



Calgary Aboriginal Services Guide

Relating to Calgary's First Nations, Métis and Inuit communities



calgary.ca | call 211



THE CITY OF
CALGARY
COMMUNITY &
NEIGHBOURHOOD SERVICES

This guide, together with companion publications the Calgary Street Survival Guide and the Calgary Youth Services Guide, form part of The City of Calgary's response to support residents with unique challenges.

The guide is not a full list of all services available to Calgary's First Nations, Métis and Inuit peoples. Additional information is available at **informalberta.ca**, a website of community, government, health and social services. This online database is a partnership between Alberta Health Services, The City of Calgary and other agencies across the province.

Call 211 if you cannot find what you are looking for or don't have access to a computer. 211 is a 24-hour, free, confidential and multilingual telephone service that can connect you to many other programs and services not listed in this guide.

This guide was made possible through the support of the United Way and The City of Calgary Community & Neighbourhood Services.

For additional copies of the Calgary Aboriginal Services Guide or to request an organization listing, please call 311.

Additional services not listed in the Calgary Aboriginal Services Guide

Alberta Health Care Insurance Plan	310-0000
	(then enter: 780-427-1432)
Alberta Women's Shelter Look-up	1-866-331-3933
Calgary Food Bank / Hamper Requests	403-253-2055
Calgary Housing Company (subsidized housing)	587-390-1200
Calgary Legal Guidance	403-234-9266
Calgary Outlink:	
Centre for Gender and Sexual Diversity	403-234-8973
Calgary Parole Office (federal)	403-292-5505
Calgary Pregnancy Care Centre	403-269-3110
Calgary Sexual Health Centre	403-283-5580
Employment Insurance Inquiries	1-800-206-7218
Family Violence Info line (24 hours)	310-1818
GST credit (cheques)	1-800-959-1953
Government of Alberta	
(provincial programs and services)	310-0000
Government of Canada	
(federal programs and services)	1-800-622-6232
Greyhound Canada	
(terminal located at 850 16th St. S.W.)	1-800-661-8747
Health Link	403-943-5465
Landlord and Tenant information	1-877-427-4088
Legal Aid Alberta	403-297-2260
Pensions and Allowances (Canada)	1-800-277-9914
Seniors Information	403-705-3246
Social Insurance Numbers	1-800-206-7218
Workers' Compensation Board	403-517-6000

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Aboriginal Affairs and Northern Development Canada (AANDC)

403-292-5901

300, 9911 Chiila Blvd. S.W.

Tsuu T'ina Nation, AB

aadnc-aandc.gc.ca

- Referrals for issuing of Indian Status Cards.

Aboriginal and Entrepreneurship Development

403-292-8807

- Opportunities for Aboriginal entrepreneurs, and Aboriginal community business.

Indian Residential Schools – Health Supports Call Centres

1-866-925-4419
(24-hour crisis line)

1-888-495-6588

(Alberta Region support line)

- Crisis line for immediate and culturally appropriate counselling supports to former students experiencing distress.
- Regional support lines for professional counselling, emotional support by Resolution Health Support workers, cultural support by Elders, along with transportation assistance.

Indian Residential Schools – Residential School Information Line

1-866-879-4913

- Service 7 days/week 6 a.m. – 9 p.m.
- Answers basic questions regarding common experience payments (CEP), independent assessment process (IAP) and alternative dispute resolution.
- Mails out IAP and CEP application kits.
- Confirms the receipt of IAP applications.
- Referrals to related call centres.
- Information on the Truth and Reconciliation Commission.

Aboriginal Friendship Centre of Calgary (AFCC)

403-270-7379

2

101, 427 – 51st Ave. S.E.

afcccalgary.org

Resources

- Referrals and advocacy on human rights, basic needs, income assistance and letters of support.
- Complimentary computer, telephone, copier and fax use.

Recreation and programs

- Aboriginal youth programs.
- Sweat lodges.
- Seasonal gatherings for members.

Housing

- Cultural reconnection and supports to individuals housed through the Calgary Homeless Foundation system.

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Aboriginal Futures Career & Training Centre**403-253-5311**

200, 6011 – 1A St. S.W.
aboriginalfutures.com

Aboriginal Employment Services

- Intake and assessment for urban Aboriginal people.
- Individual job search support and help in completing student funding applications.
- Training opportunities and workshops on résumés, essential skills, interviews, career planning and job searches.
- Supported placements, follow up and targeted wage subsidy.
- Job maintenance counselling, workshops and help with career changes and choices.
- Referrals to other community resources and educational institutions.
- Job Club.
- Job fairs, employer presentations.

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**Alberta Health Services –
Aboriginal Health****403-943-1211**

albertahealthservices.ca/aboriginal.asp

Traditional Wellness Services**403-943-1211**

10301 Southport Rd. S.W.

- Accessed through health service provider referral or self-referral.
- For Aboriginal patients, families and staff at Alberta Health Service sites in the Calgary zone to facilitate culturally competent and family-centered care.

Traditional Wellness Counsellors

- Provide spiritual assessments and interventions.
- Facilitate ceremonies.

- Support decision-making and supportive care for patient and family at end-of-life.
- Collaborate with other Aboriginal cultural leads at patient and family's request.
- Offer information resources to the care team on spiritual, cultural and other special needs.

Aboriginal Hospital Liaison Services and Locations

- Accessed through health service provider referral or self-referral.
- For Aboriginal clients and their families to support a culturally safe and comfortable environment within the culture of the hospital.

Aboriginal Liaison Advocates

- Provide referrals and/or support to Aboriginal clients to connect with hospital and/or other health care services and community resources.
- Ensure that client needs are identified and addressed by healthcare providers.
- Provide patient and family education and support.
- Support client spiritual practices.

Aboriginal Liaison Contacts

Alberta Children's Hospital 2888 Shaganappi Tr. N.W.	403-955-7034
Foothills Medical Centre 1403 – 29th St. N.W.	403-944-8105
Peter Lougheed Centre 3500 – 26th Ave. N.E.	403-943-5603
Rockyview General Hospital 7007 – 14th St. S.W.	403-943-3139
Canmore General Hospital 1100 Hospital Place, Canmore, AB	403-678-5536 ext. 7121

Adult Aboriginal Mental Health Team**403-955-6645****Sheldon M. Chumir Health Centre****Seventh Floor, 1213 – 4th St. S.W.**

- Intake and initial assessments for new appointments by telephone with an RN.
- Therapy, clinical liaison services, outreach services and education.
- Supports Aboriginal people seeking assistance with mental health concerns and facilitates connections to resources through mental wellness workers.
- Assessment/diagnosis, treatment and follow-up services for Aboriginal clients and their families through therapists.
- Therapists and wellness workers work closely together within health care settings and the community, including on and off reserve.

Elbow River Healing Lodge**403-955-6600****Sheldon M. Chumir Health Centre****Seventh Floor, 1213 Fourth St. S.W.**

- Primary health care for Aboriginal people.
- Health assessments and examinations.
- Health education, lifestyle counselling and coaching for self care.
- Specialized services: general internal medicine, nephrology, neurology, paediatrics, nutrition and rheumatology.
- Aboriginal traditional wellness consultation.
- Prenatal care.
- Advocacy for social supports to promote wellness.
- Street outreach.
- Student practicum experience (medical, clerical, and nursing).
- Service providers include doctors, nurses, pharmacists, nutritionists, and appropriate specialists.

