## *RECOGNITION… VALIDATION… REASSURANCE…*
## *ART + MENTAL WELLNESS*

## COMMUNITY WORKSHOPS

| DATE & VENUE OF WORKSHOP | REGISTERED PARTICIPANTS | PARTICIPANTS ATTENDING |
|---|---|---|
| **Pilot Workshops** | | |
| April 5, 2017 (ACAD IKG) | 14 | 14 |
| April 7, (U of C Student Club for Mental Health Awareness) | 60* | 9 |
| April 19, (ACAD IKG) | 12 | 11 |
| **Pilot Workshops TOTAL** | **96** | **34** |
| * This event was a symposium with multiple workshop stations: nine students participated in the RVR activities | | |
| **Research Workshops** | | |
| Oct 10, UofC U Flourish week & Campus Mental Health Strategy | 8 | 2 |
| Nov 9, UofC Nickle Galleries | 19 | 4 |
| Nov 16, Arts Commons & SPARK Disability Arts Fest | 18 | 3 |
| Nov 22, Fresh Start Recovery Centre | 20 | 18 |
| Nov 23, Arts Commons & SPARK Disability Arts Fest | 17 | 10 |
| Nov 29, Fresh Start Recovery Centre | 20 | 17 |
| Jan 23, 2018, UofC, Dept of Art | 23 | 18 |
| Jan 23, UofC Bell Let's Talk Day & Student Pop-up Gallery Soc. | 8 | 8 |
| Feb 1, EmergeHUB, Forest Lawn | 26 | 9 |
| May 10, Foothills Hospital & Mathison Ctr for Mental Health Research and Education | 12 | 11 |
| Artist team participants (three at all workshops) | 5 | 5 |
| **Research Workshops TOTAL** | **176** | **105** |
| **Pilot & Research TOTAL** | **272** | **139** |

| TOTAL NUMBER OF PARTICIPANT ARTWORKS | 189 |
|---|---|

## COMMUNITY POP-UP EXHIBITIONS

| DATE & VENUE OF EXHIBITION | APPROXIMATE # VIEWERS |
|---|---|
| Oct 14, 2017, U of C, Outrun The Stigma | 150 |
| Nov 3, 2017 – Dec 2, 2018, Lightbox Studio, Arts Commons & SPARK | 1,000s |
| Dec 8, Fresh Start Recovery Centre, Christmas open house | 300 |
| Jan 29 – Feb 9, UofC Dept of Art curated by Student Pop-up Gallery Society | 250 |
| Feb 23, EmergeHUB, curated by Student Pop-up Gallery Society | 10 |
| May – Aug, Sheldon Chumir Health Centre, 12th Ave storefront (75') | 10,000s |