

RECOGNITION... VALIDATION... REASSURANCE...
ART + MENTAL WELLNESS

COMMUNITY WORKSHOPS

DATE & VENUE OF WORKSHOP	REGISTERED PARTICIPANTS	PARTICIPANTS ATTENDING
Pilot Workshops		
April 5, 2017 (ACAD IKG)	14	14
April 7, (U of C Student Club for Mental Health Awareness)	60*	9
April 19, (ACAD IKG)	12	11
Pilot Workshops TOTAL	96	34
* This event was a symposium with multiple workshop stations: nine students participated in the RVR activities		
Research Workshops		
Oct 10, UofC U Flourish week & Campus Mental Health Strategy	8	2
Nov 9, UofC Nickle Galleries	19	4
Nov 16, Arts Commons & SPARK Disability Arts Fest	18	3
Nov 22, Fresh Start Recovery Centre	20	18
Nov 23, Arts Commons & SPARK Disability Arts Fest	17	10
Nov 29, Fresh Start Recovery Centre	20	17
Jan 23, 2018, UofC, Dept of Art	23	18
Jan 23, UofC Bell Let's Talk Day & Student Pop-up Gallery Soc.	8	8
Feb 1, EmergeHUB, Forest Lawn	26	9
May 10, Foothills Hospital & Mathison Ctr for Mental Health Research and Education	12	11
Artist team participants (three at all workshops)	5	5
Research Workshops TOTAL	176	105
Pilot & Research TOTAL	272	139

TOTAL NUMBER OF PARTICIPANT ARTWORKS	189
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COMMUNITY POP-UP EXHIBITIONS

DATE & VENUE OF EXHIBITION	APPROXIMATE # VIEWERS
Oct 14, 2017, U of C, Outrun The Stigma	150
Nov 3, 2017 – Dec 2, 2018, Lightbox Studio, Arts Commons & SPARK	1,000s
Dec 8, Fresh Start Recovery Centre, Christmas open house	300
Jan 29 – Feb 9, UofC Dept of Art curated by Student Pop-up Gallery Society	250
Feb 23, EmergeHUB, curated by Student Pop-up Gallery Society	10
May – Aug, Sheldon Chumir Health Centre, 12 th Ave storefront (75')	10,000s