Alberta Human Rights Commission**403-297-6571**

John J. Bowlen Building
200, 620 Seventh Ave. S.W.
albertahumanrights.ab.ca

310-0000, then 403-297-6571**TTY: 1-800-232-7215****5**

- Helps Albertans resolve and settle human rights complaints.
- Provides information in response to a specific or general inquiry.
- Produces educational and informative materials.
- Implements public education and community initiatives.

Alberta Human Services – Alberta Works**humanservices.alberta.ca**

- Helping unemployed people find and keep jobs by offering employment services, career resources and training supports.
- Résumé writing and job search workshops, career counselling, self-assessment print resources and funding for approved occupational training less than 12 weeks.
- Helping Albertans with low incomes cover their basic costs of living, receive health benefits and get child support agreements or court orders.
- Connecting people to a wide variety of programs from affordable housing to food programs to childcare.

6**Alberta Works Centres**

10th and 10th Alberta Works Centre
1021 – 10th Ave. S.W.

403-297-2094

Monday to Friday 8:15 a.m. – 4:30 p.m.

Century Park Place Alberta Works Centre
Fifth Floor, 855 Eighth Ave. S.W.

403-297-6344

Monday to Friday 8:15 a.m. – 4:30 p.m.
(Employment services only.)

Fisher Park Alberta Works Centre **403-297-2020**
100, 6712 Fisher St. S.E.

Monday to Friday 8:15 a.m. – 4:30 p.m.

Marlborough Mall Alberta Works Centre **403-297-7570**
1502, 515 Marlborough Way N.E.

Monday to Friday 8:30 a.m. – 4:30 p.m.
(Employment services only.)

One Executive Place Alberta Works Centre **403-297-7200**
1816 Crowchild Tr. N.W.

Monday to Friday 8:15 a.m. – 4:30 p.m.

Radisson Alberta Works Centre **403-297-1907**
525 – 28th St. S.E.

Monday to Friday 8:15 a.m. – 4:30 p.m.

After-Hours Emergency Assistance **1-866-644-5135**

After 4:30 p.m. on weekdays and anytime on weekends.

Alberta Supports Contact Centre **1-877-644-9992**

- For general inquiries on income support, adult health benefits, child health benefits, child support services, and Assured Income for the Severely Handicapped, seniors' financial assistance.
- Referrals to community agencies and other government programs.
- Referrals to a variety of career and employment services, including the Student Funding Contact Centre and Employment Insurance.

Career Information Hotline **1-800-661-3753**
alis.alberta.ca/hotline

- Telephone career information and referral service.
- Consultation on educational programs, career planning, job descriptions and training programs.

- Referrals to community, government, educational and social agencies.
- E-résumé review service on website.

Persons with Developmental Disabilities (PDD) 403-297-5011
600, 1520 Fourth St. S.W.

- Funding and supports for adult Albertans with developmental disabilities.

Alberta Ombudsman

403-297-6185

2560, 801 Sixth Ave. S.W.

1-888-455-2756

ombudsman.ab.ca

- Investigates and resolves complaints from individuals against Alberta public service authorities and certain professional bodies.
- Provides information and referrals when a complaint is outside the Ombudsman's jurisdiction.

**Aspen Family and Community
 Network Society**

403-219-3477

200, 2609 – 15th St. N.E.

aspenfamily.org

- Helping people create better lives for children, youth and families through programs that are culturally appropriate.
- First Nations and Métis staff to support programs and clients.
- Youth programs, such as Youth Matters, and Youth Transitions To Adulthood, providing needed support and engagement.
- Community homes to support youth through their transition to independence, as well as support homes for youth dealing with eating disorders or addictions.
- Sustainable Families and Home Stay Prevention, helping families at risk of becoming homeless.
- In-Home Family Support, for families involved in Alberta Children's Services.

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Village Square Programs**403-293-5467**

2623 – 56 St. N.E.

Hand in Hand Parent Link Centre

- Programs for families and caregivers with children up to six years old.

Heart of the Northeast Community Solutions Resource Centre

- Centralized one-stop location for community residents looking for resources and community programs and services.
- For residents of Monterey Park, Pineridge, Rundle, Temple, Vista Heights and Whitehorn.

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Awo Taan Healing Lodge**403-531-1972**

awotaan.org

(24-hour crisis line)

- Crisis shelter (up to 21 days) for abused women with or without children.
- Advocacy, counselling, information, support and referrals.
- Aboriginal support services, Elders, healing circles, access to sweats.
- Food and basic necessities.
- Outreach services, home visits, emergency food hampers and court support.
- Family Violence Prevention workers, education on family violence and safety planning.
- Youth and Family Support Program.

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Awo Taan Parent Link Centre**403-531-1880**

100, 1603 – 10th Ave. S.W.

Monday to Friday 9 a.m. – 5 p.m.

- Offers parent education and early childhood development services for parents and their children.
- Triple P Positive Parenting Program.
- Advocacy and referrals.
- Healing circles and services for men and women.

Bow Valley College**403-410-1400**bowvalleycollege.ca**11****Iniikokaan Aboriginal Centre
(Painted Buffalo Lodge)****403-476-2255****403-410-1786****345 Sixth Ave. S.E. (South Campus)**

- Support for Aboriginal students (Metis, Inuit and First Nations).
- Advocacy for Métis and First Nations band funding.
- Student access to Cultural Resource Elder, for smudge ceremonies and other cultural protocols.
- Speaker sessions on Aboriginal cultural ways of knowing.
- Collaborates with Learner Success Services for student referrals and counselling.

Boys and Girls Clubs of Calgary**403-276-9981****731 – 13th Ave. N.E.**boysandgirlsclubsofcalgary.ca**12****Aboriginal Services – The Lodge****403-235-5722**

- Programs for families and youth 6 to 18 years of age.
- Focus on Aboriginal culture.
- Relationship-building for children and families with others in the community, including Elders.
- Recreation and education focused programs.
- Cultural awareness through traditional activities.
- Summer day camps.
- Basic health and wellness education.
- Call for times and locations.

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Calgary Aboriginal Head Start**587-888-1957****coor.ahs@telus.net**

- An early intervention preschool for Aboriginal children 3 to 5.
- No cost to participants, as it is fully funded.
- Provides necessary school-readiness support in a positive, respectful environment.
- Involves parent, Elder, teacher and Head Start team participation.
- Focuses on Aboriginal culture with exposure to both Blackfoot and Cree languages.
- Includes meals as well as transportation within specified boundaries.
- Classes Tuesday to Friday, 8:30 a.m. – 11:30, and 1:00 p.m. – 4 p.m.
- Two locations: Abbeydale School, 320 Abergale Dr. N.E.
GW Skene School, 6226 Penbrooke Dr. S.E.

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Calgary Alpha House Society**(24-hour) 403-234-7388****203 – 15th Ave. S.E.****alphahousecalgary.com****Detox Centre**

- Social detoxification services with medical support for those who want help withdrawing from alcohol and/or other drugs.
- Detox programs including Aboriginal Elders support, access to sweat ceremonies, acupuncture for withdrawal, yoga group presentations and 12-step meetings.
- Admissions seven days a week. Referral can be made by phone or through the shelter.
- Dorm setting for males and females over the age of 18.

Housing

- Intensive case-managed off-site supported housing.
- Access by referral through the Coordinated Access and Assessment system.

Shelter

- Open 24 hours for males and females over 18 and under the influence of drugs and/or alcohol.
- Staff-supervised showers and laundry facilities.
- Limited food program throughout the day: coffee, tea, donuts, sandwiches.
- Access to community supports.

DOAP Team**403-998-7388**

- Mobile assistance to people with addiction issues.
- Focus on getting people who are intoxicated in the community to a safe place. Operates 24 hours.

