



Summer Neighbourhood Nature Challenge

ARE YOU READY?

Celebrate summer in Calgary by spending time outside in nature. Complete these activities in your backyard or local park. Try to finish all the challenges by the end of summer.

Find a natural element (ex. fallen leaf, flower, colourful rock, animal footprint) then sketch and label it. How many parts can you identify?	Go on a shape hunt by finding as many different geometrical shapes as possible in your green space: rectangle, square, circle, oval, triangle... how many more can you think of?	Find a puddle and (safely) make a big splash.	Do a kind gesture for a neighbour	Find a plant that attracts a pollinator like a bat, bee or hummingbird. What parts of the plant help attract this pollinator?	Act out the life stages of a butterfly or bee (egg, larva, pupa, adult)	Pretend that you are a bear (or any local wildlife species) and write a story about how you will prepare for the winter.
Learn or make up your own song about nature.	Create and colour your own animal with all of the necessary adaptations to survive in its environment.	Stop and smell the roses or other flowers outside. What do they smell like?	Disconnect from technology & connect with family by playing a game outside or telling a nature story.	Go on a picnic with family or friends. What will you bring?	Take a white piece of paper and place it onto the grass. Sit next to it. Wait and watch. What happens?	Find a comfortable spot outside. Sit, close your eyes, listen, breathe, and take it all in. How many different sounds can you hear?
Create your own temporary art piece using only rocks from outside.	Create an adventure map! Draw natural landmarks on your page and map out your walk to each landmark. Example: walk five steps south, jump over the log, turn east, take 8 hops, etc.	Make your own mini fairy garden outside using only natural materials.	Pretend that you are a hawk and write a story about your adventures migrating to South America.	Find the name of an animal or plant that starts with each letter in the words summer and biodiversity . What do these plants and animals have in common?	Observe the weather and draw a picture of what you see every day for a week.	Draw or write a kind message for your neighbours to enjoy using sidewalk chalk.
Read a nature-themed book. What did you learn?	If you could develop a park, what would be in it? Draw and describe your park.	Draw a picture of your backyard, a local greenspace or park.	Go to your backyard and make a time capsule of things you find there. Why did you put these items in your capsule?	Go on an imaginary nature adventure in your backyard. Who do you meet on your travels?	Describe five things you like about bees.	Hug your favourite tree. How does it make you feel?