



The Recruit Medical assessment conducted at the Calgary Fire Department (CFD) references and follows the Standards set forth by the *National Fire Protection Association (NFPA) 1582 – Standard on Comprehensive Occupational Medical Program for Fire Departments*.

A free version of this document can be accessed in the following link. Note that you will need to create an account to access: <https://www.nfpa.org/Codes-and-Standards/All-Codes-and-Standards/Free-access>

Step 1: Review your medical history with your Family Doctor early in your application process in relation to:

NFPA 1582 Chapter 5 – Essential Job Tasks

NFPA 1582 Chapter 9 - Occupational Medical Evaluations

Chapter 9 contains Special Criteria for Restriction and Special Provisions for no restriction. Permanent restrictions will disqualify you from the process.

Step 2: If any of the medical conditions listed below apply to you, you will be required to submit a **letter of support from a Specialist which confirms your ability to be able to complete the essential job tasks. Documentation of relevant and specific test results will be required to qualify for Recruit Training.**

Important Notes:

1. It may take several months to secure an appointment with a Specialist; it is in your best interest to initiate this process with your Family Doctor early in your application.
2. Upon receiving a conditional job offer you will be scheduled for a Recruit Medical at the CFD Wellness Centre. Please inform the Wellness Centre of any relevant documentation and/or letters of support that you may have.
3. If you require a Specialist, it is strongly encouraged to see them within 6 months of your Fire Department Medical. **If your specialist medical is outside of 6 months, you may be requested to obtain updated information at the time of your Fire Department Medical. This could delay the hiring process. Documentation and letters of support are your responsibility.**
4. Obtaining a letter of support from a Specialist does not guarantee acceptance into a Recruit Class as there are additional screening tests that you must pass as part of your Recruit Medical. Additionally, if the CFD Physicians deem there is cause for concern, you may be denied or deferred clearance from the Recruit Class that you are being assessed for, even if all *NFPA 1582* criteria are met.

Refer to the *NFPA 1582* Chapter 9 for the full list of medical conditions. Some examples of conditions that require further evaluation (diagnosed at any age) include, **but are not limited to:**

Diabetes mellitus	Gastrointestinal conditions
Blood clots or bleeding disorders	Urinary conditions
Neurological conditions or history of seizures	Spine and axial skeleton conditions
Cardiac conditions	Amputations
Respiratory Conditions**	Psychiatric conditions
Cancer	Chemicals, drugs, and certain medications
Eye, vision, or hearing conditions	

**Asthma or any other significant lung conditions (diagnosed at any age) must meet criteria 1582 – 9.6. Reactive airway disease requiring bronchodilator or corticosteroid therapy at least once in the previous 2 years will also be required to meet special provisions in order to qualify for employment.

If you have any questions regarding your eligibility in relation to the NFPA 1582 or any other health conditions please contact the Wellness Centre at (403)873-2352.