Encampment Team**403-805-7388**

- Outreach team that connects with rough sleepers to provide support into housing.

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Calgary Board of Education (CBE)**403-817-4000**

1221 Eighth St. S.W. (Education Centre)

cbe.ab.ca

Aboriginal Education**403-817-7607**

- Supports the CBE on Aboriginal education matters.

Piitoayis Family School**403-777-7860**

1921 Ninth Ave. S.E.

- A Kindergarten to Grade 6 Alternative Program that teaches the Alberta Education Programs of Study through a diversity of First Nations, Métis and Inuit perspectives and experiences.
- Full day kindergarten.
- Breakfast and lunch provided.
- Daily smudge and circle.
- Holistic approach to learning.
- Unique field trip experiences.
- Cultural leaning experiences, such as pow wows, language residencies, drumming and access to Elders.

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Calgary Catholic School District**403-500-2000**

1000 Fifth Ave. S.W. (Catholic School Centre)

cssd.ab.ca

FNMI (First Nations, Métis and Inuit) Team**403-500-2403**

- Support for FNMI students and families from the school district.
- Instructional support for FNMI students in all schools throughout the district.
- Family support and enhancement through the assistance of home and school liaison workers.

Calgary Communities Against Sexual Abuse

403-237-5888
1-877-237-5888

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403-237-6905 (administration)

910 Seventh Ave. S.W. (Northland Building)

calgarycasa.com

ccasayourworld.com

Counselling and Support for Individuals who have Experienced Sexual Abuse or Assault

- 24-hour support and information line.
- 24-hour hospital accompaniment.
- Individual counselling (free and confidential).
- Group counselling (sliding fee scale) – no individual turned away if the fee is a barrier.
- Police and Court Education and Support (P.A.C.E.S.) Program.
- Public education and outreach.
- Aboriginal community outreach.

Calgary John Howard Society

403-266-4566

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917 Ninth Ave. S.E.

cjhs.ca

- Assistance to individuals who have been or are at risk of involvement with the criminal justice system.
- Crisis and/or reintegration services tailored to individual needs.
- Programs and services in the community for males and females in areas of literacy, education, employment preparation and training, life management and housing.
- Individual and group support for adults with FASD who are at risk or involved with the criminal justice system.

Aboriginal Youth Outreach**403-536-4328**

- Advocacy and support for Aboriginal youth 16 to 24, including assistance with crisis resolution, education, employment, family conflict and housing issues.

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Calgary Police Commission**403-428-8914**

calgariypolicecommission.ca

- Civilian oversight of the Calgary Police Service.
- Monitors the public complaint process relating to the Calgary Police Service.

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Calgary Police Service**9-1-1 (24-hour emergency)**

calgariypolice.ca

403-266-1234 (24-hour non-emergency)**Aboriginal Liaison Officer/
Diversity Resource Team****403-428-8158**

- To educate and open lines of communication between the Service and the community.

About Face**403-428-8288**

- Workshop for youth 12 to 18 on the advantages of positive choices.

Calgary Police Cadet Corps**403-801-0861**

- Experience the world of policing as a cadet for youth 12 to 17.

Hate Hurts**403-428-8162**

- Hate bias presentations in the schools.

Victim Assistance Support Team**403-428-8398**

- Support to victims of crime and tragedy.

1-888-327-7828

**Calgary Region –
Child and Family Services**

**403-297-2995
(24-hour crisis line)**

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(formerly Calgary and Area Child and Family Services)

calgaryandareacfsa.gov.ab.ca

- Culturally appropriate child intervention services, including Aboriginal adoption, foster parent and kinship programs to meet the needs of Aboriginal children and their families.

Aboriginal Services on 10th

403-297-4376

First and Second Floors, 1021 – 10th Ave. S.W.

Aboriginal Services on 4th

403-297-6677

Ninth Floor, 1520 Fourth St. S.W.

Calgary Urban

403-268-1241 (Executive Director)

**Aboriginal Initiative
(CUAI)**

403-268-3231 (Community Liaison)

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cuai.ca

- No direct services.
- Brings together stakeholders on urban Aboriginal issues to identify and fill gaps.
- Organizes domain groups in the following areas: education, employment, health, human rights, justice, social services and funding.
- Not a funder, but provides facilitation of a Collaborative Granting Process (CGP) for urban Aboriginal projects and programs on an annual basis.

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Canadian Forces Recruiting Centre Calgary

403-974-2900
1-800-856-8488

First Floor, 700 Sixth Ave. S.W.
forces.gc.ca (Jobs > Aboriginals)

Aboriginal Programs

- Canadian Forces Aboriginal Entry Program (CFAEP), a three-week career exploration program.
- Aboriginal Leadership Opportunity Year (ALOY), a one-year leadership program.

Aboriginal Summer Programs

- For Aboriginal youth who have completed grade 10.
- Includes transportation, food, accommodations, clothing and pay.
- RAVEN: a Navy career exploration and community building program.
- Bold Eagle: a training and employment program for Aboriginal youth combining military training and Aboriginal cultural awareness.
- Black Bear: an Army training and employment program, with Aboriginal cultural awareness.

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Canadian Mental Health Association – Calgary Region

297-1700
297-1714 (SOS)

400, 105 – 12 Ave. S.E.
larry.fedun@cmha.calgary.ab.ca
cmha.calgary.ab.ca

Street Outreach and Stabilization (SOS) – Aboriginal Services

- Specialized, culturally sensitive services for Aboriginal people who have mental health concerns and experience homelessness.
- Support for Aboriginal individuals struggling with disconnection from their community, abuse issues, addictions, mental health concerns and grief, among others.

- Assistance to reconnect with their community, to access Elders, to link to medical and psychiatric services, to refer to financial resources, to seek help with legal issues, to explore housing resources, to identify addiction treatment options and to teach independent living skills.

Canadian Red Cross Society

403-541-6100

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Second Floor, 1305 – 11th Ave. S.W.

redcross.ca

Basic Needs and Housing Support Program

- Financial assistance for security deposits, rent, utility arrears, and advocacy with landlords.
- Home Suite Home workshops, which explain the rights and responsibilities of renters and landlords.

Tipi of Courage: Warrior Youth Leadership

tipiofcourage@redcross.ca

- Six-week workshop series covering Warrior and Elder teachings, healthy choices and relationships, self-esteem, injury prevention, violence and abuse prevention.
- Art classes, self-expression and communications.
- Leadership skills, community outreach and peer presentations.

RespectED: Violence & Abuse Prevention

RespectED.Alberta@redcross.ca

- Walking the Prevention Circle three-day workshop for Aboriginal adults.
- Workshops for youth on child abuse prevention, healthy youth relationships, and bullying and harassment prevention.
- Engagement of Aboriginal community members as prevention educators.

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Closer to Home Community Services**403-543-0550**

3507A – 17th Ave. S.W.

closerhome.com

Kiwehtata Parenting Program

- Education for parents on how to provide the best possible environment for their infants and toddlers.
- Hands-on teaching in child development, nutrition, safety and positive parenting.
- Parenting program certificate provided upon completion and in-home support.

West Central Resource Centre

- Help children and families access immediate services to resolve crisis (basic needs, parenting supports, counselling, etc.)
- Provide child, youth and parenting programs.

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Community Futures Treaty 7**403-251-9242**

300, 6011 – 1A St. S.W.

t7edc.com

- Aboriginal entrepreneur development and training.
- Annual First Nations Entrepreneurial Youth Camp.
- Business advisory services and lending for Treaty 7 members.

