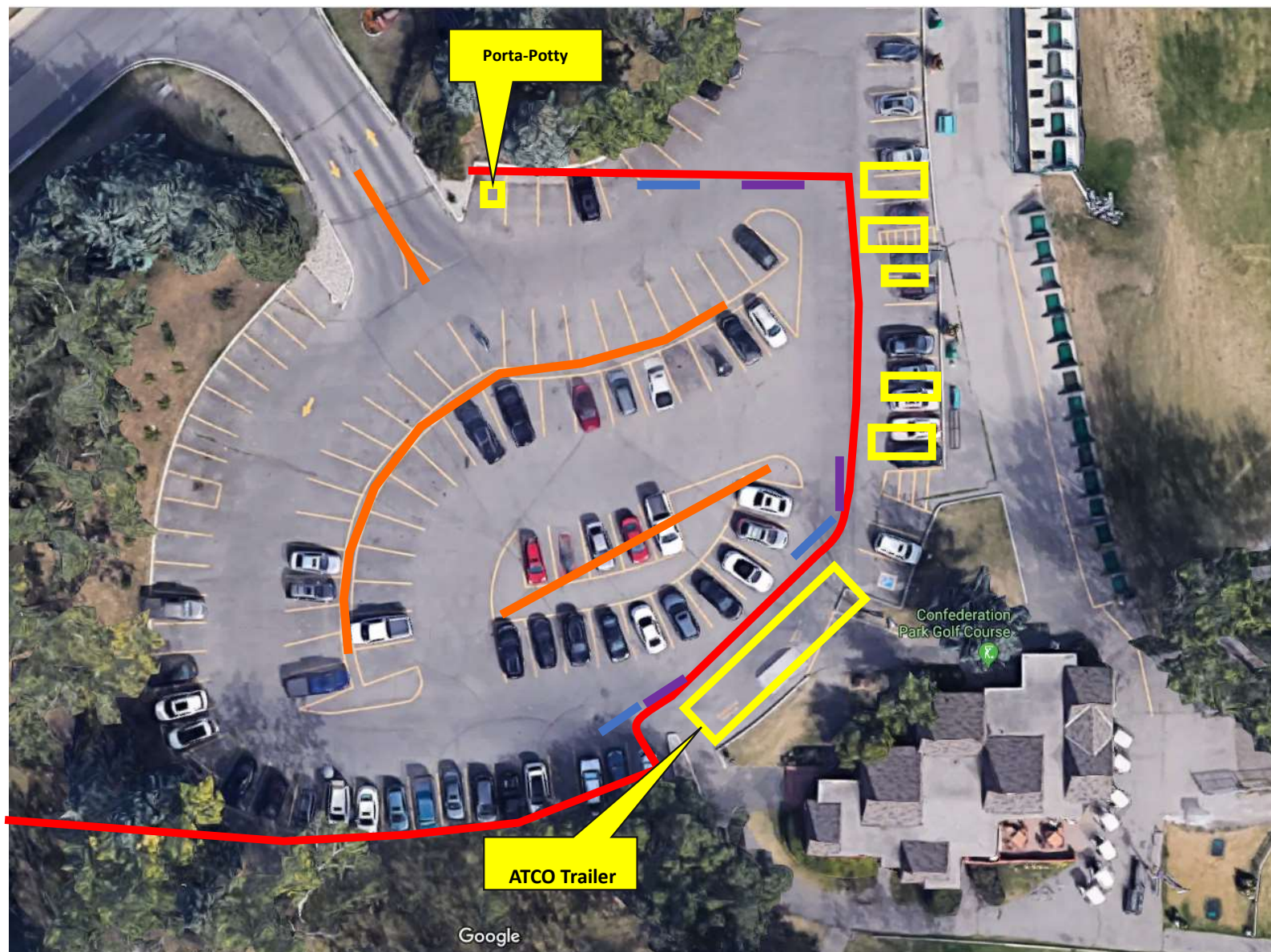
Entrance

Exit

Perimeter Fence

Parking Delineation

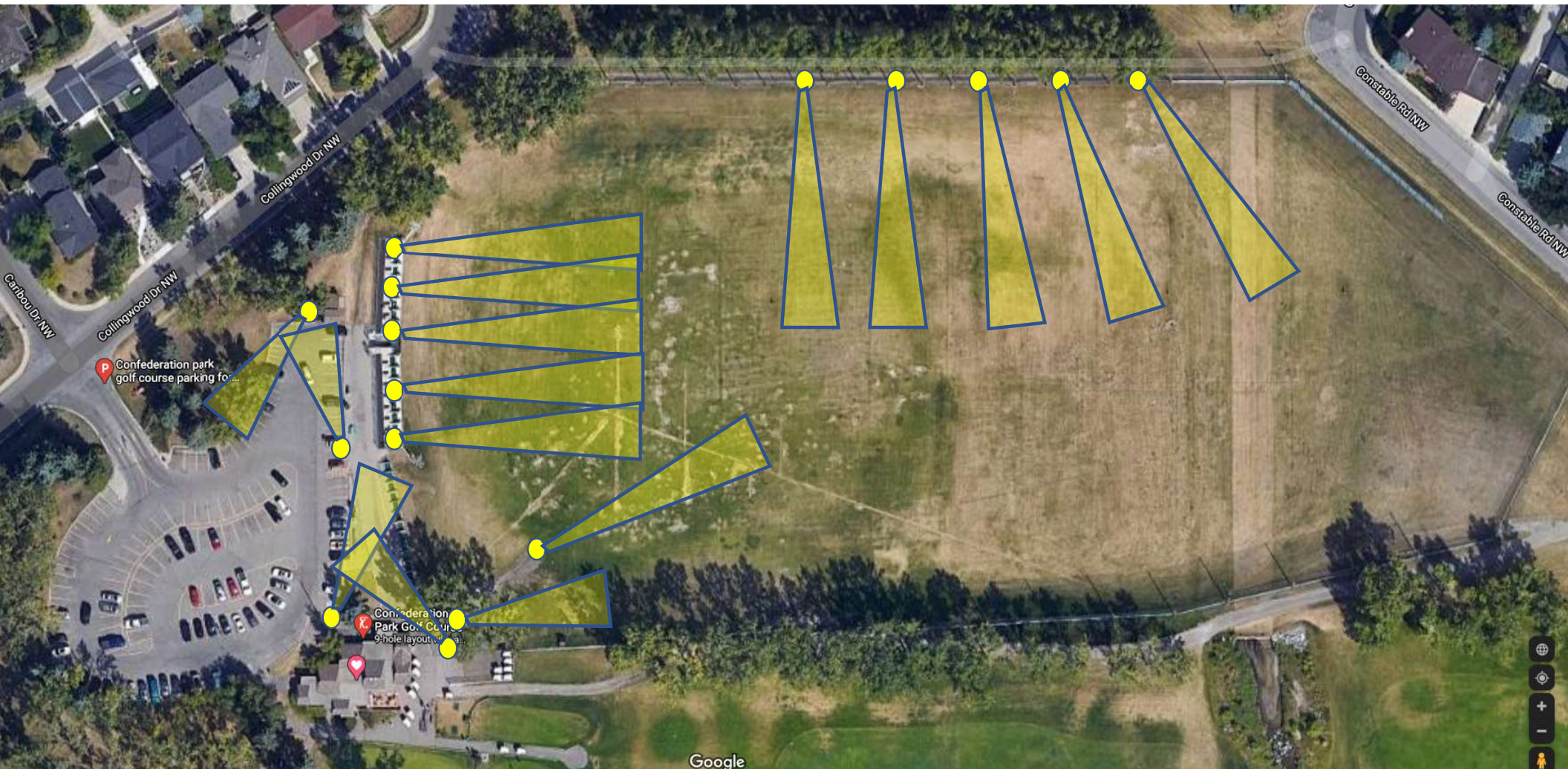
Trailers



Confederation Park
Nordic

Lighting Plan
2020-2021

Notes: Plan to add 5 new lights along the north side of the driving range that will be powered by generator. Total lights = 16