Distress Centre

300, 1010 Eighth Ave. S.W.
distresscentre.com

403-266-4357 (HELP)
403-266-1601 (admin)

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24-hour 211

- Three-digit number to connect callers to a full range of community, government, health and social services information in Calgary.

24-hour Crisis line**403-266-4357 (HELP)**

- Telephone crisis support.
- Online chat daily from 5 p.m. – 10 p.m.
- Access to information, referrals and counselling services.

24-hour ConnectTeen line**403-264-8336 (TEEN)**

calgaryconnectteen.com

- Peer support and online chat from 5 – 10 p.m. weekdays,
noon – 5 p.m. weekends

Counselling**403-266-4357 (HELP)**

- Free and confidential.
- Evening and emergency appointments available.

24-hour suicide prevention line**1-800-784-2433 (SUICIDE)**

(Central and southern Alberta only, toll-free in the 403 area code.)

Elizabeth Fry Society of Calgary**403-294-0737****1731 – 10th Ave. S.W.****elizabethfrycalgary.ca**

- Aboriginal Programming for women through individual Elder Support and access to traditional and cultural activities.
- Prison Community Outreach, case management supports during incarceration and after release for women.
- Legal information, providing women information and supports on warrants, family and administrative law issues.
- Adult and Youth in Calgary and Regional Courts, legal information to men and women for plea options and resources on first and second appearances.
- Family Justice Services, legal information to men and women accessing services in the Calgary Courts Centre (7th floor).
- SAGE: Emotional Wellness and Employment Readiness Program, providing foundation skills to support women in overcoming the barriers to employment.

Enviros Wilderness School Association**403-219-3499****30****220, 3115 – 12th St. N.E.****Enviros.org**

- Programs for youth with challenging behaviours linked to addictions, conflicts with the criminal Justice system, foster care, FASD, or other mental health concerns.
- ARCH Project, reintegrating youth into the community following open custody.
- Base Camp, a treatment program for youth who are dealing with addictions issues.
- ExCel Discovery, an open custody treatment program for adolescent young offenders.
- High Fidelity Wraparound, team support to families using the Wraparound Facilitation model.
- Youth Transitions to Adulthood, transitional life skill development program for youth.
- Connects, a residential short term treatment program that averages three to six months in duration, individual and family therapy.
- Passages, therapeutic residential care for youth.
- Summit, residentially based therapeutic program for youth.
- Shunda Creek, adventure-based wilderness addictions treatment program for male youth.
- FASD Caregiver Support, for children, youth and families dealing with Fetal Alcohol Spectrum Disorder.
- FASD Evolution Program, support to adults living with a diagnosis of Fetal Alcohol Spectrum Disorder (FASD).
- Foster care placement and support.
- Respite Care Connection, a fee-for-service program giving caregivers a break from challenging parenting, through small group outings with the children.

Families Matter

403-205-5178

158, 1440 – 52nd St. N.E. (Trans Canada Centre) 403-205-5189
familiesmatter.ca (parent resource line)

Families Matter Service Hubs**Drop-in Programs**

- Welcoming places to ensure that children are well-nurtured, safe from neglect, and meet developmental milestones.
- Infant groups, kindergarten readiness, parenting education programs.

Families Matter 52nd St. Hub

(52 Street Resource Centre)

1440 – 52 St. N.E.

Bowcroft School (Parent Link Centre)

3940 – 73 St. N.W.

Riverbend School (Parent Link Centre)

65 Rivervalley Dr. S.E.

Shaganappi Village (Pine Place)

3528 Balsam Dr. S.W.

In-Home Family Support

- Helps parents access basic needs and community resources.
- Support with parenting issues.

Postpartum Support

- Addresses depression and family mental health following the birth of a child.
- Support by phone, through groups, or delivered in-home.

Dad's Programming

- A variety of programs specifically for fathers.

Four Directions Foster Parent Association of Calgary **403-273-4026**
403-607-6121 (after hours cell)

4869 Hubalta Rd. S.E.

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Foster Parenting Support

- Assistance to adoptive/foster parents and children facing cross-cultural issues.
- One-on-one support to children and youth with child welfare status experiencing struggles and issues in their life.
- In-home guidance, support and culturally appropriate training for foster parents.
- Celebrations relating to Aboriginal adoptions.
- Case aides who assist with transportation and supervised visits.
- Youth mentorships, guitar and Métis dance instruction for youth in care.
- Safe Home Study Assessments.
- Foster parent recruitment/screening.

Ghost River Rediscovery Society **403-270-9351**

107, 1640 – 16th Ave. N.W.

ghostriverrediscovery.com

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- Rediscovery summer outdoor education camps based on Aboriginal culture.
- Rediscovery programs in Calgary schools offering cultural understanding and awareness, along with reconnections to nature.
- Urban Rediscovery evening/weekend drop-in program, offering cultural awareness and youth leadership opportunities.
- Aboriginal awareness training for agencies and individuals.

Glenbow Museum**403-268-4100 (Main)**

130 Ninth Ave. S.E.

glenbow.org

First Nations Access Program.

- Complimentary access to First Nations people to reconnect with their heritage. Pre-registration not required.

Exhibits and Galleries

Tuesday to Thursday, and Saturday 9 a.m. – 5 p.m.;

Friday 11:30 a.m. – 7:30 p.m.; Sunday 12 p.m. – 5 p.m.

- “Niitsitapiisinni: Our Way of Life,” a permanent exhibit where the Blackfoot tell their story.
- “Native cultures from the Four Directions” focuses on Canada’s first inhabitants, including the Inuit, Northwest Coast Peoples and others from across the country.

School Programming**403-268-4110 (Bookings)**

- School programs at the museum in many areas, including Aboriginal subjects, for K-12.
- 21st century learning online education modules for teachers to use in the classroom.

Library and Archives**403-268-4197**

Tuesday to Thursday 10 a.m. – 4:30 p.m.

- Free access to books, extensive archives of photographs and documents relating to First Nations’ history, and staff to assist in locating materials.
- Specialized collections to support Métis genealogical and historic research.

Health Canada – Southern Alberta Zone**403-251-7575**

9911 Chiila Blvd. S.W.
 Tsuu T'ina Nation, AB
 hc-sc.gc.ca

35**First Nations, Inuit and Aboriginal Health****403-251-7575**

- Public health and health promotion on First Nations reserves.

Aboriginal Non-Insured**1-800-232-7301****Health Benefits for Treaty Indians**

- For dental, medical equipment/supplies, patient transportation, prescription drugs, vision and other health services and products that are not paid for by provincial or territorial health insurance plans or programs or through other forms of third party coverage.

HIV Community Link**403-508-2500**

110, 1603 – 10th Ave. S.W.
 hivcl.org

36**Strong Voices Aboriginal Program**

403-508-2500 ext 115
403-554-8202 (cell)

- Culturally based outreach, prevention and healing practices.
- Support services for people at risk of street involvement, homelessness, addictions, mental health, isolation and other issues.
- Short-term (crisis) and long-term (case management) support.
- Counselling and emotional support, including mental health, addiction, trauma.
- Community referrals, advocacy (social benefits, child and family services, etc.).
- Safer sex supplies and needle exchange available.
- Education and support groups.

Shift Program**403-237-8171****shiftcalgary.org**

- Outreach to current or previous indoor and outdoor sex workers including women, men and transgender individuals.
- Non-exit based: support to leave sex work or to increase safety and wellbeing for those currently working.
- Short-term (crisis) and-long term (case management) support.
- Counselling and emotional support, including mental health, addiction, trauma.
- Basic needs support: food, laundry facilities, transit tickets, toiletries, emergency funding.
- Community referrals, advocacy (social benefits, child and family services, etc.).
- Safer sex education, information and supplies, “Bad Date” sheet information.

37**Hull Services****403-251-8000****2266 Woodpark Ave. S.W.****hullservices.ca****Fostering Connections Program**

- Aboriginal foster care.
- Recruitment and development of culturally sensitive foster families.
- Regular consultation, support and ongoing training, workshops, culturally sensitive programs.
- 24-hour crisis support to families in the program.

Family Initiatives Program

- Aboriginal in-home support.
- Culturally sensitive family services.
- Preservation/reunification services.
- Short-term intensive services with a long-term component.
- 24-hour crisis support for families.

Braiding the Sweetgrass Program

- Help for families to prevent the transmission of Intergenerational Trauma.
- Bi-weekly groups, home visits, cultural ceremonies, social gatherings and Elder support.

Indspire

1-855-463-7747

indspire.ca

- Youth career fairs, educator conferences, professional mentoring and other programs to increase Indigenous participation in post-secondary education and the work force.
- Financial awards and scholarships for post-secondary education in all areas.
- Annual Indspire Awards gala celebrating Indigenous achievers.

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Inn from the Cold

403-263-8384

106, 110 – 11th Ave. S.E.

innfromthecold.org

- Temporary overnight shelter for families with children, with hot dinner, breakfast and a bag lunch.
- Emergency shelter for families.
- Cultural supports.
- Temporary shelter program for singles who meet screening criteria (families given priority).
- Ongoing support to families transitioning from shelter to housing.
- Daily intake and screening from 4 p.m. – 5:30 p.m.

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Kainai (Blood Tribe)**1-403-737-3753**

Standoff, AB
bloodtribe.org

Blood Tribe Family & Community Support Services**1-403-737-2888**

- Community programs and services.

Blood Tribe Child Protection Services**1-403-737-3437**

- Child intervention services.

Blood Tribe Police Services**1-403-737-8800**

- On-reserve police services.

Kainai Wellness Centre**1-403-737-3883**

- Community health programs.

Red Crow Community College**1-403-737-2400**

- Post-secondary education.

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Mahmawi-atoskwin**403-219-7550**

100, 2323 – 32nd Ave. N.E.
mahmawi-atoskiwin.ca

- Only on referral by Calgary Region – Child and Family Services.
- Works alongside families facing difficulties to create a Family Wellness Team, which the families lead.
- Family Wellness Teams consists of family members, identified extended family or support people, a wellness partner, caseworker, Lodge Keeper, Circle Keeper and a Cultural Resource Specialist.

McMan Youth, Family and Community Services Association

403-508-6259

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1, 4004 – 19th St. N.W.
mcmancalgary.ca

Housing for Youth in Care

- A variety of housing options programs for youth and Aboriginal youth in care who are 15 to 24.

Youth Alternative Program

403-508-7752

- Support to high risk youth 12 to 24 who do not have child protection intervention and have exhausted all other resources.
- Assistance accessing education, employment, financial aid and housing.

Métis Calgary Family Services

403-240-4642

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352 Sunvale Dr. S.E.
mcfs.ca

Aboriginal Students Program

403-240-4642 ext 302

- Fun, cultural, educational and recreational activities in a 10-month stay-in-school initiative for Métis and Aboriginal youth currently enrolled in grades 8 to 12.
- Education workshops Monday evenings.
- Free homework club and tutoring, Wednesdays, 5:30 – 7:30 p.m.
- Aboriginal youth mentors.
- Elder and youth consultation, counselling and visitation, offering spiritual guidance and traditional teachings with an anti-bullying program component.
- Summer Youth Media Literacy program.

Ke Mama Nnanik – In-Home Support **403-240-4642 ext 228**
587-999-4642 (Crisis Line)

- In-home family support and family enhancement.
- Counselling, advocacy, cross-cultural education, along with family and one-on-one support.
- Support in areas of addictions, family dynamics, family violence, violence, mediation, parent and child conflict.
- Aboriginal Triple P Parenting at all levels, as well as Specialized Triple P for teen parents.
- Referrals through Calgary Region Child and Family Services.

Little Sundance Child Care Centre **403-240-4642 ext 224**

- A non-profit accredited Aboriginal childcare centre providing an encouraging learning environment for children and families, offering childcare for children 19 months to 12 years, that supports and incorporates a balanced approach to early learning and life-long healthy growth.
- Connection to Parent Link and Family Resource Centre services.
- Triple P Parenting Program.
- Government subsidies available to low-income parents.

Métis Aboriginal Parent Link Centre **403-240-4642 ext 308**
19 Erinwoods Dr. S.E.

- Little Turtle Preschool Program, for children 3.5 to 6.
- Babysitting course for ages 11 and older.
- Home Alone Safety program.
- Parent and child activities, parent education library.
- Child breakfast program.
- Community kitchen.
- Family advocacy.

- Parenting groups, programs, including Triple P, Positive Parenting Program.
- Tiny Bundles parenting workshops and pre-natal program.
- Cultural Pow Wow dance and drumming classes.
- Aboriginal parent sharing circles.
- Toy lending library.
- Little Dancing Buffalo Cultural Dance Program, a traditional dance program for children 6 to 18.

Native Network Family**403-240-4642 ext 303****Resource Centre****19 Erinwoods Dr. S.E.**

- Assistance to Aboriginal and Métis individuals and families with referrals and resources to meet basic needs.
- Support to individuals involved in Indian Residential schools.
- Emergency homeless hampers.
- Bus tickets for medical appointments, job interviews, and going to and from shelter.
- Emergency transportation.
- Aboriginal Triple P Parenting Program.
- Housing advocacy.
- Résumé assistance.
- Youth Family Support Workers, Aboriginal youth mentor support.
- Senior's lunches, monthly community gatherings and family feasts.
- Cultural referrals, crafts group, Grocery Bingo, Elders and sharing circles.
- Children and family summer camps.
- Access to recreation for low-income Aboriginal families.

Medicine Wheel Early Learning Centre 403-240-4642 ext 304
Valley View Elementary
4105 – 26th Ave. S.E.

- Preschool Headstart Program and alternative kindergarten program.
- Government licensed, culturally based preschool for children 3.5 to 5 years of age.
- Kindergarten Alberta Education Curriculum.
- Michif and Cree Language.
- Early literacy.
- Learning Through Play.
- Cultural programming, including dance and Medicine Wheel.
- Parent and family support group.
- Parent liaison.
- Nutritional support.

Little Thunderbird Afterschool Program 403-240-4642 ext 302
Erin Woods School
25 Erinpark Dr. S.E.

- Free culturally based afterschool program for children 7 to 12.
- Arts and crafts.
- Cultural teachings.
- Recreation activities.
- Youth Workers.
- Monday through Friday 3 p.m. – 6 p.m. daily.

Rainbow Lodge Aboriginal Affordable Housing Program **403-240-4642 ext 400**

70, 6505 Huntridge Hill N.E.

- Affordable housing for Aboriginal families.
- On-site Family Support Workers.
- Family Resource Centre.
- Childcare.
- Afterschool programs.

Métis Nation of Alberta Region 3

403-569-8800

Regional Council

1-800-252-7553

1415 – 28th St. N.E.

(Métis Cards)

albertametis.org

- Assistance to Métis people to achieve social and economic self-sufficiency.
- Information and referral to community resources, including culture, recreation, education, employment and community, and business development.
- Youth programming, including mentoring, support and cultural programs.
- Women's and seniors' programming.