Confederation Park Nordic Covid-19 Plan

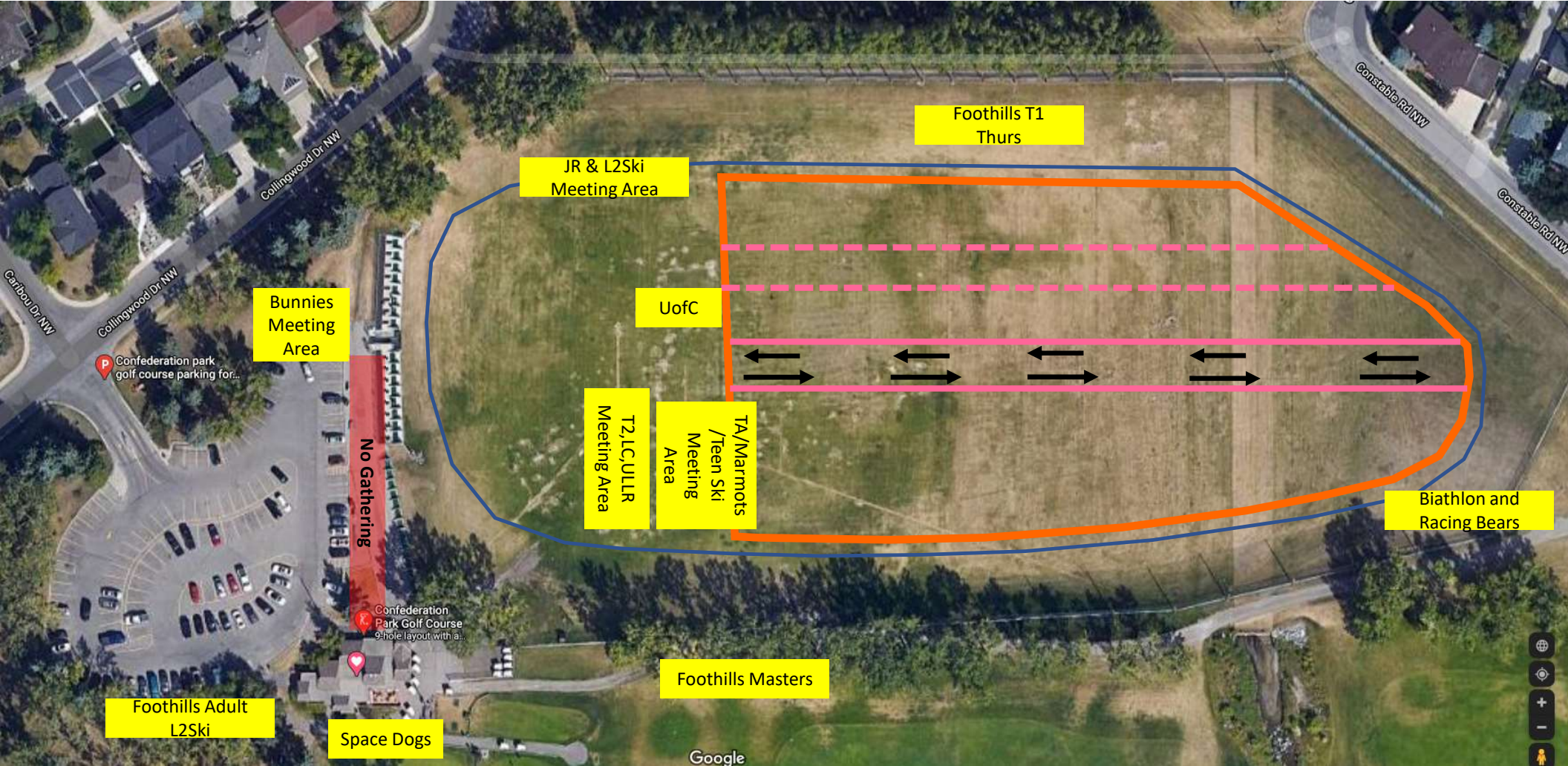
- Signs will be posted at entrances to the ski areas asking that if they are not feeling well to stay home and reminders on physical distancing (see posters on next slide)
- Extra entrances will be created at the main parking lot with one way directions to promote/enable physical distancing. Signage will be posted noting entrances and exits. See parking lot map for details.
- Foothills will work with other ski groups to establish meeting places for clubs/cohorts to minimize crowding at the main entrance. Main entrance will be a “No Gathering” area and will establish a get in/get out policy. Signage will be posted to this effect.
- Volunteers will be screened using Alberta Health Daily Screening Checklist.
- Practices held by ski clubs will follow return to play guidelines set out by Alberta Health and Nordiq Alberta.
- All equipment used by volunteers will be sanitized after each use. This includes:
 - Shovels, rakes, etc
 - High touch surfaces inside the groomer (Can-am Defender) will be wiped down with disinfectant wipes after each use.
- Warming trailer will be only be used during the evenings for programs and will only be used for warming purposes if a child is cold and needs to warm-up. There will be a maximum occupancy (notionally 10) for the trailer based on physical distancing requirements and masks will be required. The trailer will be cleaned every day that it is in use.
- Outhouse will be cleaned daily

Confederation Park User Groups

	Monday	Tuesday	Wednesday	Thursday
4:30 to 5:30pm		Foothills Bunnies 1,2	Foothills Bunnies 1,2	Foothills Bunnies 1,2
4:30 to 6pm	Foothills Para Nordic	Foothills JR1,2,3,4,JR+	Foothills JR1,2,3,Learn 2 Ski	Foothills JR1,2,JR+
		Biathlon Bears		Biathlon Bears
		Foothills Adult L2Ski		
6:15 TO 7:15pm		Foothills Bunnies 1,2	Foothills Bunnies 1,2	Foothills Bunnies 1,2
6:15 to 8pm		Foothills JR1,2,3,JR+	Foothills JR1,2,3,4, Learn 2 Ski	Foothills JR1,2,JR+
		Foothills TA		Foothills TA
	Foothills Biathlon Bears	Foothills Biathlon Bears		Foothills Biathlon Bears
		Foothills Racing Bears	Foothills Racing Bears	Foothills Racing Bears
	Foothills T1			Foothills T1
	Space Dogs			Space Dogs
		Foothills Adult L2Ski		Foothills Adult L2Ski
	UofC			UofC
		Foothills Masters		
			Foothills Marmots & Teen Ski	
			Foothills T2,LC,ULLR	
		Altius (some Tues)		Altius (some Thurs)

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Weeknight Meeting Area Plan 2020-2021



Confederation Park Covid-19 Protocols

- The entrance area in the main parking lot at the top of the Driving Range is a **No Gathering** area and will be a “Get in – Get out” policy.
- Group members are to enter in through one of the 2 entrances, put skis on and ski to groups designated meeting area. Same policy when leaving; ski to top, remove skis and go to vehicle.
- Bunnies use entrance by Altagas trailer and exit via the gate by the ski area
- Large warming trailer will have max capacity of 10 and should be used for youth who are cold and need to warm up only if necessary. Parents who are waiting can use but prefer they wait in their car and priority will be given to athletes. Masks are mandatory in the trailer.
- Groups are to follow their own Covid-19 procedures set out by their club/Nordic Alberta in terms of screening, etc.
- Tracked Grid on Driving range will have one way for 3 lanes heading east and one way for 3 lanes heading west

Confederation Park Nordic Covid-19 Plan

COVID-19

Have you travelled outside Canada within the last 14 days?
Or been in close contact with a confirmed or probable case of COVID-19?

OR

Do you have a fever, or cough, runny nose, sore throat or shortness of breath?

If yes, **STOP**.



Help prevent any potential spread of COVID-19 and other illnesses.

Please do not visit today if you are unwell.

Original date: MARCH-2020

For more information, visit: www.ahs.ca/covid



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Face covering REQUIRED

All persons must wear a face covering in indoor public premises and in public vehicles.

The City of Calgary Bylaw 26M2020



Exceptions include children under two years of age, or persons with an underlying medical condition or disability which inhibits their ability to wear a face covering.

Visit calgary.ca/covid19 for more information.

COVID-19 INFORMATION

COVID-19 ALBERTA HEALTH DAILY CHECKLIST

Overview

This tool has been developed to support activity organizers, employers, businesses and facility operators in reducing the risk of transmission of COVID-19 among attendees/staff. The tool is meant to be used to assist with assessing attendees who may be symptomatic, or who may have been exposed to someone who is ill or has confirmed COVID-19.

Attendees should fill out this checklist prior to participating in the activity or program. If an individual answers YES to any of the questions, they must not be allowed to attend or participate in the activity or program. Children and youth will need a parent to assist them to complete this screening tool.

As the COVID-19 pandemic continues to evolve, this screening tool will be updated as required.

Screening Questions

1.	Does the attendee have any new onset (or worsening) of any of the following symptoms:	CIRCLE ONE
	• Fever	YES NO
	• Cough	YES NO
	• Shortness of Breath / Difficulty Breathing	YES NO
	• Sore throat	YES NO
	• Chills	YES NO
	• Painful swallowing	YES NO
	• Runny Nose / Nasal Congestion	YES NO
	• Feeling unwell / Fatigued	YES NO
	• Nausea / Vomiting / Diarrhea	YES NO
	• Unexplained loss of appetite	YES NO
	• Loss of sense of taste or smell	YES NO
	• Muscle/joint aches	YES NO
	• Headache	YES NO
	• Conjunctivitis (commonly known as pink eye)	YES NO
2.	Has the attendee travelled outside of Canada in the last 14 days?	YES NO
3.	Has the attendee had close contact* with a confirmed case of COVID-19 in the last 14 days?	YES NO
4.	Has the attendee had close contact with a symptomatic** close contact of a confirmed case of COVID-19 in the last 14 days?	YES NO

* Face-to-face contact within 2 metres. A health care worker in a occupational setting wearing the recommended personal protection equipment is not considered to be a close contact.

** Symptomatic means someone with COVID-19 symptoms on the list above.

alberta.ca/BizConnect
Email: business@alberta.ca

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Alberta

Physical distancing

You should maintain at least **2 metres** between yourself and anyone else.

This is about the length of the average bicycle, tire to tire.