Métis Urban Housing Corporation/Metis Capital Housing Corporation

403-569-9030

1-877-458-8684

Bay 6, 2135 – 32nd Ave. N.E.

muhcab.ca

- Co-ordinated housing programs for Aboriginal Albertans.
- Geared-to-income rental housing for low-income Aboriginal families throughout the province.
- 25 per cent below market rate rental housing for Aboriginal and non-Aboriginal families with higher incomes.

Mount Royal University**403-440-6111**

mtroyal.ca

Iniskim Centre, Lincoln Park Campus**403-440-5596****C201, 4825 Mount Royal Gate S.W.**

- Aboriginal cultural content and support services.
- Tutorial services.
- Academic and personal advising.
- Computer lab and resource centre.
- Monthly information exchange meetings for Aboriginal serving agencies.

Aboriginal Education

- Advanced upgrading and university/college preparation with a concentration in math and English.
- Core subjects supplemented with general arts and science courses, college preparation and Aboriginal cultural courses.

Aboriginal Science and Technology Education

- Support for Aboriginal students preparing for or studying in science or computer information systems.

Aboriginal Student Housing

- Affordable housing for Aboriginal students attending Mount Royal.

Native Counselling Services – Calgary

403-237-7850

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Second Floor, 614 Sixth Ave. S.W.

ncca.ca

Courtworker Programs

- Criminal and Traffic Court workers help clients understand their legal rights and responsibilities and offer in-court assistance, counselling and interpretation services as required.
- Youth Court workers provide assistance, counselling and support to young offenders and their families, both in and out of court.

Family Courtworker Program

- Assistance for clients in understanding court procedures, as well as the individual's rights and responsibilities.
- Interpretation services for those clients who have a first language other than English.
- Assistance and support to persons regarding programs and services available in the community.
- Direct assistance to clients to help them in the courts, where action in regards to the welfare of the children has been initiated, to prevent apprehension and keep the family together.
- Assistance to families, where the children have already been apprehended, working to have the children returned to their families.

Calgary Aboriginal Youth Restorative Justice Committee

- Alternative Measures program for Aboriginal youth who are first or second offenders in conflict with the law.
- Extra-judicial sanctions, if successfully completed, may result in no criminal record.
- Culturally sensitive, engaging Elders and community members to form the committee.
- Referrals from the courts or police.

Human Rights Campaign for Aboriginal People (Southern Region)

- Helps adolescent and adult clients by providing guidance, support and advocacy in an atmosphere of strict confidentiality.
- “How to Protect Your Rights” and “Say No to Discrimination” presentations are available throughout Southern Alberta.

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North of McKnight Community Resource Centre

403-293-0424

95 Falshire Dr. N.E.
northofmcknightcrc.ca

Aboriginal Family Violence Prevention Program

- City wide intake.
- Help for Aboriginal men, women and children dealing with family violence, using a trauma-informed lens.
- Families of Tradition Program, grounded in a Native perspective, delivered to families in their homes.
- Contact for appointments.

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Pathways Community Services Association 403-247-5003

103, 6919 – 32nd Ave. N.W.
pathwayscsa.org

Miskanawah Aboriginal Resources

- Available to anyone in the community.
- Stepping Stones – Aboriginal youth leadership program.
- Access to Elders and cultural resources people.
- Aboriginal and cultural awareness teachings grounded in Cree, Saulteaux and Blackfoot culture.
- Talking/sharing circles, drumming, Cree, beading and crafting classes.
- Connections to community resources.

- Opportunities to participate in sweat lodge ceremonies.
- Cultural events, celebrations and ceremonies, including Annual Friendship Round Dance, Cultural Summer Youth Camp.

Nehiyaw Kihokewin

- On referral only from Calgary Region – Child and Family Services.
- A home visitor that supports Aboriginal families with young children through early childhood development.
- Culturally-informed parenting curriculum.
- Access to the support of Elders, ceremony and traditional teachings passed down from Aboriginal grandmothers (Kokums).

Aboriginal Mentoring Homes Program

- For youth with child welfare status.
- Transitioning youth from multiple placements and group care to a stable, culturally competent and supportive family home in the community.
- Youth workers and mentors who meet individualized needs and work towards permanency and independence.
- Support by Elders and cultural advisors to help youth become healthy, positive and contributing members of the community.

Regional After Hours Youth Support (RAYS)

- Deployed by the Social Services Response team as needed.
- After-hours support and crisis services.

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Piikani First Nation**1-403-965-3940**

piikanination.com

Piikani Child and Family Services**1-403-965-2390**

- Child intervention.
- Youth and family programs.

Piikani Traditional Knowledge Society**1-403-965-2985**

- Programs and services to promote the Piikani language, culture and way of life.
- Resource library.

Piikani Youth & Education Foundation**1-403-965-0005**

- Scholarships, grants, awards and other financial assistance to members for adult or post secondary education.

Head-Smashed-In Buffalo Jump Museum**1-403-553-2731**

head-smashed-in.com

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**Riel Institute for
Education and Learning****403-248-0824**

103, 2710 Third Ave. N.E.

rielinstitute.com

- Certificate program training in Aboriginal Family and Youth Support, Aboriginal Youth Connections and Office Specialist.
- Student supports, including cultural programming, Elder sharing circles, Native Studies, resource assistance and tutoring.

United Life Enhancement

- Pre-employment program for urban Aboriginal youth 15 to 30.
- Counselling, employment preparation and job placement services.
- Employability, life enhancement workshops and paid work experience.

**Rupertsland Institute –
Métis Centre of Excellence**

**403-250-8902
1-877-250-4295**

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rupertsland.org

- Comprehensive employment services for Métis individuals including job search, résumé assistance, interview tips and access to job search tools such as computers, copiers and fax machines.
- Labour Market Programs, including skills development and post secondary support for tuition, books and income support.
- Métis Apprenticeship Program, providing support in a registered trade, for one to four years.
- Disability Services assist Métis with disabilities to achieve greater independence and to participate in the workplace.
- Métis Targeted Wage Subsidy Program.
- Métis Employment Supports Program, helping with required work equipment, attire and safety certifications.

SAIT Polytechnic

403-284-7248

sait.ca

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Chinook Lodge Aboriginal Resource Centre **403-210-4028**
N108, 1301 – 16th Ave. N.W. (Senator Burns Building)

- Academic counselling.
- Student events.
- Access to computers, tutors, Elders and learning strategists.
- Leadership, mentor, social and networking opportunities.
- One-on-one cultural and spiritual advising.
- Student advising on applications, housing and financial resources, including bursaries, scholarships and awards.

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SCyber E-learning Community

sccyber.net

Calgary Campus

200, 6011 – 1A St. S.W.

403-253-5311**ext 226 or 233**

- Interactive, online, Alberta Learning-accredited school.
- All classes are live, with fully accredited staff teaching classes in real time over the Internet during scheduled class time.
- Full range of Alberta Education junior and senior high courses.
- Adult and youth ESL, literacy and numeracy courses.
- Post secondary diplomas and industrial training courses, including Oil and Gas Production Operator, WHIMIS, H25 Awareness, and many others.
- On-site computer lab for student use.
- Mentors to help with course materials.
- Students may apply for part-time funding (tuition and books) or full-time (includes a living allowance funding).

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Siksika Nation

siksikanation.com

1-403-734-5100**1-800-551-5724****Siksika Family Services****On-reserve at Siksika Nation****Siksika, AB****403-264-8573****(Calgary direct line)****1-888-734-5140****Off-reserve in Calgary****132 – 16th Ave. N.E.****403-272-6004**

- Family enhancement, child protection and foster care services to Siksika members.
- Supports for independence.
- Career and employment programs.

Old Sun Community College **1-403-734-3862**
 oldsuncollege.net **1-888-734-3862**

- Courses, programs and services tailored to meet the needs of the Siksika Nation and individuals while preserving the Siksika Way of Life.

Siksika Health Services **1-403 734-5686**
 Siksika, AB
 siksikahealth.com

- Full range of health services and programs for Siksika members.

Siksika Medicine Lodge **1-403-734-3444**
Residential Treatment Youth Centre
 Siksika, AB
 siksikamedicinelodge.com

- Culture-based addictions treatment services for First Nations and Inuit youth and their families.

Blackfoot Crossing Historical Park **1-403-734-5171**
 Siksika, AB **1-888-654-6274**
 blackfootcrossing.ca

SORCe **403-428-3300**

316 Seventh Ave. S.E.
 (westbound City Hall LRT station)
 score.ca

- Drop-in information and referrals to addictions/mental health, employment/training and housing supports.
- Intake and assessments for specified homeless housing programs.

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Spinal Cord Injury Alberta

(formerly Canadian Paraplegic Association)

403-228-3001**(Aboriginal Services)****5211 Fourth St. N.E.****1-888-654-5444****cpa-ab.org**

- Assistance to Aboriginal people both on and off reserve to achieve independence, self-reliance and full community participation.
- Rehabilitation counselling.
- Community advocacy to identify, reduce and eliminate barriers.
- Peer support.
- Assistance with funding applications and appeals.

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Stardale Women's Group**403-243-6615****2600, 144 Fourth Ave. S.W.****stardale.org**

- Community-based after school outreach program for girls 10 to 17.
- Mentorship and support.
- Educational and recreational activities both in and out of school.
- Cultural arts elements integrated into regular programming.
- Prevention and intervention strategies relating to self-esteem, anger management, boundaries and other issues affecting young Aboriginal women.

Stoney Nakoda First Nation 1-403-881-3770
(Bears paw, Chiniki, Wesley, Eden Valley)

Morley, AB

stoneynation.com

Stoney Nakoda Child and Family Services 1-403-881-3900
1-888-881-3900

- Family enhancement, child protection and foster care services to Stoney Nakoda members.

Stoney Health Services 1-403-881-3920
stonehealth.com

- Full range of health services and programs for Stoney Nakoda members.

Eden Valley Wellness Centre 1-403-558-3656
Eden Valley, AB

- Full range of health services and programs for Stoney Nakoda members.

Bears paw First Nation 1-403-881-2660
• First Nation services.

Chiniki First Nation 1-403-881-2665
• First Nation services.

Wesley First Nation 1-403-881-2613
• First Nation services.

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Sunrise Native Addictions Services**403-261-7921****1231 – 34th Ave. N.E.****nass.ca**

- Counselling for alcohol and/or drug abuse.
- Gambling education and referrals.
- Gender specific sharing circles.
- Co-ed residential day treatment program.
- Three-month long-term residential treatment program with nine-month outpatient follow up.
- Living Through Recovery Treatment Program.
- Barrier-free family counselling to support addictions free life.
- CROW, a spousal abuse program for men of all cultural backgrounds.
- EAGLE Circle for Women, a program for women of all cultural backgrounds dealing with their own aggressive behaviour.

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The Alex**thealex.ca****Community Health Centre****403-266-2622****101, 1318 Centre St. N.E.**

Monday to Friday 9 a.m. – 4 p.m.

- Aboriginal and non-aboriginal families and individuals.
- Centering Pregnancy®.
- Wellness Program.
- Referrals.
- Family doctor.
- Community resource specialists.

Seniors Health Centre**403-920-0011****630 Ninth Ave. S.E.**

Monday to Friday 8:30 a.m. – 4 p.m.

- Aboriginal and non-Aboriginal seniors.
- Referrals.
- Family doctor.
- Community resource specialists.

Youth Health Centre**403-520-6270****1116 Centre St. N.E.**

Monday to Friday 12 – 6 p.m.

- Serves at-risk homeless and street connected Aboriginal and non-Aboriginal youth 12 to 24.
- Aboriginal youth outreach specialist.

Community Health Bus**403-266-2622****Various locations in Calgary**

Monday to Friday

- Aboriginal and non-Aboriginal individuals.
- Check-ups.
- Assessments.
- Testing (STIs, diabetes, cholesterol, etc.).
- Referrals.
- Non-judgmental support.

Youth Health Bus**403-520-6270****Various schools in Calgary****or 403-689-9196**

Monday to Thursday

- Aboriginal and non-Aboriginal youth.
- Check-ups.
- Assessments.
- Testing (STIs, diabetes, cholesterol, etc.).
- Referrals.
- Non-judgmental support.

Dental Health Bus**403-615-9052****Various locations in Calgary**

- Oral health screening.
- Fluoride varnish treatment.
- Sealant treatment.
- Oral health education and promotion.
- Referral for restorative treatment.

SMILES Dental Clinics**403-615-9052**

- Children/youth referred from the school services program for restorative treatment, are eligible to attend a SMILES dental clinic.
- Treatment is provided at a participating dental clinic and/or on the Dental Health Bus.

SCCOT Program**403-999-9362**

- For residents of East Village in Calgary, including seniors, those impacted by the 2013 flood, facing challenges coping with physical, mental health or addictions issues, or do not have a regular family doctor.
- Helps access basic needs and other supports.

Pathways To Housing **403-266-888**
 7245 – 12 St. S.E.

- For those 18 years or older, have a diagnosed significant mental illness, and have been homeless for at least six months.

HomeBase (Housing) **403-277-9865**
 124, 6170 – 12th St. S.E.

- For those 18 years or older, homeless for six months or longer, and living with vulnerabilities in physical health, mental health or addictions.

The City of Calgary

Calgary Aboriginal Urban Affairs Committee (CAUAC) **311**
 calgary.ca

- Chief David Crowchild Award and the Aboriginal Youth Achievement Award.
- Support to City Council on Aboriginal issues, assisted by community board volunteers and Community & Neighbourhood Services staff.

Family and Community Support Services (FCSS) **311**
 calgary.ca/fcss

- Funds preventive social services that support and enhance the lives of Calgarians, including the Aboriginal community.

InformCalgary **403-268-4667**
 informcalgary.ca **311 (to order publications)**

- Hard-copy publications that help Calgarians find services, including the Aboriginal Services Guide, Street Survival Guide, Youth Services Guide and Frequently Requested Telephone Numbers brochure.
- Updates Calgary community, health, social and government service information on **informalberta.ca** used by the public, **211** and **Health Link**.

Youth Employment Centre**403-268-2490****Second Floor, 315 – 10th Ave. S.E. (Alberta Trade Centre)****nextsteps.org**

- Comprehensive, free employment and career counselling services to all youth 15 to 24, including access to a fax machine, photo copier, job board, Internet, computers, employment counsellors, hiring fairs and a resource area.

Aboriginal Youth Outreach**403-268-5463**

- Assistance to Aboriginal youth with one-on-one career planning, résumé writing, job search techniques, interview skills, educational and funding options.
- Develops community partnerships, plans events for Aboriginal youth and co-ordinates programs that target Aboriginal youth in employment and training.
- Weekly Aboriginal Youth Connections group offering cultural, employment and community connections.

63**Trade Winds to Success****403-205-3500****Training Society****1070, 2600 Portland St. S.E.****tradewindstosuccess.ca**

- Aboriginal pre-apprenticeship training program.
- Preparation for entering the boiler maker, carpentry, iron worker, plumber, steam/pipe fitter and welder trades.
- Training and living allowances.
- Housing for those attending day program.
- Safety equipment and work clothing.

Treaty 7 Management Corporation**403-539-0350****64**

101, 12111 – 40th St. S.E.

treaty7.org

- Applications for off-reserve housing.
- Core activities in health, education, housing, economic development and I.T.

Treaty 7 Urban Indian Housing Authority**403-327-1995****65**

234 – 12C St. North, Lethbridge, AB

1-800-567-4256

t7housing.com

- Adequate, affordable rental accommodations for low-to-moderate income Native families and individuals, in Calgary, Lethbridge and Cardston.
- Tenant relation officers on staff.

Tsuu T'ina Nation

tsuutina.ca

66**Administration Office****403-281-4455**

9911 Chiila Blvd. S.W., Tsuu T'ina Nation, AB

Bullhead Adult Education Centre**403-238-5484****Health and Wellness Centre****403-251-7575**

9911 Chiila Blvd., Tsuu T'ina Nation, AB

- Community health services, including dentist, immunization, pharmacist, physician and pre- and post-natal care.
- Out-patient addiction counselling and prevention/support services.
- FASD counselling and mentoring.
- Home care program, including personal and nursing care and home support.
- Individual, couple, family and group counselling.

Museum 403-238-2677

Seven Chiefs Arena (call for directions)

Tsuu T'ina Nation, AB

Office of the Peacemaker 403-238-3500

35 Many Horses Rd., Tsuu T'ina Nation, AB

peacemaker@tsuutina.com

- Healing and restoration through mediation, family conferencing and sentencing circles.

Tsuu T'ina Nation/Stoney Corrections Society 403-238-5649

595 Six Mile Coulee Road, Tsuu T'ina Nation, AB

tscs@tsuutina.com

- Assistance and support to Aboriginal victims of crime.

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United Way 403-231-6265

calgaryunitedway.org

- Investments in specified social programs and initiatives to create a social safety net that works to achieve lasting change.

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University of Calgary 403-220-5110

ucalgary.ca

The Native Centre 403-220-6034

390Z MacEwan Student Centre

2500 University Dr. N.W.

ucalgary.ca/nativecentre

- Pre-admissions advising.
- Ongoing academic advising.
- Academic outreach programming.
- Financial advising and advocacy.
- Tutorial and remedial services.
- Cultural ceremonies and related activities.

- Monthly social gatherings.
- Student orientation programs.
- Computer lab, study room, administration offices, two boardrooms, Red Lodge Student Lounge.
- ASAP: Aboriginal Student Access Program.
- NAPI: Native Ambassador Post-Secondary Initiative/Youth Leadership Training Program.
- LYNX: Aboriginal Student Career and Employment Program.
- ASSERT: Aboriginal Student Success Empowerment and Re-engagement Training Program
- Bear Tracks online quarterly newsletter.

Urban Society for Aboriginal Youth (USAY) 403-233-8225

211, 811 Manning Road N.E.

usay.ca

- Programs with a focus on healing practices, legacy education and intergenerational trauma.
- Aboriginal youth programs focusing on school success and high school completion.
- Advocacy around the issues of concern to Aboriginal youth.
- Online learning for employment purposes and Blackfoot language learning.
- Aboriginal Anti-Racism Movement (AARM), a weekly action through the arts program.
- Collaborations, partnerships and community events to promote Aboriginal youth issues.

Wood's Homes**403-270-4102**

woodshomes.ca

Community Resource Team (24 hour)**403-299-9699****1-800-563-6106**

- 24/7 crisis counselling for individuals and families.
- Mobile response within home, school and community settings.

Eagle Moon Aboriginal Services

- Cultural supports to clients of Wood's Homes.

Exit Community Outreach**403-262-9953****117 Seventh Ave. S.W.**

Monday, Friday, Saturday 9 a.m. – 5 p.m.

Tuesday and Wednesday 11 a.m. – 7 p.m.

Thursday 9 a.m – 7 p.m.

- Downtown storefront, outreach and mobile van service for homeless or at-risk youth 12 to 24.
- Food, clothing, washing and laundry facilities.
- Onsite counselling and medical services.
- Referrals to educational, employment, housing, and legal resources.
- CATS walk-in medical services 403-237-5492
Monday, Tuesday, Thursday 9:30 a.m. – 4 p.m.

Exit Youth Shelter**403-509-2323****112 – 16th Ave. N.E.**

Seven days a week, 4 p.m. – 9:30 a.m.

- Short-term safe shelter (up to 15 days) for youth 12 to 18.
- Food, clothing, washing and laundry facilities.
- Crisis counselling and family conflict resolution.
- Referrals to educational, employment, housing, and legal resources.

**YMCA Calgary –
Aboriginal Programs and Services****403-269-6701****71**

101 Third St. S.W.
ymcacalgary.org

Aboriginal Community Outreach Programs 403-537-1720

- Opportunities for Aboriginal youth to participate in activities that positively promote Aboriginal culture, heritage and traditions.
- Activities, workshops and programs vary in location, times and age groups.
- Offered on a registered and drop-in basis.

Aboriginal Active Life 403-537-1723

- Recreational activities for Aboriginal children, youth or families that promote a healthy, active lifestyle while maintaining a firm sense of Aboriginal identity and awareness.
- Weekly activities at various YMCA facilities throughout the city.
- Drum and dance program.
- Weekly programs offered on a drop-in basis.

YMCA Aboriginal Buddies 403-537-1724

- Aboriginal students meet twice a week to learn about Aboriginal culture and traditions, experience support and friendship and get help with school work.
- A registered program for Aboriginal children attending specific elementary schools in Calgary.

YMCA Vision Seekers 403-537-1724

- Aboriginal students learn leadership and mentorship skills, receive educational support, learn traditional teachings and meet professionals from the Aboriginal community.
- Weekly group program and one-on-one mentorship opportunities.
- A registered program for Aboriginal youth attending specific junior high schools in Calgary.

YMCA 7th Generation (Y7G)**403-537-1719**

- Empowers Aboriginal youth to achieve personal, academic, social, employment and career goals.
- Weekly group workshops and one-on-one mentorship meetings to equip program participants with the support and guidance needed to realize their leadership potential.
- A registered program for Aboriginal youth attending high school.

Spring and Summer Day Camps**403-537-1720**

- Spring camps run for one week during the school spring break at a local YMCA branch.
- Summer camps run for two weeks and are held at YMCA Camp Riveredge.
- Opportunities for Aboriginal youth to explore their Aboriginal cultural identity.
- Day camp activities like archery, outdoor aquatics, challenge course and arts and crafts.
- A registered program for children and youth 7 to 13.

Youville Recovery Residence for Women**403-984-2707****3210 – 29th St. S.W.****youville.net**

- Services for women who have addictions, experiences of abuse and mental health distress.
- A two-phase treatment program with safe, caring, home-like facilities.
- New Beginnings group residential program.
- New Directions shared accommodation.
- Family Enhancement 4-Plex for women and children.
- Outreach services, individual counselling and group counselling sessions are the core aspects of the programs.

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Disclaimer

The service information listed in the Calgary Aboriginal Services Guide was provided by the agencies themselves. The accuracy of the information presented rests with them. The City of Calgary assumes no responsibility to any person or persons regarding the accuracy of the information contained in this publication or the quality of the services offered, nor shall it be held liable for any damage caused to any person, whether negligently or otherwise.

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Calgary and Area



THE CITY OF
CALGARY
COMMUNITY &
NEIGHBOURHOOD SERVICES



family & community
support services



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Onward/ By 2020, all public institutions and systems will create and implement an urban Aboriginal policy.